HOW TO

Study Efficiently

• Find a place that you know you will be able to study. Whether it be your bedroom, a study room, an outdoor table, etc. Once you have found the location, create an environment that works for you, such as playing music or using essential oils.
• Create a strict time frame for studying, and ensure you build in breaks. If you start to get tired and lose focus, take a break so you don’t miss anything important.
• Space out your studying and avoid studying for long periods of time. Build in time for you to reflect upon what you have learned.
• Take thorough notes that leave room for you to add information during lectures. There are many different note taking methods, such as Cornell, Outlining, Mapping, etc.. So find a method that works for you and perfect it.
• Find ways to quiz yourself on the material you are studying. Flashcards are an excellent way for you to test your knowledge.
• Top Study Spots on the Boca Raton Campus:
  • Get Wise
  • Library
  • Engineering East
  • Parliament Hall Study Rooms
  • Atlantic Park Towers Study Rooms
  • Indian River Towers Second Floor Common Area

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