

Owls Care Health Promotion
“Sexual Health Peer Education”
HSC 4133; Section ; CRN
Department of Exercise Science & Health Promotion
3 Credits

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Required Texts: None, but periodically the facilitator may give students articles to read in order to discuss them during class meetings.

Meeting Time: Tuesdays, 4 p.m. to 6:50 p.m.

Meeting Place: Owls Care Health Promotion Classroom, Bldg. 8, SS-222 (above Breezeway food court)

Office Hours: Fridays, 8 am to 10 am; or by appointment

Class Description

The purpose of this course is for students to gain knowledge and professional presentation skills related to sexual health. Students will learn the information contained in a 70 to 90 minute sexual health presentation, and demonstrate understanding of concepts by presenting it in front of various academic audiences. Class work will include small group work, group discussions, planning sessions and games, with some lecture by the facilitator. Much of the work done by students in this course will occur outside of the classroom.

Class Goals

- *Goal:* To enhance students' knowledge regarding a number of sexual health concerns, including sexually transmitted infections (STIs), methods of birth control, and preventative care.
- *Goal:* For students to gain a more holistic sexuality worldview.
- *Goal:* For students to show an increased comfort level when discussing sensitive issues.
- *Goal:* For students to develop professional presentation skills.
- *Goal:* For students to develop sensitivity regarding diversity, including, but not limited to, sexual orientation, gender identity, sexual activity, etc.
- *Goal:* For students to familiarize themselves with the services and resources Owls Care Health Promotion provides for the University.

Class Objectives

SWBAT (Students will be able to)...

- Correctly identify and explain the most common sexually transmitted infections and their symptoms.
- Correctly describe and demonstrate how barrier methods of birth control work.
- Correctly identify methods of hormonal birth control.
- Demonstrate effective communication skills when speaking about sexual health topics.
- Practice professional etiquette and appropriate language use when presenting on sexual health topics.
- Demonstrate an expanded knowledge base of general sexual health concerns through class discussions and small group work, in addition to being able to employ that knowledge base in their presentations.
- Identify and describe the services and resources Owls Care Health Promotion provides.

Class Meetings

- Tuesdays (4 to 6:50 pm) in SS-8 Rm. 222
- Attendance is **REQUIRED**, with few exceptions (i.e. illness with doctor's note, death in the family, etc.). You will sign in every class period. Every unexcused absence will result in points being deducted from your grade.
 - If you plan on being absent please **EMAIL** the instructor **BEFORE** the class period.
- Tardiness is not tolerated, and will result in points being deducted from your attendance grade. The later you are, the more points will be deducted from your attendance and participation grade.

- Schedule:

Meeting Date	What's Due:
Week 1	Nothing – it's your first day of class!
Week 2	Journal #1; pre-test day
Week 3	Journal #2; STI presentations
Week 4	Journal #3; Birth control presentations
Week 5	Journal #4; Condom presentations/demos; Fluid Exchange Activity
Week 6	Journal #5; OCL presentation; Start studying those slide notes, folks! Bring a flash drive to class!
Week 7	Journal #6; Round Robin – Day 1
Week 8	Journal #7; Round Robin – Day 2
Week 9	Journal #8; Round Robin – Day 3
Week 10	Journal #9; Round Robin – Day 4; posttest day
Week 11	NO CLASS! IT'S LAB WEEK!
Week 12	Journal #10 (reflection of lab week)
Week 13	Journal #11
Week 14	Journal #12; Final Projects DUE

- Final Exam is scheduled for ____ from 10:30 am to 1:00 pm. (But there is actually NO FINAL.)

Class Requirements

- Complete pre- and post-test questionnaires
 - A post-test score of 85% is needed in order to participate in Lab Week presentations.
- Complete training through weekly class meetings
 - This can include watching a staff member present the sexual health program, studying the training notes, taking and passing a quiz covering the information provided during the presentation training and presenting the program to staff members and other peer educators.
- Complete weekly journal assignments to be turned in **each class period** (with some exceptions).
 - These are to be at least one page, TYPED, and double-spaced. No handwritten journals will be accepted.
 - You can submit them via email OR hard copy during class.
- Complete multimedia project. These projects will be on the sexual health topic of the student's choice, approved by the instructor. Examples of projects include filming PSAs, interactive PowerPoint presentations, and innovative games. These will be presented on the last class meeting (Week 14).
- Actively participate in all classroom activities, including but not limited to: group discussions, small group work, games, and activities led by peers and by the facilitator.
- **Read and respond to e-mails** from instructor in a timely fashion.
- *The instructor reserves the right to add or subtract from this syllabus at any time.*

Out of Class Participation

- Participate in a MINIMUM of 5 sexual health presentations with a co-presenter during Lab Week (below).
- Lab Week (week of ____) schedule: Keep your schedules as open as possible during these class times, because there will be two of you in every one of these labs. A sign-up sheet will be created in order to determine who is presenting in which lab.
 - 1 Life Science Lab M 9-10:50 146
 - 2 Life Science Lab M 11-12:50 146
 - 3 Life Science Lab M 1-2:50 146
 - 4 Life Science Lab M 3-4:50 146
 - 5 Life Science Lab M 5-6:50 146
 - 6 Life Science Lab T 8-9:50 146
 - 7 Life Science Lab T 10-11:50 146
 - 8 Life Science Lab T 12-1:50 146
 - 9 Life Science Lab T 2-3:50 146
 - 10 Life Science Lab T 4-5:50 146
 - 11 Life Science Lab T 6-7:50 146

