



# Owls Care Health Promotion INTERNSHIP PROGRAM

## ION Undergraduate Internship Program Overview:

- **Number of openings-** 1 undergraduate student intern/semester
- **Hours per week-** 20 hours/week
- **Start Date/End Date-** According to academic calendar (Fall and Spring opportunities are available)
- **Pay-** \$10/hr
- **Minimum GPA Requirement-** 2.7 FAU cumulative GPA
- **Supervisor-** Melissa Kondor, Assistant Director of Health Promotion

## About Owls Care Health Promotion:

- The mission of Owls Care Health Promotion is to empower students to be healthy, responsible and successful.
- We support the mission of Florida Atlantic University by recognizing that healthy individuals and caring communities are essential to quality research, scholarship, creative activity, teaching, and active engagement.
- We recognize the interdependent nature of health and systems and, therefore, apply a socio-ecological approach to our practice. We enable students to reach their full potential by helping them care for themselves, each other, and their university community. Our efforts foster an inclusive environment that is welcoming, safe, and accessible to all students.
- Our mission is accomplished through the delivery of programs and services that are theory-based, evidence-informed, innovative, and student-centered.

## Job Description:

- The Owls Care Internship Program is specifically designed for undergraduate students who are interested in pursuing a career in the Health Promotion field. The program gives participants direct experience in a higher education setting, and prepares them for future employment.
- Interns participate in a set curriculum, which offers an opportunity to get hands on experience in program planning, implementation and evaluation. A broad range of college health topics are covered, including: *Sexual Health and Wellbeing; Healthy Lifestyle; Emotional and Mental Wellness; Healthy Relationships; and Alcohol, Tobacco, and Other Drugs.*

- The curriculum also supports the professional development of participants through career readiness activities, such as informational interviews, resume building, clarification of a professional philosophy, and leadership opportunities.
- All internship participants are expected to complete a special project during their internship semester. This project is typically based on the participants' interests and research background, and will support the educational goals and mission of the department.
- Additionally, internship participants provide essential administrative and programing support throughout the department in a variety of ways depending on the time of the year.

### **Owls Care Internship Program Requirements:**

All program applicants must:

- Be currently enrolled as an *undergraduate* student at Florida Atlantic University.
- Display an interest in a career related to health, health promotion and education, or public health. Strong preference is given to students from the Department of Exercise Science and Health Promotion.
- Possess strong verbal, written, communication and analytical skills.

### **Academic Credit:**

- Academic credit for this program is at the discretion of your college, or academic department.
- Please make all arrangements for earning credit before you begin the Program.

### **The Application Process:**

- Please complete the internship application and return it, along with a copy of your resume, to the internship coordinator, Melissa Kondor: [mkondor@fau.edu](mailto:mkondor@fau.edu).
- Applications are reviewed on a rolling basis, and qualified applicants will be contacted for an interview.

### **For Additional Information:**

*Contact:*

Owls Care Health Promotion  
[www.fau.edu/owlsicare](http://www.fau.edu/owlsicare)  
(561)297-1048

*Visit our office!*

We are located on the second floor of the breezeway above the food court, room SS-222.

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## APPLICATION

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Z-number: \_\_\_\_\_

College/ Major: \_\_\_\_\_

Expected date of graduation: \_\_\_\_\_ Semester of internship: Fall / Spring

Are you currently an undergraduate student at FAU? Yes / No

Are you planning to receive academic credit for this internship? Yes / No

Do you have a social security #? Yes / No

If selected, are you willing to consent to a university background check? Yes / No

**On a separate paper, please answer the following questions thoughtfully and completely.**

1. Why are you interested in doing an internship at Owls Care Health Promotion?
2. How would you describe the field of Health Promotion?
3. Describe the personal strengths and talents you possess that would enhance the Owls Care Health Promotion programs/events.
4. Where do you see yourself professionally in the next 3-5 years?

**Please list 2 references who are familiar with your work whom we may contact.**

\*At least one must be a previous or current professor/instructor (no family members).

1. Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

2. Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Relationship to you: \_\_\_\_\_

**\*\*Please return this application, along with a copy of your resume, to the internship coordinator, Melissa Kondor: [mkondor@fau.edu](mailto:mkondor@fau.edu).**