

 FLORIDA ATLANTIC UNIVERSITY	NEW/CHANGE PROGRAM REQUEST Graduate Programs		UGPC Approval _____ UFS Approval _____ Banner _____ Catalog _____
	Department Exercise Science & Health Promotion College Science		
Program Name Exercise Science & Health Promotion		<input type="checkbox"/> New Program* <input checked="" type="checkbox"/> Change Program*	Effective Date (TERM & YEAR) Fall 2022
<p>Please explain the requested change(s) and offer rationale below or on an attachment.</p> <p>We are proposing the Health Promotion concentration in the Master of Science in Exercise Science & Health Promotion degree moves from a 36 hour to a 30 hour program. This new program will have a set rotation creating a reliable schedule for graduate students to expedite their progress through the program. Changes in elective course offerings are listed in the description document and new program sheets. We are also permanently removing the CPR certification requirement. For further details please see attached memo titled Memo of Changes for Health Promotion Concentration.</p>			
<p><small>*All new programs and changes to existing programs must be accompanied by a catalog entry showing the new or proposed changes.</small></p>			
Faculty Contact/Email/Phone Christopher Boerum/cboerum@fau.edu/954-892-8001		Consult and list departments that may be affected by the change(s) and attach documentation Educational Leadership and Research Methodology	
Approved by Department Chair _____ College Curriculum Chair _____ College Dean <i>William David Kelley</i> _____ UGPC Chair _____ UGC Chair _____ Graduate College Dean _____ UFS President _____ Provost _____			Date _____ 2-28-2022 03-14-22 _____ _____ _____ _____ _____

Email this form and attachments to UGPC@fau.edu 10 days before the UGPC meeting.

Master of Science with Major in Exercise Science and Health Promotion

The master's degree with major in Exercise Science and Health Promotion may be structured with a concentration in Exercise Physiology or Health Promotion. Both concentrations are only offered online.

Admission Requirements

1. The student must meet College and University requirements.

2. Any applicant seeking admission into the M.S. program with a major in Exercise Science and Health Promotion must have:

a. A minimum grade point average of 3.0 in the last 60 credits of undergraduate work attempted prior to receiving the bachelor's degree and minimum Graduate Record Examination (GRE) scores of 141 on both the verbal and quantitative portions, as well as an analytical writing score of 3.5; or, for those who took the exam before August 2011, a minimum combined score of 800 or equivalent on the verbal and quantitative portions; **OR**

b. A minimum grade point average of less than 3.0 in the last 60 credits of undergraduate work attempted prior to receiving the bachelor's degree and minimum GRE scores of 146 on both the verbal and quantitative portions, as well as an analytical writing score of 4; or, for those who took the exam before August 2011, a minimum combined score of 1000 or equivalent on the verbal and quantitative portions.

3. Graduate students are required to have CITI certification.

[Top](#)

Exercise Physiology (18 credits)		
Advanced Exercise Physiology 1	APK 6111	3
Research & Evaluation	PET 6505C	3
Advanced Exercise Physiology 2	APK XXXX	3
Advanced Sports Nutrition	HUN 6247	3
Advanced Exercise Testing & Prescription	PET 5551	3
Strength & Conditioning Program Design	PET 5391	3
Electives - 12 credits		
Exercise Neuroscience	PET 5077	3
Needs Assessment & Program Planning	HSC 6248	3
Drug Abuse Behavior	HSC 5166	3
Health Behavior, Hlth Ed & Hlth Promotion	HSC 6585	3
Chronic Stress & Population Health	HSC 5177	3
Advanced Concepts in Health Promotion	HSC 5587	3
Evaluation of Health Promotion Ed	HSC 6115	3
Skeletal Muscle Physiology	PET 6382	3
Human Obesity	HSC 5178	3

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Personal & Community Health	HSC 5203	3
Epidemiological Basis of Health	HSC 6505	3
Directed Independent Study	PET 6905	1-5
Special Topics	PET 5930	1-4
Practical Applications in Exercise Science and Health Promotion	PET 5947	1-3
Thesis option*		6
Total		30 credits

Health Promotion (14 credits)		
Needs Assessment and Program Planning in Health Promotion	HSC 6248	3
Research & Evaluation	PET 6505C	3
Health Behavior, Health Education and Health Promotion	HSC 6585	3
Evaluation of Health Promotion Ed	HSC 6115	3
Personal & Community Health	HSC 5203	3
Epidemiological Basis of Health	HSC 6505	3
Electives - 12 credits		
Drug Abuse Behavior	HSC 5156	3
Exercise Neuroscience	PET 5077	3
Advanced Exercise Physiology 1	APK 6111	3
Advanced Exercise Physiology 2	APK XXXX	3
Advanced Sports Nutrition	HUN 6247	3
Chronic Stress & Population Health	HSC 5177	3
Advanced Concepts in HP	HSC 5877	3
Skeletal Muscle Physiology	PET 6382	3
Advanced Exercise Testing & Prescription	PET 5521	3
Strength & Conditioning Program Design	PET 5391	3
Human Obesity	HSC 5178	3
Directed Independent Study	PET 6905	1-5
Special Topics	PET 5930	1-4
Practical Applications	PET 5947	1-3
Thesis option*		6
Total		30 credits

