



# **FIRST-YEAR** SOAR

STUDENT ORIENTATION, ACADEMICS AND RESOURCES

**FLORIDA ATLANTIC UNIVERSITY**

# Center for Learning And Student Success (CLASS) Objectives

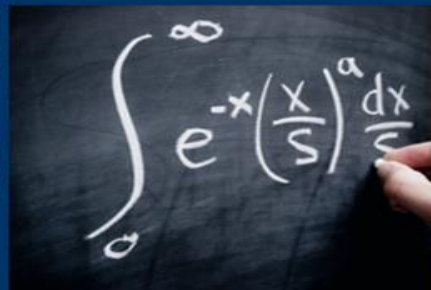
- Intellectual Foundation Courses (IFP)
- High School vs. College
- Skills for College Success
- Faculty Interaction Skills
- Campus Resources
- Center for Teaching & Learning (CTL) Information



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# INTELLECTUAL FOUNDATIONS PROGRAM



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## HIGH SCHOOL

- Your time is structured by your family, teachers & others.
- You are in class 30 hours per week.
- Your family & teachers will remind you of your responsibilities & help you manage them.

## COLLEGE

- You manage your own time.
- You are in class 12-16 hours a week. That is 135 fewer hours in class!
- You must balance your own responsibilities and set your own priorities.



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	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29
GMT-04							
8am		Wake Up!, 8am	Wake Up!, 8am	Wake Up!, 8am	Wake Up!, 8am	Wake Up!, 8am	
9am	Wake Up!, 9am	Study 9 – 10am	Study 9 – 10am	Study 9 – 11am	Study 9 – 10am	Study 9 – 10am	Wake Up!, 9am
10am	Get Breakfast, 9:30am	OURI Meeting 10 – 11am	Gym 10 – 11:30am		Gym 10 – 11:30am		Get Breakfast, 9:30am
11am		ENC 1101 11am – 12pm		ENC 1101 11am – 12pm		ENC 1101 11am – 12pm	
12pm	Study 12 – 2pm	MAC 1105 12 – 1pm	Lunch, 12pm	Study 12 – 1pm	Lunch, 12pm	MAC 1105 12 – 1pm	Student Organization Meeting 12 – 2pm
1pm		AMH 2010 1 – 2pm	BSC 1010 12:30 – 2pm	AMH 2010 1 – 2pm	BSC 1010 12:30 – 2pm	AMH 2010 1 – 2pm	
2pm	Lunch 2 – 3pm	Lunch, 2pm	SYG 1000 2 – 3:30pm	Lunch, 2pm	SYG 1000 2 – 3:30pm	Lunch, 2pm	Lunch 2 – 3pm
3pm	Facetime Mom & Dad, 3pm	Study 3 – 5pm		BSC 1010 3 – 4pm		Study 3 – 7pm	Beach 3 – 6pm
4pm	Study 4 – 7pm		MAC 1105 4 – 6pm	Study 4 – 5pm	MAC 1105 4 – 6pm		
5pm							
6pm		ARH 2000 5:30 – 7pm	Study 6 – 7pm	ARH 2000 5:30 – 7pm	Study 6 – 7pm		
7pm	Dinner 7 – 8pm	Dinner 7 – 8pm	Dinner 7 – 8pm	Dinner 7 – 8pm	Dinner 7 – 8pm	Dinner 7 – 8pm	Dinner 7 – 8pm
8pm	Study 8 – 10pm	Study 8 – 10pm	Study 8 – 10pm	Study 8 – 10pm	Study 8 – 10pm	Movie w/ Friends 8 – 11pm	Party Time 8pm – 12am
9pm							
10pm	Netflix 10 – 11pm	Netflix 10 – 11pm	Netflix 10 – 11pm	Netflix 10 – 11pm	Netflix 10 – 11pm		
11pm							



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# Skills for College Success



Engage in your classes



Time management



Sharpen your study skills



Practice self-care



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# Interacting with Faculty: Top 5 Tips

1.Go to class prepared

1.Read your syllabus

1.Use office hours

1.Ask for help before you need it

1.Be honest with your professor & to yourself



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# Campus Resources

Office	Location	Phone Number	Email/ Website
University Advising Services	SU 80 Room 201	561-297-3064	<a href="mailto:advisingservices@fau.edu">advisingservices@fau.edu</a>
Student Accessibility Services	SU 80 Room 133	561-297-3880	<a href="https://www.fau.edu/sas/about/contact_us.php">https://www.fau.edu/sas/about/contact_us.php</a>
Career Center	SU 80 Room 220	561-297-3533	<a href="mailto:career@fau.edu">career@fau.edu</a>
OIT Help Desk	CM 138	561-297-3999	<a href="http://helpdesk.fau.edu">http://helpdesk.fau.edu</a>
Student Health Services	SS-8W Room 240	561-297-3512	<a href="https://www.fau.edu/shs/about/contact_us.php">https://www.fau.edu/shs/about/contact_us.php</a>
Counseling and Psychological Services (CAPS)	SSB 8 Room 229	561-297-3540	<a href="https://www.fau.edu/counseling">https://www.fau.edu/counseling</a>



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# Let's Recap

- **Feel** and build **curiosity** about your classes. **Make connections** to what you already know, what interests you, and who you want to become.
- **Embrace an active role** - learn **with** your faculty and peers.
- **Explore the differences between high school and college.** College is real life – develop the **habits of the mind** that will help you succeed now and in your future.



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*Come visit us!*

*General Classroom South (GS) Building, 2<sup>nd</sup> floor*

- *Academic Success Initiatives*
- *Center for Learning And Student Success*
  - *eSuccess*
  - *Science Learning Center (located in the Schmidt Family Complex)*
  - *Supplemental Instruction*
  - *Tutoring*
- *Math Learning Center*
- *Open Study and UHP Study Space*
- *The Speaking Center*
- *Undergraduate Research and Inquiry*
- *University Center for Excellence in Writing*



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