**EXERCISE SCIENCE and HEALTH PROMOTION MAJOR (2022-2023)**

**FOUNDATIONS OF WRITTEN COMMUNICATION**  
(6 credit hours required – Writing Across the Curriculum - WAC)  
Grade of "C" or higher is required in each course

- ENC 1101 ...... College Writing I *(REQUIRED)*
- ENC 1102 ...... College Writing II *

**THE FOLLOWING COURSES BELOW MAY BE SUBSTITUTED FOR ENC 1102:**
- ENC 1939 + .... Special Topic: College Writing
- HIS 2050 + .... Writing History

*Note:* Students must take four Writing-Across-the-Curriculum (WAC) courses, two of which must be taken from Foundations of Written Communication.

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**FOUNDATIONS OF SCIENCE & THE NATURAL WORLD**  
(6 credit hours required - One of the courses must have a lab)  
Student must take 2 of the following courses; 1 must be from group A. The second course may be from group A or group B.

**Group A**
- BSC 2085 & L *(REQUIRED)*  
Anatomy & Physiology 1  
(4 cr. incl. Lab)
- CHM 2045 & L *(REQUIRED)*  
General Chemistry 1  
(4 cr. incl. Lab) *
- PHY 2048 & L  
General Physics 1  
(5 credits incl. Lab) *
- PHY 2053  
College Physics 1 (4 cr.) **

**Group B**
- BSC 1011 & L & D  
Biodiversity (4 cr. incl Lab & Dis)
- CHM 2032 & L  
Chem. for Health Sciences  
(4 credits including Lab)

**Additional science courses are required. Consult with your academic advisor.**

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**FOUNDATIONS OF MATHMATICS & QUANTITATIVE REASONING**  
(6 credit hours required – Grade of "C" or higher is required)  
Student must take 2 of the following courses, 1 must be from group A. The second course may be from group A or group B.

**Group A**
- MGF 1106 ..... Math for Liberal Arts 1
- MGF 1107 ..... Math for Liberal Arts 2
- MAC 1105 ..... College Algebra *(REQUIRED)*
- STA 2023 ...... Introductory Statistics *(REQUIRED)*
- MAC 2311 ..... Calculus with Analytic Geometry 1 (4 credits)  
or any mathematics course for which one of the above courses is the direct prerequisite

**Group B**
- COP 1034C ... Computer Programming & Data Literacy for Everyone  
(For Non-College Engineering & Computer Science majors)
- MAC 1147 ..... Precalculus Algebra & Trigonometry (4 credits)
- MAC 2210 ..... Intro Calculus w/Applications (4 credits) *(Permit Only)*
- Mac 2233 ..... Methods of Calculus
- MAC 2241 ..... Life Science Calculus 1 (4 credits)
- MAC 2312 ..... Calculus with Analytic Geometry 2 (4 credits)
- PHI 2102 ...... Logic

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**FOUNDATIONS OF SOCIETY & HUMAN BEHAVIOR**  
(6 credit hours required)  
Student must take 2 of the following courses, 1 must be from group A. The second course may be from group A or group B.

**Group A**
- AMH 2020 & D ...... United States History Since 1877 ⊗  
*Recommended*
- ANT 2000 & D ...... Introduction to Anthropology *(WAC)*
- ECO 2013 .............. Macroeconomic Principles §
- POS 2041 ............... Government of the United States ⊗  
*Recommended*
- PSY 1012 ............... Introduction to Psychology *(REQUIRED)*
- SYG 1000 ............... Sociological Perspectives

**Group B**
- AMH 2010 & D ...... United States History to 1877
- CCJ 2002 ................ Law, Crime & the Criminal Justice System ±
- DIG 2202 ................ Digital Culture
- ECO 2023 .............. Microeconomic Principles §
- ECP 2002 ............... Contemporary Economic Issues
- EEX 2091 ............... Disability and Society
- EVR 1110 ............... Climate Change: The Human Dimensions
- EVR 2017 ............... Environment and Society
- LIN 2001 ............... Introduction to Language *(online course)*
- PAD 2013 ............... Risk Resilience and Rising Seas ±
- PAD 2258 ............... Changing Environment of Soc., Bus., & Gov’t
- SYG 2010 ............... Social Problems
- URP 2051 ............... Designing the City

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*(D) = Discussion, (L) = Lab  
Courses indicating a (D) or (L) are linked with a lecture, a lab, and/or a discussion. If you select one of these courses, you must register for the lecture, lab, and/or discussion. You **must** attend the lecture, lab, and/or discussion.*
FOUNDATIONS IN GLOBAL CITIZENSHIP
(6 credit hours required)
Student must choose two (2) courses from among the following:

