



Content Knowledge:

Graduates will demonstrate the content knowledge and discipline-specific skills necessary for beginning generalist practice with individuals, groups, and communities in the Exercise Science and Health Promotion field. A full list of these KSAs is available by consulting the American College of Sports Medicine's Health Fitness.

All ESHP students are required to take PET 4947 (Practicum) and PET 4946 (Internship), which is a progression from a supervised field classroom experience, and then a total field experience with a minimum of 400 agency-based hours supervised by a health promotion or fitness professional and FAU ESHP faculty member. This experience integrates classroom knowledge from the Exercise Science and Health Promotion (ESHP) sequence, practice sequence, research sequence; students use this knowledge base to develop skills to intervene with various clients.

Communication:

Students will demonstrate oral communication abilities through the presentation of a bulletin board and class lecture. Students will demonstrate written communication abilities in the field site through agency documentation requirements.

Critical Thinking:

Students will demonstrate critical thinking skills in their oral presentation of a health-related fitness topic and during practical exams.

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