FAU
LOUIS AND ANNE GREEN MEMORY AND WELLNESS CENTER
Christine E. Lynn College of Nursing
Florida Atlantic University

Guest Speaker

Susan Miller

Author- My Life Rearranged: Musings of an Alzheimer's Caregiver

Susan Miller was a wife, mother, and corporate trainer, and contemplating the joys of retirement down the road, when her life was totally rearranged with her husband's diagnosis of early onset Alzheimer's. After the shock wore off, Susan had to adjust and quickly adapt to her new role as caregiver – one that would expand with the disease and various family members. During her caregiving time, she describes herself as a hands-on caregiver, a sometimes-frazzled maniac, and, then, ultimately a competent person who learned to navigate the healthcare system and the role of caregiving.

She shares with her readers and those attending her speaking engagements, how she picked up the pieces and began her new life. She covers the issues of love, loss, responsibility, duty, self-preservation, what it likes to struggle with a disease that strikes terror in people's hearts, how to lessen isolation and loneliness, and how to find tomorrow.

Not only did Susan care for her husband, but during that time, she was a long-distance caregiver to her parents and her mother-in-law. After being widowed for a few years, she met a lovely widower and enjoyed time with him, until she ultimately recognized signs of dementia in him.

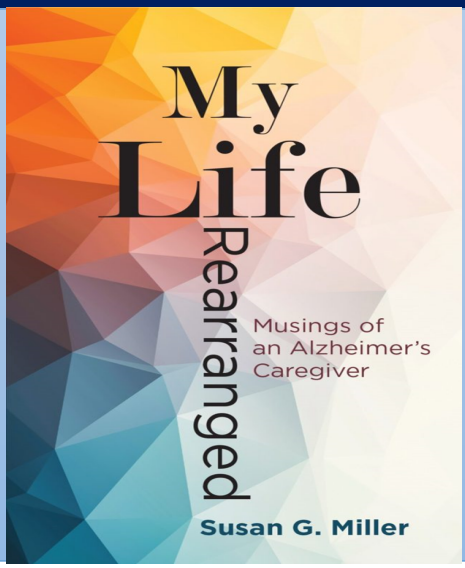
Susan began as a teacher, but after obtaining her Master's Degree at age 42, she transferred to Corporate America and the healthcare field as a trainer and counselor. She has two grown children and three grandchildren. She resides is San Diego and spends the days happily walking her dog on the beach.

Susan's story will tug at your heart, touch your soul, inspire you, and help you believe in yourself. And you may even see yourself in her story.

Tuesday, February 12, 2019 at 1:30 PM

Location: The Louis and Anne Green Memory and Wellness Center
777 Glades Road, Bldg. AZ-79
Boca Raton, FL 33431
Cost $25.00

Proceeds from this event will help support the Brain Bowl 2019



The Brain Bowl raises awareness and funds for 4 different non-profit organizations that focus on Alzheimer's disease and related dementias and Parkinson's disease: Alzheimer's Association, Alzheimer's Community Care, FAU Louis and Anne Green Memory and Wellness Center, and South Palm Beach County Chapter of Parkinson's Foundation. Together, we can truly make a difference for many in our community. Please go to https://www.brainbowlevents.com/ to learn more.

Contact Us

Call Kiren at (561) 297-4015

http://www.fau.edu/memorywellnesscenter