

ESHPP Undergraduate Program Sheet (Pre-P.T./O.T. Concentration)

Name: _____ Z#: _____

University Requirements (see COS Advisor)

Gordon Rule:	Yes	No	Language:	Yes	No	DEGREE:
Int. Foundat'n:	Yes	No				

Pre-Professional Requirements

Semester Taken	Course Title	Course #	Credits	Grade	Substitute
	Anatomy & Physiology 1	BSC 2085	3		
	Anatomy & Physiology 1 Lab	BSC 2085L	1		
	Anatomy & Physiology 2	BSC 2086	3		
	Anatomy & Physiology 2 Lab	BSC 2086L	1		
	College Algebra	MAC 1105	3		
	First Aid & CPR	HSC 2400	2		
	General Psychology	PSY 1012	3		
	Activity Class (1) -	PEM/PEN	1 to 2		
	Activity Class (2) -	PEM/PEN	1 to 2		
	General Chemistry	CHM 2045	3		
	General Chemistry Lab	CHM 2045L	1		
	Inform System Fundamentals or Methods of Calculus	ISM 2000 or MAC 2233	3		
	Health & Fitness for Life	HSC 2100	2		
	Statistics	STA 2023	3		

Semester 7

	Introduction to Health and Exercise Science	PET 3102	3		
	Biological Principles	BSC 1010	3		
	Biological Principles Lab	BSC 1010L	1		
	Perspectives in Health & Wellness	HSC 3102	3		
	Nutrition in Health & Exercise	PET 3361	3		
	Elective 1	Varies	3		

Semester 8

	Applications of Training Physiology I	PEP 3192	3		
	General Chemistry II	CHM 2046	3		
	General Chemistry II Lab	CHM 2046L	1		
	Exercise Physiology	APK 4110	3		
	Exercise Lab Techniques	APK 4110L	1		
	Psychopathology	CLP 4144	3		
	Elective 2	Varies	3		

Semester 10

	Biomechanics	PET 4340C	4		
	Neurophysiology Hum Mvmnt	PET 3050	3		
	College Physics 1	PHY 2053	4		
	Elective 3	Varies	3		
	Elective 4	Varies	3		

Semester 11

	Elective 5	Varies	3		
	Internship in ESHPP	PET 4946	3-9		

Approved Elective List (Choose 5 Courses, Minimum of 15 Credit Hours)

Semester	Course Title	Course #	Credits	Grade	Semester	Course Title
	Biodiversity	BSC 1011	3			Genetics
	Biodiversity Lab	BSC 1011L	1			Gen. Microbio
	Health Promotion	HSC 4581	3			Gen. Microbio L
	Organic Chem 1	CHM 2210	3			TSAC
	Organic Chem 2	CHM 2211	3			Obesity
	Exercise Physiology 2	APK 4134	3			Appl Train Phys II
	Psych of Hum Dev	DEP 3053	3			Mgmt. Principles
	Medical Term	HSA 3534	3			DIS
	Stress Mgmt	HSC 4104	3			Special Topics
	Sexual Health	HSC 4133	3			Practicum
	Weight Mgmt	HSC 4139	3			Ex. Testing/Presc.
	Substance Abuse	HSC 4143	3			College Physics 2
	Inter. Comm Skills	SDS 4110	3			Sociolog Persp

You MUST have At least 42 hours between 3000-4000 level to graduate

All coursework, including pre-professional requirements, must be completed with a grade of 'C' or higher

Notes

- 1) Students in this track must take MAC 2233 to satisfy the pre-requisite requirement for college physics.
- 2) Electives must come from the approved list.
- 3) These are the courses that can be taken with internship.

4) Courses permitted to be taken with internship depend on internship credit hours

5) You must see your COS advisor before applying to internship.

6) Please see the ESHP website for the most current information regarding the internship application process and approved sites.

BS

[illegible]

Course #	Credits	Grade
PCB 3063	4	
MCB3020 w/L	3	
3020L	1	
PET 4093	3	
PET 4263	3	
PEP 4138	3	
PET 4404	3	
PET 4905	1 - 3	
PET 4930	3	
PET 4947	3	
PET 4550	4	
PHY 2054	4	
SYG 1000	3	

2/1/2025