- ANT 2410 ..............Culture and Society
- EDF 2854 ...............Educated Citizen in Global Context
- GEA 2000 ..............World Geography
- INR 2002................Introduction to World Politics
- LAS 2000 ..............Intro to Caribbean & Latin American Studies
- LIN 2607 ..............Global Perspectives on Language
- POT 2000 ..............Global Political Theory ±
- SYP 2450 ..............Global Society
- SOW 1005 ..............Global Perspectives of Social Services
- WOH 2012 & D ......History of Civilization 1 (WAC) ++
- WOH 2012 & D ......History of Civilization 2
- WST 2351 ..............Gender and Climate Change

STUDENTS ASSUME RESPONSIBILITY FOR MEETING ALL GRADUATION REQUIREMENTS

Course selections should be made in consultation with an academic advisor.

Legend

+  - ENC 1101 is a prerequisite.
++ - Two Foundations of Written Communications classes are required before taking this course.
§  - Sophomore standing (30 credits earned) is a requirement to take this course.
*  - MAC 2311 is a prerequisite for this course. If a lab is needed, then take General Physics 1 Lab (PHY 2048 Lab).
** - MAC 2233 is a prerequisite for this course. If a lab is needed, then take General Physics 1 Lab (PHY 2048 Lab).
‡  - Co-requisite of College Algebra (MAC 1105) or a prerequisite of Introductory Chemistry (CHM 1025).
±  - Starting Spring 2022 and afterwards.
◊  - See information box below regarding Civic Literacy Requirement

WAC - (WAC) Writing across the curriculum course.

§ Writing Across the Curriculum (WAC)/Gordon Rule
Students must attain grades of “C” or higher. 12 credits of writing (WAC) and 6 credits of mathematics are required.

Please note:
Students must take four (4) WAC courses. Two (2) courses are to be taken from Foundations of Written Communication. We strongly recommend the two additional WAC courses come from these courses: PHI 2010, WOH 2012, LIT 2010, LIT 2030, LIT 2040 and LIT 2070. See advisor for additional details.

(D) = Discussion, (L) = Lab
Courses indicating a (D) or (L) are linked with a lecture, a lab, and/or a discussion. If you select one of these courses, you must register for the lecture, lab, and/or discussion. You must attend the lecture, lab, and/or discussion.

Elective Credits
The number of elective credits allowed varies by major. Please consult with an academic advisor to determine the number of elective credits required for your major. Certain majors do not allow any electives.

https://myfau.fau.edu

Go to MyFAU to:
Check e-mail
See FAU Announcements
FAU Self-Service:
Course schedules
Registration (drop/add classes) and withdrawals
Student records and financial aid
Tuition payments
The University Course Catalog

Civic Literacy Requirement
https://www.fau.edu/ugstudies/civic-literacy-requirement/

Beginning in Fall 2018, students entering a Florida public institution as a degree-seeking student for the first time needs to demonstrate civic literacy through either taking a certain course (AMH 2020 or POS 2041) or passing an assessment exam. Beginning in Summer 2021, Florida Legislature amended the statute and now requires students to complete both a civic literacy course (AMH 2020 or POS 2041) and an assessment exam.
FOREIGN LANGUAGE (4 - 8 credits, 1 or more courses in the same language) - REQUIRED FOR MAJOR
Students with more than one year of a foreign language in high school should enroll in the second half of the beginners’ foreign language class (ARA/CHI/FRE/GER/HBR/ITA/JPN/LAT/SPN 1121) or a higher-level course. Proficiency for a first-level course can be earned by successfully completing a second-level course. For questions related to this requirement, consult an academic advisor. CLEP exam credits meet this requirement: see the catalog.

NOTE: Native Speakers of a foreign language must consult the Languages, Linguistics, and Comparative Literature Department regarding this requirement.

NOTE: Honors Seminars SHALL BE ACCEPTED AS MEETING THE GORDON RULE WRITING REQUIREMENT.
See the University Advising Services Office for details.

| 38 credits | Intellectual Foundations Program |
| 7 – 9 credits | Free Electives (Foreign Language taken for BS count as electives) |
| 13 – 15 credits | Lower-Division College Requirements |
| 60 credits | Upper-Division Requirements |
| **120 CREDITS** | **TOTAL** |

Exercise Science/Health Promotion Major

NOTE: To be admitted to the Exercise Science/Health Promotion program, students must do the following:
1. Meet the General Admission Requirements.
2. Earn a minimum GPA of 2.0 or higher and complete 60 credit hours.
3. Complete FAU’s Intellectual Foundations Program or an AA Degree from a Florida State University or College.
4. Complete required ESHP prerequisites
5. Be programmed by an assigned advisor from the ESHP program.

