

Master of Science Program Worksheet

Strength and Conditioning Concentration

Field	Response
Name	
Z number	
Date of birth	
Phone number	
FAU email	
Other email	
Address	

This document is not a substitute for Form 6. Complete this worksheet with an ESHP advisor during the first or second semester of coursework.

Required Courses - 24 hours

Completed	Course title	Course number	Credits	Rotation	Grade	Substitute	Institution	Approval
	Exercise Neuroscience	PET 5077	3	Fall				
	Research & Eval	PET 6505C	3	Fall				
	Skeletal Muscle Physiology	PET 6382	3	Spring				
	Advanced Sports Nutrition	HUN 6247	3	Spring				
	Advanced Exercise Testing and Prescription	PET 5521	3	Summer				
	Strength & Conditioning Program Design	PET 5391	3	Summer				
	Advanced Athletic Conditioning Principles	PET XXXX	3	Varies				
	Practical Applications	PET 5947	3	All				

Required courses from other concentrations may be used as electives. Other electives require approval by the ESHP graduate committee.

Electives - 6 hours

Completed	Course title	Course number	Credits	Rotation	Grade	Substitute	Institution	Approval
	Advanced Exercise Physiology 1	APK 6111	3	Fall				
	Needs Assessment & Program Planning	HSC 6248	3	Fall				
	Drug Abuse behavior	HSC 5156	3	Fall				
	Health Behavior, Hlth Ed & Hlth Promo	HSC 6585	3	Fall				
	Chronic Stress & Population Health	HSC 5177	3	Spring				
	Advanced Concepts in HP	HSC 5587	3	Spring				
	Evaluation of Health Promotion/Ed	HSC 6115	3	Spring				
	Advanced Exercise Physiology 2	APK 6116	3	Spring				
	Human Obesity	HSC 5178	3	Summer				
	Personal & Community Health	HSC 5203	3	Summer				
	Epidemiological Basis of Health	HSC 6505	3	Summer				
	Direct Independent Study	PET 6905	1 to 6	All				
	Special Topics	PET 5930	1 to 4	All				

Thesis Option - 6 hours

Thesis Course

Completed	Course title	Course number	Credits	Rotation	Grade	Substitute	Institution	Approval
	Thesis	PET 6971	1 to 6	All				

Important Program Information

1. MS degree is 30 hours
2. If choosing the thesis option there are 6 thesis hours
3. Up to 6 credits of Directed Independent Study (PET 6905) may be counted toward this degree
4. FAU students who applied through the combined program may carry in 12 graduate credits from UG degree
5. Thesis student must adhere to thesis deadlines. See ESHP graduate program director and thesis chair.
6. All students must turn in graduate application according to FAU calendar.
7. Advanced Ex. Phys courses are not sequential.
8. Students must complete internship (field experience) with two different sports/populations as per CASCE guidelines.

Other Comments

Approvals

Role	Signature	Date
Student		
Advisor		
Department Chair		