1. MS Degree is a minimum of 30 hours

2. If choosing the thesis option there are 6 thesis hours

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3. Up to 3 credits of Directed Independent Study (PET 6905) may be counted toward this degree

4. FAU students who applied through the accelerated BS/MS program may carry in 12 graduate credits from UG degree

5. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.

6. All students must turn in graduate application according to FAU calendar.

7. Advanced Ex. Phys courses are not sequential.

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Memo of Changes for the Health Promotion Concentration

Overview

This 30-hour concentration, offered only fully online, would streamline the graduate program with the possibility of completing the degree in one year. For FAU students enrolled in the accelerated BS/MS or BA/MS program, these changes make a 4+1 program possible, providing numerous advantages. This new program underwent the following changes:

- Merging core and required courses (initially 21 hours) into core courses (18 hours) by removing STA-6113 and one elective course.
- There would be 12 elective hours or 6 electives and 6 thesis hours if a thesis is desired.
- Removal of the CPR requirement.
- This new track would be offered fully online, increasing the accessibility to working local and out-of-state students.
- All courses are setup on a meticulous rotation so students can enter any semester and graduate on time. Courses are not sequential.
 - There will not be a situation where a class is not offered.

The new concentration can be seen on the following page:

Name _____
Phone Number _____

Z# _____ Date of Birth _____
FAU Email _____
Other Email _____

Address _____ City _____ State _____ Zip code _____

Note: This document is not a substitute for Form 6, but a worksheet to proceed through the program.
Student should complete this sheet within the first or second semester of coursework with ESHP advisor.

Worksheet-FAU, ESHP Health Promotion Concentration:

Check when completed	Course Title	Course No.	Credits	Rotation	Grade	Substitute	Institution	Advisor & Grad Coord. Approval
Required Courses: 18 hours								
	Needs Assessment & Program Planning	HSC 6248	3	Fall				
	Research & Eval	PET 6505C	3	Fall				
	Health Behavior, Hlth Ed & Hlth Promo	HSC 6585	3	Fall/Spring				
	Evaluation of Health Promotion/Ed	HSC 6115	3	Spring				
	Personal & Community Health	HSC 5203	3	Summer				
	Epidemiological Basis of Health	HSC 6505	3	Summer				
Electives: 12 hours								
(required courses for other tracks maybe used for electives and/or the student may choose from the following.)				(Others are approved by ESHP graduate committee)				
	Drug Abuse behavior	HSC 5156	3	Fall				
	Exercise Neuroscience	PET 5077	3	Fall				
	Advanced Exercise Physiology 2	APK XXXX	3	Fall				
	Advanced Exercise Physiology	APK 6111	3	Spring				
	Advanced Sports Nutrition	HUN 6247	3	Spring				
	Chronic Stress & Population Health	HSC 5177	3	Spring				
	Skeletal Muscle Physiology	PET 6382	3	Spring				
	Advanced Exercise Testing and Prescription	PET 5521	3	Summer				
	Strength & Conditioning Program Design	PET 5391	3	Summer				
	Human Obesity	HSC 5178	3	Summer				
	Direct Independent Study	PET 6905	1 to 5	All				
	Special Topics	PET 5930	1 to 4	All				
	Practical Applications	PET 5947	1 to 3	All				
Thesis Option: 6 hours								

Read the following information thoroughly.

1. MS Degree is a minimum of 30 hours
2. If choosing the thesis option there is a minimum of 6 thesis hours
3. Up to 3 credits of Directed Independent Study (PET 6905) may be counted toward this degree
4. FAU students who applied through the accelerated BS/MS program may carry in 12 graduate credits from UG degree
5. Graduate students are required to be CPR certified
6. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.
7. All students must turn in graduate application according to FAU calendar.

Other Comments:

Student _____
Advisor _____
Dept. Chair _____

Date _____
Date _____
Date _____

Name _____ Z# _____ Date of Birth _____
 Phone Number _____ FAU Email _____
 Other Email _____
 Address _____ City _____ State _____ Zip code _____

Note: This document is not a substitute for Form 6, but a worksheet to proceed through the program.
 Student should complete this sheet within the first or second semester of coursework with ESHP advisor.