- 12 Life Science Lab W 8-9:50 146
- 13 Life Science Lab W 10-11:50 146
- 14 Life Science Lab W 12-1:50 146
- 15 Life Science Lab W 2-3:50 146
- 16 Life Science Lab W 4-5:50 146
- 17 Life Science Lab W 6-7:50 146
- 18 Life Science Lab R 8-9:50 146, 145
- 19 Life Science Lab R 10-11:50 146, 145
- 20 Life Science Lab R 12-1:50 146, 145
- 21 Life Science Lab R 2-3:50 146, 145
- 22 Life Science Lab R 4-5:50 146, 145
- 23 Life Science Lab R 6-7:50 146, 145
- 24 Life Science Lab F 8-9:50 146
- 25 Life Science Lab F 10-11:50 146
- 26 Life Science Lab F 12-1:50 146
- 27 Life Science Lab F 2-3:50 145
- If the opportunity arises, class members have the option to shadow one of our Sexual Health Presentations, in order to get a better understanding of how a program might run.

Cell Phone Policy

Cell phones will be OFF or put on Vibrate during class. They must be kept in your bag AT ALL TIMES. If you are caught texting, the facilitator will confiscate your phone until the end of the class period. Extenuating circumstances may present themselves, so please notify the facilitator if such conditions exist before the start of class time.

Grading

Grading for this course is based on a point system. There are a total of 600 points. The breakdown is as follows:

- 250 points Presentations
- 100 points In Class Participation
- 75 points Multimedia PSA Project
- 50 points Attendance
- 75 points Journals
- 50 points Quizzes

Your grade for the course is determined by number of points accumulated. The following is the grading scale:

A	558 – 600 points	C	438 – 461 points
A-	540 – 557 points	C-	420 – 437 points
B+	522 – 539 points	D+	402 – 419 points
B	498 – 521 points	D	378 – 401 points
B-	480 – 497 points	D-	360 – 377 points
C+	462 – 479 points	F	359 or less points

Please Note:

- Lab presentations are NOT during regular class hours.
- Additional duties and responsibilities may be requested during the semester based on events and needs.
- The professor reserves the right to add new assignments or requirements at her discretion. These additional assignments will count towards your “In Class Participation” grade.
 - Students are also encouraged to create class activities or suggest articles to be read for class meetings.

Required Attire:

During your lab presentations, you will be required to dress in business casual attire so as to maintain a professional appearance. Appropriate clothing includes khakis or dress pants, blouses, button down shirts, and polo shirts. Shoes should be clean and unmarked.

Disability Policy:

In compliance with the Americans with Disabilities Act (ADA), students who require reasonable accommodations due to a disability to properly execute coursework must register with Student Accessibility Services (SAS) – in Boca Raton, SU 133 (561-297-3880); in Davie, LA 131 (954-236-1222); in Jupiter, SR 110 (561-799-8585) – and follow all SAS

procedures. If you have a disability already registered with SAS, please notify the instructor by the end of the first week of the semester.

Academic Integrity

Students at Florida Atlantic University are expected to maintain the highest ethical standards. Academic dishonesty is considered a serious breach of these ethical standards, because it interferes with the university mission to provide a high quality education in which no student enjoys an unfair advantage over any other. Academic dishonesty is also destructive of the university community, which is grounded in a system of mutual trust and places high value on personal integrity and individual responsibility. Harsh penalties are associated with academic dishonesty. For more information, see the Code of Academic Integrity in the University Regulations at http://fau.edu/regulations/chapter4/4.001_Code_of_Academic_Integrity.pdf.

Submitting any assignment for this course that has previously been completed for another course is also considered academic dishonesty and will result in a zero for that assignment.

VERY IMPORTANT

Every time you go out as a peer educator, please keep in mind that you are representing not only Florida Atlantic University, but also Owls Care Health Promotion. Suitable attire (polo shirt, khaki pants, etc.) must be worn AT ALL TIMES. A professional and polite demeanor is also expected.

Bibliography:

Bloom, B., Englehart, M., Furst, E., Hill, W., & Krathwohl, O. (1956). *Taxonomy of educational objectives: The classification of educational goals: Handbook 1. The cognitive domain*. White Plains, NY: Longman.

Bruess, C., & Greenberg, J. (2014). *Sexuality education: Theory and practice* (6th Ed.). Boston, MA: Jones and Bartlett Publishers.

Eggen, P., & Kauchak, D. (2012). *Strategies and models for teachers* (6th Ed.). Boston, MA: Pearson.

Hedgepeth, E., & Helmich, J. (2000). *Teaching about sexuality and HIV: Principles and methods for effective education*. New York & London: New York University Press.

Rogers, C. (1969). *Freedom to learn: A view of what education might become*. Columbus, OH: Charles E. Merrill.

Sears, J.T. (Ed.). (1992). *Sexuality and the curriculum: The politics and practices of sexuality education*. New York & London: Teachers College Press.

Additional Resources:

Centers for Disease Control and Prevention http://www.cdc.gov	Florida Department of Health www.doh.state.fl.us
Planned Parenthood www.plannedparenthood.org	Sex, Etc. www.sexetc.org
National Institute for Health www.nih.gov	Scarleteen – Sex Education for the Real World www.scarleteen.com
Advocates for Youth www.advocatesforyouth.org	Go Ask Alice! – Columbia University goaskalice.columbia.edu/
HIV/AIDS Information from the Federal Government www.aids.gov	Sexuality Information and Education Council of the United States www.siecus.org