

Frequently Asked Questions

Who is this track designed for?

Anyone interested in gaining a leadership experience based in the philosophy of Outward Bound will benefit from this experience. This track is also part of our requirements to help with Camp Owls each August (our freshmen adventure program to prepare them for college). Moving forward, we will also recruit future trip leaders from participants in this program.

Why Wilderness?

The demands of leadership within a wilderness experience are unique. Not only are you responsible for creating an emotionally and physically safe environment, you are charged with pushing them outside their comfort zone. Necessary skills include group management, activity specific knowledge, teaching, problem solving in an ever changing environment, and first-aid. Dealing with participants for multiple days requires flexibility in leadership styles, the ability to empower others, and self-care.

How do I sign-up for the workshops?

You may sign-up for the workshops by stopping by the Membership office at the Recreation and Fitness Center.

What are the dates of the workshops?

Each workshop is 3 hours in length. Workshops will begin after the 6-week enrollment window is complete (Sept.18).

Dates are TBA

What should I expect from the Expedition Training?

This expedition is your chance to put all the things you learned in the workshop trainings into practice. You will get a chance to co-lead at least one day on the trail for your crew. Expect to hike between 4-8 miles per day. Each evening we will end the day by offering time of reflection on your day.

What are the costs involved?

The workshops are offered at no cost, but you must attend all of them to be eligible for the certificate, be a Camp Owls staff member, and possibly be asked to stay on as a paid trip leader.

The Wilderness and Remote First-Aid (WFA) course is \$75. This covers the cost of the required books, certificate, and snacks/lunch during the training. This course is 16 hours in length and will occur over a weekend.

The expedition in the Spring will occur in North Georgia and the cost is \$100 for the 7-day expedition. This helps offset the cost of the trip.