

Bachelor of Arts Program Sheet

Health Science Major - 2026

Field	Response
Name	
Z number	
Major	Health Science

Please ensure that you select the appropriate sciences for your concentration.

Health Science Core

Completed	Course title	Credits	FAU course	Substitute	Institution
	General Psychology	3	PSY 1012		
	Human Development	3	DEP 3053		
	College Algebra	3	MAC 1105		
	Methods of Calculus OR	3	MAC 2233 or		
	Statistics		STA 2023		
	Health Fitness for Life	2	HSC 2100		
	Microbiology for Health Services & Lab	4	MCB 2004 & L		
	Nutrition in Health and Exercise	3	PET 3361		
	Health Science 1: Foundations of Health and Illness	3	IDS 2122		
	Health Science 2: Evaluating the Evidence	1	IDS 3184		
	Health Science 3: Capstone Project	1	IDS 3893		
	Physical Science OR	3	PSC 2121		
	College Physics 1 &	4	PHY 2054		
	General Physics 1 Lab	1	PHY 2048L		

Students must choose two sets of sequential science courses, totaling 15-16 credits.

Science Core Options

Completed	Course title	Credits	FAU course	Substitute	Institution
	*Biodiversity & Lab &	4	BSC 1011 & L		
	*Biological Principles & Lab	4	BSC 1010 & L		
	*Anatomy & Physiology 1 & Lab &	4	BSC 2085 & L		
	*Anatomy & Physiology 2 & Lab	4	BSC 2086 & L		
	*Contemporary Chemical Issues &	3	CHM 1020C		
	*Chemistry for Health Sciences & Lab	4	CHM 2032 & L		
	*General Chemistry 1 & Lab &	4	CHM 2045 & L		
	*General Chemistry 2 & Lab	4	CHM 2046 & L		

Health Science core and science core: 44-47 required credits.

Complete 21 credits from the concentration lists below; at least 15 credits must be in one concentration area.

Advanced Health Science Concentration

Completed	Course title	Credits	FAU course	Substitute	Institution
	Environment & Disease	3	ANT 4463		
	Psychopathology	3	CLP 4144		
	Clinical Psychology	3	CLP 4343		
	Health Research Methods	3	HSA 4700		
	Health Promotion	3	HSC 4581		
	General Pathophysiology	3	NUR 4125		
	Genetics	4	PCB 3063		
	Neurophysiology of Human Movement	3	PET 3050		
	Biomechanics	4	PET 4340C		
	Biological Bases of Behavior	3	PSB 3002		
	Neuropsychology	3	PSB 4240		

Behavioral and Mental Health Concentration

Completed	Course title	Credits	FAU course	Substitute	Institution
	Psychopathology	3	CLP 4144		
	Clinical Psychology	3	CLP 4343		
	Perspectives in Health & Wellness	3	HSC 3102		
	Stress Management	3	HSC 4104		
	Substance Abuse	3	HSC 4143		
	Health Promotion	3	HSC 4581		
	Neurophysiology of Human Movement	3	PET 3050		
	Obesity: Bio, Psych, Cultural Factors	3	PET 4263		
	Biological Basis of Behavior	3	PSB 3002		
	Neuropsychology	3	PSB 4240		
	Interpersonal Communication Skills	3	SDS 4410		
	Psychology and Law	3	SOP 4751		

Health Management Concentration

Completed	Course title	Credits	FAU course	Substitute	Institution
	Psychology of Motivation	3	EXP 4304		
	Health Delivery Systems	3	HSA 3111		
	Technology in Health Care Organizations	3	HSA 3191		
	Issues & Trends in Health Care	3	HSA 4113		
	Stress Management	3	HSC 4104		
	Substance Abuse	3	HSC 4143		
	Weight Management	3	HSC 4139		
	Biological Basis of Behavior	3	PSB 3002		
	Management in Health & Exercise Science	3	PET 4404		
	Interpersonal Communication Skills	3	SDS 4410		

Public, Global, and Environmental Health Concentration

Completed	Course title	Credits	FAU course	Substitute	Institution
	Environment & Disease	3	ANT 4463		
	Psychopathology	3	CLP 4144		
	Enviro Issues in Atmos & Earth	3	ESC 3704		
	Health Research Methods	3	HSA 4700		
	Perspectives in Health & Wellness	3	HSC 3102		
	Stress Management	3	HSC 4104		
	Weight Management	3	HSC 4139		
	Substance Abuse	3	HSC 4143		
	Health Promotion	3	HSC 4581		
	Obesity: Bio, Psych, Cultural Factors	3	PET 4263		
	Drugs and Society	3	SYP 3550		

Science and Wellness Concentration

Completed	Course title	Credits	FAU course	Substitute	Institution
	Exercise Physiology 1 & Lab	4	APK 4110 / L		
	Exercise Physiology 2	3	APK 4134		
	General Microbiology	3	MCB 3020		
	General Pathophysiology	3	NUR 4125		
	Genetics	4	PCB 3063		
	Applications of Training Physiology 1	3	PEP 3192		
	Applications of Training Physiology 2	3	PEP 4138		
	Neurophysiology Human Mvmt	3	PET 3050		
	Exercise Testing & Prescription	4	PET 4550		
	Stress Management	3	HSC 4104		
	Weight Management	3	HSC 4139		
	Biological Basis of Behavior	3	PSB 3002		
	Psychopharmacology	3	PSB 4444		
	Speech and Hearing Science	3	SPA 4011		
	A&P of the Speech/Hearing Mechanism	3	SPA 4101		

Internship Options

Students may choose one internship course for a maximum of 9 credits.

Approved Internship Courses

Completed	Course title	Credits	FAU course	Substitute	Institution
	**Science Internship	1-3	IDS 3941		
	**Internship in ESHP	3-9	PET 4946		

Limited-Use Courses

Only 2 of the following courses can be used toward any concentration.

Courses Limited to Two

Completed	Course title	Credits	FAU course	Substitute	Institution
	Medical Terminology	3	HSA 3534		
	Issues/Trends in Healthcare	3	HSA 4113		
	Health Law	3	HSA 4423		
	Biomedical Ethics	4	PHI 4633		

Degree Minimums

- 120 total credits.
- 65-68 total credits in the major.
- 42 upper-division credits at the 3000-4000 level.
- 13-16 upper-division general elective credits.
- 75% of upper-division major credits must come from the major department at FAU, including at least 20 upper-division HTSC credits at FAU.
- 30 credits must be completed at FAU.
- Program sheet dated August 2026.

Additional Notes