



Plan smarter for retirement and more, digitally

Let TIAA answer your questions

Call us at **800-842-2252**, weekdays, 8 a.m. to 10 p.m. (ET).

Want to speak with an advisor at no extra cost?

Call 800-732-8353, weekdays, 8 a.m. to 8 p.m. (ET) or schedule online at TIAA.org/schedulenow.

Get the TIAA mobile app





TIAA makes it easy to manage your retirement account

Log in to TIAA.org or the TIAA mobile app* to:

- Check your balances, along with your personal rate of return
- Create and monitor goals to help keep you on track for retirement
- Move money among your plan's investment options
- Set up eDelivery, update personal information and manage communication preferences
- Upload completed forms or files to TIAA for processing
- Use 360° Financial View to see your complete financial picture in one place

Take your retirement planning to the next level at TIAA.org

- View life-to-date or year-to-date contributions and change how future contributions are invested
- Update beneficiaries and other personal information
- Set up alerts for plan communications, including SMS
- Use the Retirement Advisor tool to create a customized action plan with savings and investment recommendations
- Use the Preparing for Retirement tool to improve your retirement planning know-how and help bring your future into focus
- Use the Retirement Income Illustrator tool to help you meet your retirement income goals
- Reserve a spot at a live TIAA webinar



*Not all features are available on all devices.

Apple, the Apple logo, iPhone, and iPad are trademarks of Apple Inc., registered in the United States and other countries. App Store is a service mark of Apple Inc. Android and Google Play are trademarks of Google Inc. The TIAA Retirement Advisor is a brokerage service provided by TIAA-CREF Individual & Institutional Services, LLC, a registered broker-dealer, Member FINRA, SIPC.

This material is for informational or educational purposes only and does not constitute fiduciary investment advice under ERISA, a securities recommendation under all securities laws, or an insurance product recommendation under state insurance laws or regulations. This material does not take into account any specific objectives or circumstances of any particular investor, or suggest any specific course of action. Investment decisions should be made based on the investor's own objectives and circumstances.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

Investment products may be subject to market and other risk factors. See the applicable product literature, or visit TIAA.org/performance for details.

TIAA-CREF Individual & Institutional Services, LLC and Nuveen Securities, LLC, Members FINRA, distribute securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Each is solely responsible for its own financial condition and contractual obligations.

©2021 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017