

Welcome



FIRST-YEAR SOAR STUDENT ORIENTATION, ACADEMICS AND RESOURCES (SOAR) **FIRST-YEAR MENTORING**

FLORIDA ATLANTIC UNIVERSITY

Why are we here today?

We are excited to introduce you to **First-Year Mentoring** and how to connect you to a **social and/or academic mentor** in your first-semester at FAU!



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What does Mentorship mean to you?

Define mentoring

or

Share a name of a mentor/mentee in
your life



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The Importance of Mentoring

- Build On Campus Connections
- It's about what you know AND who you know
- Gain practical advice, encouragement and support
- Increase your social and academic confidence
- Develop your communication, study and personal skills
- Develop strategies for dealing with both personal and academic issues



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Defining Mentorship



(Nora and Crisp, 2007)

A trusting and vulnerable relationship between a more experienced individual and a first-semester student seeking advice and guidance in transitioning successfully to university life.



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How are we matched?

- Students will be matched by Campus
- Students will be matched preferring:
 - Race/Ethnicity
 - Gender Identity
 - College Major
 - Military Veteran
 - First-Generation
 - No Preference

Unique elements: (1) One-on-one format, (2) preferred matching, (3) semester connection



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How do we connect?

- ❑ **Apply** to become a mentee
- ❑ **Match** will begin Week two of fall 2021
- ❑ **Connect** with your Mentor in late August and meet throughout fall semester
 - ❑ Event 1: Late August
 - ❑ Event 2: Mid October
 - ❑ Event 3: Late November



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What is the role of a Mentor?

A mentor is a person with more experience or knowledge in a specific area, who agrees to mentor another person and guide them in becoming successful.



First-Year Connections Mentors include:
*Undergraduate Students, Graduate Students,
Faculty, Staff, and University Leaders*



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What is the role of a Mentee?

A mentee is a person whose role is to learn from the expertise and experiences of another person, willing to offer knowledge, guidance, and support.

First-Year Connections Mentees include: *First-Year Students and Transfer Students in your first semester at FAU*



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What will Mentees learn?

- Recognize normalized feelings of fear of the unknown, excitement and anxiety in exploration
- Solve specific problems and challenges
- Practice an expanded understanding of the university
- Express increased commitment and connection to the FAU community; and
- Explore mentoring opportunities that expand beyond the life of the program



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What's Next?

Apply today!

Questions?

Email us at mentoring@fau.edu
Allison Rodgers Zapata
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call 561.297.2733

Follow us on Instagram: [@faumentoring](https://www.instagram.com/faumentoring)



**First-Year Connections
Mentee Application
(FAU email required) --->**



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Your Involvement Breakout Session is complete!

Students

Parliament Group Meeting #5

Ready, Set, Resources!

Families

Family Wrap-Up

Ready, Set, Resources!



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