

Leslie Cribbs

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Education

Michigan State University, East Lansing, MI

August 2006-August 2010

- Bachelor of Science in Kinesiology: Exercise Science
 - Cardiac Rehabilitation Cognate
- Michigan State University Dean's List

Sp 2009/ Su 2010

Florida Atlantic University, Boca Raton, FL

- Master's in Exercise Science & Health Promotion

August 2010- August 2012

Relevant skills/ coursework

- First Aid Certified
- Adult, Child & Infant CPR/AED Certified
- First Aid Instructor Certified

Work Experience

Florida Atlantic University Instructor

August 2013- Present

- Classes Taught—Exercise Leadership 2 and Stress Management

Florida Atlantic University Visiting Instructor

August 2012- August 2013

- First Aid & CPR instructor
- Classes Taught—Exercise Leadership 2 and Stress Management

Florida Atlantic University Graduate Assistant

May 2011- August 2012

- First Aid and CPR instructor

Exercise Science & Health Promotion Tutor

August 2011- May 2013

Student-Athlete Center for Academic Excellence Boca Raton, FL

- Tutored Florida Atlantic University athletes in all ESHP classes

Health Specialist Student Intern

Hurley Health & Fitness Center Flint, MI

May 2010-August 2010

- Client health & fitness assessment
- Program development and implementation

- Co-instructed children's fitness camps while emphasizing the importance of a healthy lifestyle
- Maintained organization and cleanliness of fitness facility and equipment
- Greeted, interacted with, and answered any questions, comments or concerns members had

Volunteer Work/ Field Experience

Lansing Community College Phase III Cardiac Rehab Program

January 2010-May 2010

- Lead appropriate Warm-Up, Aerobic, Strength Training and Cool-down exercises
- Take pre and post-exercise Blood Pressures
- Interact with patients to become familiar with cardiac problems from their perspective

(S)partners for Heart Health Research Intervention Program

September 2009-May 2010

- Case manager/ mentor for 5th grade students
- Improve student's knowledge and self-efficacy about nutrition, physical activity recommendations and improve cardiovascular disease risk factor status

Activities/ Interests

Passionate equestrian and exercise enthusiast