



CAPS Mental Health Initiatives 2024

CAPS Expansion and Renovation	Focus on Staff Hiring and Retention	Enhance Student Success Initiatives within Military and Veterans and First Generation Students	Increase Utilization of Group Programming at CAPS	Update and Educate University on Students in Distress Protocol
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Clinical Services

Fall 2022

Fall 2023

Total Unique Students served by Clinical Services	1,163	1,296
Initial/First Appointments (Individual)	915	898
Individual Ongoing Counseling (IOC)	3,245	3,053
Couples/Family Sessions	34	20
Consultations (Students /Others)	209	273
Emergency/Crisis	150	203
Group Sessions	87	185
Athletics Appointments	N/A	259
Average Wait Time (days): non-crisis from inquiry to intake	3 days	1 day
Telehealth Appointments (Audio/Video)	3,064	2,558
In-person Appointments (IOC/Groups)	1,668	2,181
Average number of groups per week	15	7
Total number of individual appointments	4,611	4,427
Total number of students attending group sessions	83	105
Total Number of Appointments	4,732	4,891

Client Satisfaction Survey Fall 2023

88 Students Responded

94.04%

were somewhat or very satisfied with services they received
84.52% were very satisfied

90.36%

agreed that CAPS reduced their overall distress

92.85%

agreed that CAPS has positively impacted their academic experience

81.25%

of students who used telehealth services were satisfied

22.22%

would prefer to continue CAP services via teleheath due to convenience, comfort, and time

29.63%

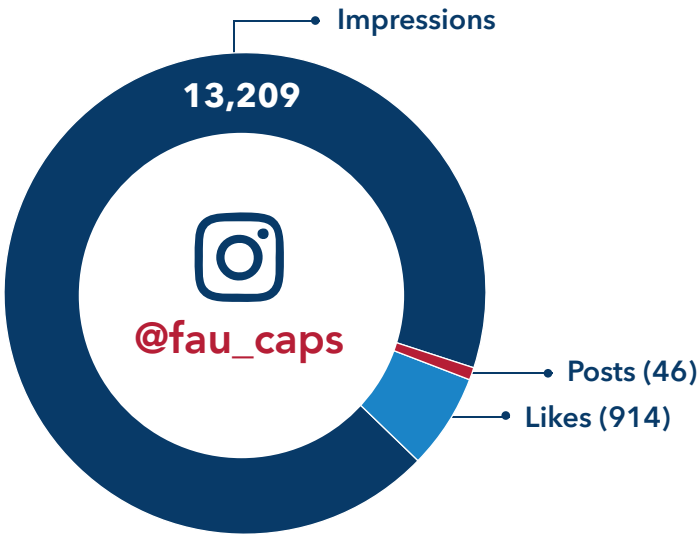
would prefer a combination of in-person and virtual services in the future



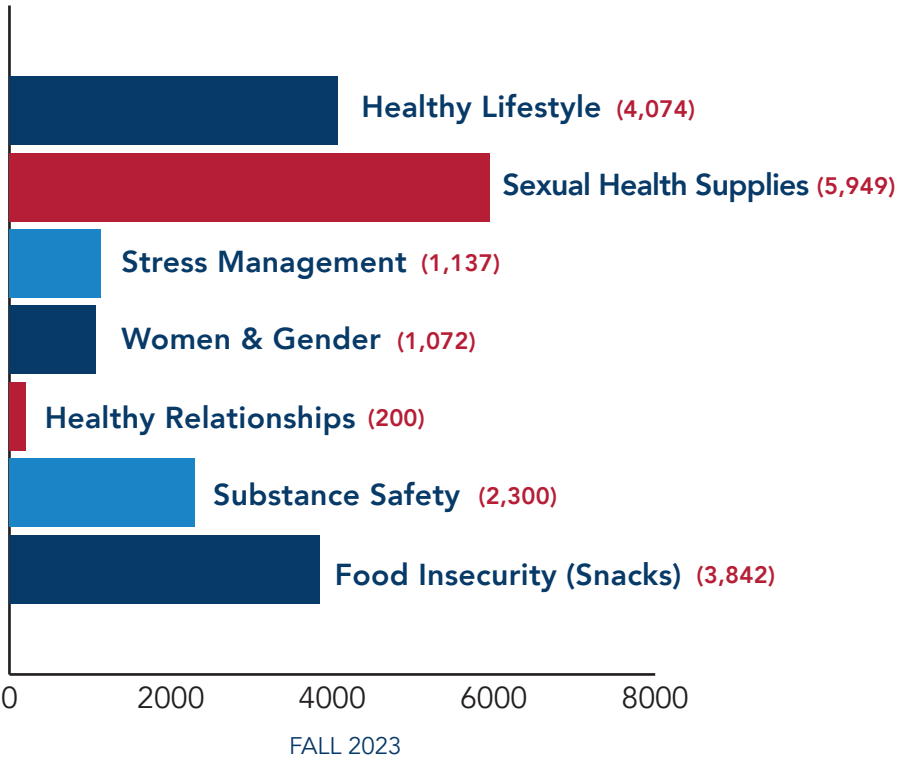
Social Media Fall 2023 (CAPS Instagram)

Outreach (hours; participation)

Fall 2023	Hours Attendees
Appearance at Division-wide events	20.5 453
CAPS Signature Events	11 93
Collaboration w/ Other Departments' Events	65.3 3221
Consultation w/ Staff	3.3 7
Educational Presentation/Workshop	35.3 913
External Training	1 1
Faculty/Staff Meeting Representation	0 0
Focus Groups	0 0
Liaison Contact	1 2
Orientation for Parents	2 250
Orientation for Students	10.9 364
Other Outreach	39.6 631
Outreach Supervision	0 0
Passive Outreach w/ Audience	2.5 34
Screenings	0 0
Student Club/Org Participation	1 75
Suicide Prevention (not lifesaver trainings)	3 62
Tabling	48.3 868
Verbal Introduction of Services (non-orientation)	4 74
Panel Participation	0 0
Trauma Response	2.5 5
Totals	251.2 7053



Wellness Resources



Outreach Let's Talk

LOCATIONS (COLLEGES, SETTINGS, DEPARTMENTS):

School of Medicine, Residence Halls, First Gen, Military and Veterans Services

LIKELY TO USE CAPS AFTER LET'S TALK

57 said they were more likely to use CAPS after Let's Talk

NUMBER OF RESPONSES

64

FELT SUPPORTED

98.4% said they felt supported

CAPS Clinical Staff

	Fall 2022	Fall 2023
FAU Enrollment	29,637	29,309
Health Fee Funded Full-Time Positions	30	30
CAPS FTE (full & part-time)	25.5	26.9
CAPS Headcount*	35	34
Externs, Interns, Post-doctoral Residents*	10	9
Ratio - clinicians to students	1:1162	1:1089

* includes all clinical staff (externs, interns, residents, clinicians)