

Name_____			Z#_____		Date of Birth _____		
Phone Number_____			FAU Email_____				
			Other Email_____				
Address_____			City_____		State____ Zip code _____		
Note: This document is not a substitute for Form 6, but a worksheet to proceed through the program.							
Student should complete this sheet within the first or second semester of coursework with ESHP advisor.							
<b>Worksheet-FAU ESHP Health Promotion Track:</b>							
Check when completed	Course Title	Course No.	Credits	Grade	Substitute	Institution	Advisor/Grad Coord. Approval
<b>Prerequisites:</b>							
	General Psychology	PSY 1011	3				
	Social Statistics	STA 2022	3				
	Perspectives in Health and Wellness <b>or</b>	HSC 3102	3				
	Health Promotion <b>or above course</b>	HSC 4581	3				
	Exercise Physiology	APK 4110	3				
	Exercise Physiology Lab	APK 4110L	1				
	Fitness Assessment & Exerc. Prescription	PET 4551	3				
	Anat & Phys I & 2 with Labs (optional)		4				
<b>Core Courses (all tracks): 9 hours</b>							
	Research and Evaluation	PET 6505C	3				
	Educational Research	EDF 6481	3				
	Educational Statistics	STA 6113	3				
<b>Required Courses: 12 hours</b>							
	Health Behavior, Health Ed & Hlth Promo	HSC 6585	3				
	Needs Assessment & Program Planning	HSC 6248	3				
	Epidemiological Basis of Health	HSC 6505	3				
	Personal & Community Health	HSC 5203	3				
<b>Electives: 12 hours (non-thesis)</b>							
(required courses for other tracks maybe used for electives or the student may choose from the following.)							
	Exercise Sci. Lab Methods	PET 5521	3				
	Adv. Exercise Physiology	APK 6111	4				
	Adv. Sports Nutrition	HUN 6247	3				
	Human Systems Physiology in ES	PET 6356	3				
	Aging, Decision Making & Mobility	PET 5077	3				
	Strength & Conditioning Program Design	PET 5391	3				
	Functional Biomechanics	PET 6346	3				
	Comprehensive Concepts S&C	PET 5389	3				
	Health Curriculum in Public Schools	HSC 5317	3				
	Teaching Health in the Elementary School	HSC 5315	3				
	Obesity: Bio Psych & Cult Fact	PET 4263	3				
	Stress Management	HSC 4104	3				
	Weight Management	HSC 4139	3				
	Substance Abuse	HSC 4143	3				
	Nutrition in Health and Exercise	PET 3361	3				
	Exerc Test & Prescr for Special Pops	PET 4552	3				
	Special Topics	PET 5930	1 to 4				
	Practical Applications	PET 5947	1 to 3				
	Direct Independent Study	PET 6905	1 to 5				
(Others are approved by ESHP graduate committee)							
<b>Thesis Option: 6 hours</b>		PET 6971	1 to 6				
	<u>Read the following information thoroughly.</u>						
1. Graduate students are required to have a current CPR certification.							
2. All students must complete all required common courses. Students must select one tract and complete all in that track.							
3. Students electing the THESIS OPTION must complete a thesis (6 hours).							
4. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.							
5. Students electing the NON-THESIS OPTION must complete an additional 9 hours of course work.							
6. Non-thesis students must take and pass an exit exam based on core courses in their last semester.							
7. All students must turn in graduate application according to FAU calendar.							
8. Minimum program consists of 33 or 36 credit hours depending on thesis option.							
9. DIS's planned as part of the student's 33-36 credit hour minimum must be approved by the entire ESHP faculty.							
Other comments:							
Student_____				Date_____			
Advisor_____				Date_____			
Dept. Chair_____				Date_____			
							3/17/2014