CONSULT THE DEPARTMENT FOR OTHER REQUIREMENTS, particularly regarding graduate school preparation

NOTE: See catalog for specific requirements, course descriptions, and additional information. The requirements for some core curriculum and other courses may be satisfied by passing the appropriate AP or CLEP exam. Check with your advisor or college

Exercise Science/Health Promotion majors are required to have a C or better in all ESHP and all required prerequisite courses.

MAJOR COURSES, COLLEGE REQUIREMENTS and ELECTIVES

LOWER DIVISION PRE-PROFESSIONAL COLLEGE REQUIREMENTS (13 – 15 credits)
- BSC 2086 & L Anatomy & Physiology II and Lab (4 credits)
- ISM 2000 & L Information Systems Fundamentals and Lab (3 credits)
- HSC 2100 Health & Fitness for Life (2 credits)
- HSC 2400 First Aid & CPR (2 credits)
- PEM/PEN Activity class with a PEM or PEN prefix (1 – 2 credits)
- PEM/PEN Activity class with a PEM or PEN prefix (1 – 2 credits)

FREE ELECTIVES (7 – 9 credits)
Courses in any college, any department, including Education, needed to meet the 120 credits required for graduation.

Upper-division, 4000-level, Exercise Science & Health Promotion course may not be taken until the student has earned 60 credit-hours, a minimum GPA of 2.0. Additionally, students are recommended to postpone 3000 level Upper Division requirements until they have earned 60 credit-hours. ESHP classes need to be taken in sequence.
## UPPER DIVISION- REQUIREMENTS (60 credits)

<table>
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<tr>
<th>Term</th>
<th>Course Name</th>
<th>Course Prefix &amp; Number</th>
<th>Credits</th>
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<td>Third Year Fall Semester (16 credits)</td>
<td>Introduction to ESHP</td>
<td>PET 3102</td>
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<td>Exercise Physiology 1</td>
<td>APK4110</td>
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<td>Exercise Physiology Lab</td>
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<td>Perspectives in Health and Wellness</td>
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<td>Nutrition in Health and Exercise</td>
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<td>Elective (see below)**</td>
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<td>Spring Semester (16 credits)</td>
<td>Applications of Training Physiology 1</td>
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<td>Health Promotion</td>
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<td>Exercise Physiology 2</td>
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<td>Exercise Testing &amp; Prescription</td>
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<td>Elective (see below)**</td>
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<td>Fourth Year Fall Semester (16 credits)</td>
<td>Neurophysiology of Human Movement</td>
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<td>Applications of Training Physiology 2</td>
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<td>Biomechanics</td>
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<td>*Practicum Prerequisites</td>
<td>Internship in ESHP (permission required and all required courses must be completed)</td>
<td>PET 4946</td>
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<td>Elective (see below)**</td>
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** ESHP Electives: Choose 5 courses: minimum 15 credits

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<th>Credits</th>
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<th>Credits</th>
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<td>Biological Principles</td>
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<td>General Chemistry 2</td>
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<td>Tactical Strength and Conditioning (TSAC)</td>
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<td>Organic Chemistry 1</td>
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<td>Obesity</td>
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<td>Psych of Human Dev</td>
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<td>Medical Terminology</td>
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<td>Stress Management</td>
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<td>Substance Abuse</td>
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<td>Methods of Calculus</td>
<td>MAC 2233</td>
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<td>Sociology Perspective</td>
<td>SYG 1000</td>
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</table>

60 Credit Hours

1. All coursework, including pre-professional requirements, must be completed with a “C” or higher.
2. Internship is taken the student’s last semester. Students may take one course along with internship. All other coursework must be completed prior to internship.
3. Student must complete 120 hours prior to graduation. Submit graduation application on time. Must have 2.0 GPA overall to graduation.
4. Meet with assigned ESHP advisor before registering for any classes each semester.
5. College of Education requirements, pre-professional requirements, and practicum prerequisites must be completed prior to practicum.
6. Student must submit an application for Practicum and Internship before the semester prior to that course(s). Check department for deadlines.
7. Student must have current professional liability insurance during internship. See internship coordinator for specific information.