

**FLORIDA ATLANTIC UNIVERSITY**  
**DEPARTMENT OF EXERCISE SCIENCE & HEALTH PROMOTION**  
**UNDERGRADUATE SEQUENCE OF CLASSES**  
*(italics indicates appropriate sequence)*

Students should have met Gordon Rule, Foreign Language, Intellectual Foundation, other COE requirements, along with ESHP prerequisites. Meet with ESHP advisor when starting ESHP classes.\*

**Full-time (four semesters)**

<b><u>Semester 1</u></b>		<b><u>Semester 2</u></b>		<b><u>Semester 3</u></b>		<b><u>Semester 4</u></b>	
<i>Exercise Physiology</i>	3	<i>Exercise Leadership I</i>	3	<i>Practicum</i>	3	<i>Internship</i>	9
<i>Exercise Physiology Lab</i>	1	<i>Exercise Leadership II</i>	3	Advanced Methods	3	Mgt Principles	<u>3</u>
Introduction to ESHP	3	<i>Kinesiology</i>	4	Electives (2)	6	Total	12
Elective	3	<i>Exercise Testing</i>	3	Health Promotion	<u>3</u>		
Neurophysiology Hu. Move.	3	<i>Exercise Testing Lab</i>	1	Total	15		
Nutrition Health & Exercise	<u>3</u>	<i>Fitness Assmt/Ex Presc.</i>	<u>3</u>				
Total	16	Total	17				

**Five-semester schedule**

<b><u>Semester 1</u></b>		<b><u>Semester 2</u></b>		<b><u>Semester 3</u></b>		<b><u>Semester 4</u></b>		<b><u>Semester 5</u></b>	
Introduction to ESHP	3	<i>Exercise Physiology</i>	3	Health Promotion	3	Elective (1)	3	<i>Internship</i>	<u>9</u>
Elective (1)	3	<i>Exercise Physiology Lab</i>	1	<i>Exercise Testing</i>	3	Adv. Methods	3	Total	9
Neurophysiology Hu. Move.	3	<i>Exercise Leadership I</i>	3	<i>Exercise Testing Lab</i>	1	Mgt.Principles	3		
Nutrition Health & Exercise	<u>3</u>	<i>Exercise Leadership II</i>	3	<i>Fitness Assmt/Ex Presc.</i>	3	<i>Practicum</i>	<u>3</u>		
Total	12	<i>Kinesiology</i>	<u>4</u>	Elective (1)	<u>3</u>	Total	12		
		Total	14	Total	13				

\*Read below.

1. All coursework, including pre-professional requirements, must be completed with a C or higher.
2. All coursework, except for one course, must be completed prior to internship. Internship is taken in student's last semester.
3. Student must complete 120 hours prior to graduation. Submit graduation application on time. Must have 2.0 GPA overall to graduate.
4. Meet with assigned ESHP advisor before registering for any classes each semester.
5. College of Education requirements, pre-professional requirements, and practicum prerequisites must be completed prior to practicum.
6. Student must submit an application for Practicum & Internship before the semester prior to that course(s). Check department for deadlines.
7. Student must have current professional liability insurance during internship. See internship coordinator for specific information.