Worksheet-FAU, ESHP Health Promotion Concentration:								
Check when completed	Course Title	Course No.	Credits	Rotation	Grade	Substitute	Institution	Advisor & Grad Coordinator
Required Courses: 18 hours								
	Needs Assessment & Program Planning	HSC 6248	3	Fall				
	Research & Eval	PET 6505C	3	Fall				
	Health Behavior, Hlth Ed & Hlth Promo	HSC 6585	3	Fall				
	Evaluation of Health Promotion/Ed	HSC 6115	3	Spring				
	Personal & Community Health	HSC 5203	3	Summer				
	Epidemiological Basis of Health	HSC 6505	3	Summer				
Electives: 12 hours								
(required courses for other tracks maybe used for electives and/or the student may choose from the following.)				(Others are approved by ESHP graduate committee)				
	Drug Abuse behavior	HSC 5156	3	Fall				
	Exercise Neuroscience	PET 5077	3	Fall				
	Advanced Exercise Physiology 2	APK XXXX	3	Fall				
	Advanced Exercise Physiology 1	APK 6111	3	Spring				
	Advanced Sports Nutrition	HUN 6247	3	Spring				
	Chronic Stress & Population Health	HSC 5177	3	Spring				
	Advanced Concepts in HP	HSC 5587	3	Spring				
	Skeletal Muscle Physiology	PET 6382	3	Spring				
	Advanced Exercise Testing and Prescription	PET 5521	3	Summer				
	Strength & Conditioning Program Design	PET 5391	3	Summer				
	Human Obesity	HSC 5178	3	Summer				
	Direct Independent Study	PET 6905	1 to 5	All				
	Special Topics	PET 5930	1 to 4	All				
	Practical Applications	PET 5947	1 to 3	All				
Thesis Option: 6 hours								

Read the following information thoroughly.

1. MS Degree is a minimum of 30 hours
2. If choosing the thesis option there are a minimum of 6 thesis hours
3. Up to 3 credits of Directed Independent Study (PET 6905) may be counted toward this degree
4. FAU students who applied through the accelerated BS/MS program may carry in 12 graduate credits from UG degree
6. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.
7. All students must turn in graduate application according to FAU calendar.

Other Comments:

Student _____

Advisor _____

Dept. Chair _____

Date _____

Date _____

Date _____

Name_____

Z#_____ Date of Birth _____

Phone Number_____

FAU Email_____

Other Email_____

Address_____ City _____ State____ Zip code _____

Note: This document is not a substitute for a Plan of Study, but a worksheet to proceed through the program.

Student should complete this sheet within the first or second semester of coursework with ESHP advisor.

Worksheet-FAU ESHP Health Promotion Track:							
Check when completed	Course Title	Course No.	Credits	Grade	Substitute	Institution	Advisor/Grad Coord. Approval
Core Courses (all tracks): 6 hours							
	Research and Evaluation	PET 6505C	3				
	Educational Statistics	STA 6113	3				
Required Courses: 15 hours							
	Personal and Community Health	HSC 5203	3				
	Evaluation of Health Promotion/Ed	HSC 6115	3				
	Needs Assessment & Program Planning	HSC 6248	3				
	Epidemiological Basis of Health	HSC 6505	3				
	Health Behavior, Health Ed & Hlth Promo	HSC 6585	3				
Electives: 15 hours (non-thesis)							
(required courses for other tracks maybe used for electives or the student may choose from the following.)							
	Human Obesity	HSC 5178	3				
	Drug Abuse Behavior	HSC 5156	3				
	Advanced Concepts in Health Prom	HSC 5587	3				
	Evaluation of Health Promotion/Ed	HSC 6115	3				
	Adv. Sports Nutrition	HUN 6247	3				
	Chronic Stress & Population Health	HSC 5177	3				
	Functional Biomechanics	PET 6346	3				
	Special Topics	PET 5930	1 to 4				
	Practical Applications	PET 5947	1 to 3				
	Direct Independent Study	PET 6905	1 to 5				
	Strength & Conditioning Program Design	PET 5391	3				
Others (As approved by ESHP graduate committee)							
Thesis Option: 6 hours							
		PET 6971	1 to 6				

Read the following information thoroughly.

1. All students must complete all required common courses.
2. Students electing the THESIS OPTION must complete a thesis (6 hours) and an additional 9 hours of course work.
3. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.
4. Students electing the NON-THESIS OPTION must complete an additional 15 hours of course work.
5. Minimum program consists of 36 credit hours.

Other comments:

Student_____

Date_____

Advisor_____

Date_____

Dept. Chair_____

Date_____