

Welcome



FIRST-YEAR SOAR STUDENT ORIENTATION, ACADEMICS AND RESOURCES (SOAR) FIRST-YEAR MENTORING

FLORIDA ATLANTIC UNIVERSITY

Why are we here today?

We are excited to introduce you to First-Year Mentoring and how to connect you to a social and/or academic mentor in your first-semester at FAU!









What does Mentorship mean to you?

Define mentoring

or

Share a name of a mentor/mentee in your life



The Importance of Mentoring

- ➤ Build On Campus Connections
- ➤It's about what you know AND who you know
- ➤ Gain practical advice, encouragement and support
- ➤ Increase your social and academic confidence
- ➤ Develop your communication, study and personal skills
- ➤ Develop strategies for dealing with both personal and academic issues







Defining Mentorship

Psychological or emotional support

Goal setting or career planning support

Academic or discipline-based knowledge

Academic or professional culture behavioral role model

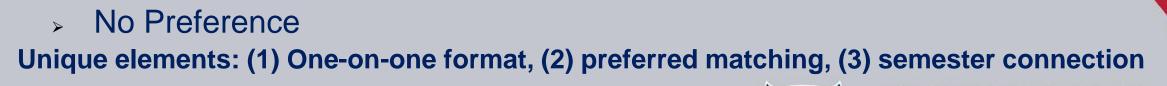
A trusting and vulnerable relationship between a more experienced individual and a first-semester student seeking advice and guidance in transitioning successfully to university life.

(Nora and Crisp, 2007)



How are we matched?

- Students will be matched by Campus
- Students will be matched preferring:
 - Race/Ethnicity
 - Gender Identity
 - College Major
 - Military Veteran
 - First-Generation





How do we connect?

- Apply to become a mentee
- Match will begin Week two of fall 2021
- Connect with your Mentor in late August and meet throughout fall semester
 - Event 1: Late August
 - Event 2: Mid October
 - Event 3: Late November



What is the role of a Mentor?

A mentor is a person with more experience or knowledge in a specific area, who agrees to mentor another person and guide them in becoming successful.



First-Year Connections Mentors include: Undergraduate Students, Graduate Students, Faculty, Staff, and University Leaders



What is the role of a Mentee?

A mentee is a person whose role is to learn from the expertise and experiences of another person, willing to offer knowledge, guidance, and support.

First-Year Connections Mentees include: First-Year Students and Transfer Students in your first semester at FAU





What will Mentees learn?

- Recognize normalized feelings of fear of the unknown, excitement and anxiety in exploration
- Solve specific problems and challenges
- Practice an expanded understanding of the university
- Express increased commitment and connection to the FAU community; and
- Explore mentoring opportunities that expand beyond the life of the program





What's Next?

Apply today!

Questions? Email us at mentoring@fau.edu Allison Rodgers Zapata RodgersA@fau.edu

call 561.297.2733

Follow us on Instagram: @faumentoring

Get ATOR



First-Year Connections
Mentee Application
(FAU email required) --->





Your Involvement Breakout Session is complete!

Students

Families

Parliament Group Meeting #5 Family Wrap-Up

Ready, Set, Resources!

Ready, Set, Resources!

