Alcohol Overdose

Check
If something looks/feels out of place, it probably is

Call
When a person is exhibiting signs of alcohol overdose, always call for help

Care
The recovery position
1. Raise the arm that is closest to you above their heads. Prepare to roll them towards you
2. Gently roll them towards you, guarding their head from hitting the floor. The head should rest in front of the arm, not on it
3. Tilt the head up to maintain the airway. Tuck their nearest hand under the cheek to help maintain head tilt and raise face off the floor
4. Check on them often

Alcohol Medical Amnesty Policy
If you or a friend are in need of medical attention as a result of alcohol consumption, you may not be sanctioned for calling for help

Signs
- Unconscious
- Cold and clammy skin
- Slow or irregular breathing
- Hypothermia
- Pale, blue nail beds
The recovery position

Alcohol Medical Amnesty Policy
Alcohol

Overdose
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Unconscious
Cold and clammy skin
Slow or irregular breathing
Hypothermia
Pale, blue nail beds
IF YOU OR A FRIEND ARE IN NEED OF MEDICAL ATTENTION AS A RESULT OF ALCOHOL CONSUMPTION, YOU MAY NOT BE SANCTIONED FOR CALLING FOR HELP.
1. Raise the arm that is closest to you above their heads. Prepare to roll them towards you.

4. Check on them often.
2. GENTLY ROLL THEM TOWARD YOU, GUARDING THEIR HEAD FROM HITTING THE FLOOR. THE HEAD SHOULD REST IN FRONT OF THE ARM, NOT ON IT.
3. TILT THE HEAD UP TO MAINTAIN THE AIRWAY. TUCK THEIR NEAREST HAND UNDER THE CHEEK TO HELP MAINTAIN HEAD TILT AND RAISE FACE OFF THE FLOOR.