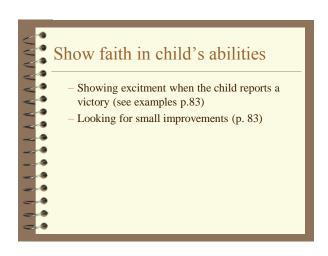
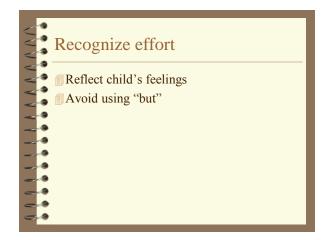
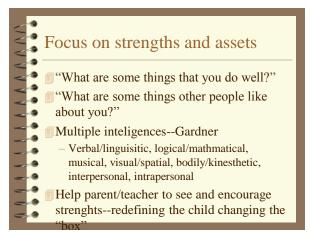


## Unconditional Acceptance Veiwing children as good and worthwhile Valuing children as they are w/o wanting, needing, expecting any changes Suspending judgements Communicating warmth







Emphasize the deed, not the doer

Avoid value judgements about the person
commenting on behavior w/o labeling the child

Focus on the positive

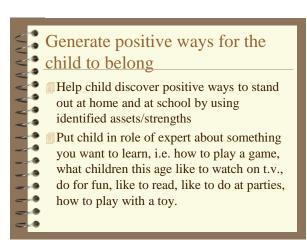
Give credit for the positive/useful aspect of their behavior and ignore the negative/useless aspects.

Acknowledge the feelings/purpose connected with the negative/useless behavior

#### Demonstrate involvement in child's interest Discover interest and show interest in them

## Model courage to be imperfect Send message that I can make mistakes, fix them, learn from them and that it is OK to be less than perfect "Perfectionism: What so bad about being so good"

# Learn from mistakes Using errors and accidents to encourage and empower - "What can you do next time?" - "How could you fix it to be the way you want it?" - "What's the worst thing that can happen if you ----?" Focus on how child is feeling about the mistake--only intervene if the child has a negative reaction



#### Purpose of limit setting Create sense of safety and security Increase child's self control and ability to generate alternative choices that can redirect their inappropriate behavior Create a sense of responsibility for following rules and accepting consequences

