OCTOBER EVENTS

EDUCATE TOMORROW

WELLNESS AND SUCCESS

UNDERSTANDING TEST ANXIETY
How does this affect you?

MANAGING ANXIETY & STRESS
What does this look like and what can you do about it?

WRITING CENTER
Learn about the UCEW and tips to enhance your writing!

YOGA WITH LINNSEY
Come join us for relaxation of the body and mind!
Bring a yoga mat or towel, and water

Zoom Information
Meeting ID: 839 5450 4558
Passcode: dDv7bd