

Raising the Bar

“Raising the bar” can mean many things. It may mean venturing beyond the “expected” to become more creative or striving to overcome significant challenges. For parents and children, it may refer to the process of growing wiser with each lesson in life. However you interpret it, raising your own bar can add purpose, fulfillment, and enjoyment to your life.

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Life is a Bold Adventure



Obstacles and challenges are often the spark for stretching ourselves in unimaginable ways, and using creative capabilities we never even knew existed. Learn about Helen Keller and the challenges she faced and overcame. [More...](#)

[En Español](#)

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The Problem with Perfectionism

There is a distinction between the drive to achieve perfection and the goal of attaining excellence. Perfectionism can lead to a negative outlook since no one is perfect! Instead, focus on improving skills or expanding your horizons.

Worklife Balance



Encouraging Good Sportsmanship

What is sportsmanship? One dictionary defines it as “abiding by the rules of a contest and accepting victory or defeat graciously.” How does a child learn this quality of gracious acceptance? It starts at an early age. [More...](#)

[En Español](#)

Webinars

Finding Comfort Beyond the Comfort Zone

Choose a session below and register today.

June 23rd @ 2PM EST

June 24th @ 12PM EST

[Download a list of free webinars for June 2010.](#)

Mind Matters



Everyday Creativity

When asked if they are creative, many will say they are not - because they’re not artists, musicians, or writers - jobs often recognized as creative. But did you know creativity is a critical part of working as a mathematician, scientist, engineer, teacher, and more? [More...](#)

[En Español](#)

Road to Rewards

Website Scavenger Hunt

Thanks for the overwhelming response to the Scavenger Hunt challenge in last month’s newsletter. The three winners of the \$25 gift cards are:

- Alison Janoski
- Joann Matthews
- Lori Muzatko

All in a Dad’s Day



Quips on Fatherhood

Enjoy some memorable quotes on fatherhood and receive an invaluable diaper changing tip for dads.

"Fatherhood is pretending that the present you love most is soap-on-a-rope." -- Bill Cosby

[More...](#)

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On Parenthood

Being a Parent

Daniel Day-Lewis, Oscar winning actor and father of two sons, had this to say:

"When it comes to parenthood, everyone thinks [they] ...don't have it in [them]. Then you find...you do, which is truly a miracle in life."