

Frequently Asked Questions

Who is this track designed for?

Anyone interested in gaining a leadership experience based in the philosophy of Outward Bound will benefit from this experience. This track is also part of our requirements to help with Camp Owls each August (our freshmen adventure program to prepare them for college). Moving forward, we will also recruit future trip leaders from participants in this program.

Why Wilderness?

The demands of leadership within a wilderness experience are unique. Not only are you responsible for creating an emotionally and physically safe environment, you are charged with pushing them outside their comfort zone. Necessary skills include group management, activity specific knowledge, teaching, problem solving in an ever changing environment, and first-aid. Dealing with participants for multiple days requires flexibility in leadership styles, the ability to empower others, and self-care.

How do I sign-up for the workshops?

You may sign-up for the workshops by stopping by the Membership office at the Recreation and Fitness Center.

What are the dates of the workshops?

Each workshop is 3 hours in length. Workshops will begin after the 6-week enrollment window is complete (Feb. 20, 2015).

Feb. 25; Mar. 11, 18, 25; Apr. 1, 8, 15.

What should I expect from the May Expedition Training?

This expedition is your chance to put all the things you learned in the workshop trainings into practice. You will get a chance to co-lead at least one day on the trail for your crew. Expect to hike between 4-8 miles per day. Each evening we will end the day by offering time of reflection on your day.

What are the costs involved?

The workshops are offered at no cost, but you must attend all of them to be eligible for the certificate, be a Camp Owls staff member, and possibly be asked to stay on as a paid trip leader.

The Wilderness and Remote First-Aid (WFA) course is \$75. This covers the cost of the required books, certificate, and snacks/lunch during the training. This course is 16 hours in length and will occur over a weekend.

The expedition in May will occur in North Georgia and the cost is \$100 for the 7-day expedition. This helps offset the cost of the trip.

Please note if you end up volunteering as staff for Camp Owls, the cost of the WFA and Expedition Training will be refunded.

How long does it take to finish the program?

This will vary greatly depending on the student. Highly ambitious participants may finish the program in a semester. The program is designed for students to actively participate to complete the program. Students must complete the program requirements in one academic year and enroll during the open period (first six weeks of every semester). If a student does not complete the program, LEAD will discuss possible next steps.

How do students enroll in this program?

Students can enroll by filling out an enrollment application that can be found on OwlCentral at <https://fau.collegiatelink.net/form/start/24225>

How do I find a mentor?

LEAD has a database of local individuals looking to work with you representing various field, careers and specialties so reach out to leadership@fau.edu!

Do students need to sign up for the workshops they wish to attend?

Depending on what workshops you may be interested in attending, students may be required to register for workshops they wish to attend due to high demand. Check with LEAD for more information on a particular workshop or program that may be of interest to you.

Why should an employer or graduate school value the Leadership Certification?

Most employers and graduate schools seek individuals who have proven to be leaders, have demonstrated their leadership abilities, and have been actively involved on their campus and in their local community. Students who complete the Certified Student Leader program have participated in a well-rounded leadership and service program.

How do I get certified?

Certification is achieved by completing projects, attending workshops, reflecting on your learning and a final presentation. Three tiers have been identified and requirements have been set within each that needs to be met. Completion of each tier occurs when a participant meets all the minimum requirements necessary for the tier and obtains approval from LEAD.