

Explore South Florida

Enjoy all SoFlo has to offer

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This is a selection of happening places to check out after institute hours!

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If shopping is your thing, we have a few must-go destinations for you.

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These are beaches without much development around them. You'll have to bring your own snacks or food to grill.

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If you like art and/or history, we've got the cultural hubs to match.

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There is everything from executive golf courses to indoor skydiving. A little something for everybody.

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Explore Florida's natural ecosystem and hang out with our native critters.

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We've got plenty of green spaces to match your green thumb.

Food and Cultural Districts

destinations to visit after institute hours

Mizner Park - Boca Raton

Discover a luxury landmark at Mizner Park, [located in beautiful Boca Raton](#). No trip to this picturesque place is complete without a visit to this retail property, which offers unparalleled retail stores set in a perfectly landscaped, park-like environment. Come for the shopping, stay for dinner and a movie at the onsite cinema.

Atlantic Avenue - Delray Beach

[Explore the crystal clear Atlantic Ocean](#) or visit unique galleries and boutiques on Atlantic Avenue by day; enjoy a night of dining and entertainment at any of Delray Beach's award winning cafés or restaurants. Come "downtown" and meet the beautiful people, shopkeepers and the entire community known as a Sociable City and recently awarded "Best of the Road - Most Fun Small Town in America" by Rand McNally & USA Today.

Clematis Street - West Palm Beach

Clematis Street is an upbeat, friendly family area that is at the heart of downtown West Palm Beach, FL. Enjoy some of these fun things to do while you're on Clematis Street or nearby downtown West Palm Beach – There are many fun activities for all ages from water sports to museums, dining out, golfing, nightlife, or just spending [a lazy day on the beach!](#)

Rosemary Square - West Palm Beach

The Rosemary Square neighborhood, which is currently undergoing a \$550 million transformation from a retail and entertainment center to a vibrant community and destination, is an exceptional new district to live, work and visit in South Florida. [Explore the district with SkyBike](#), a public bike sharing system with stations located throughout the West Palm Beach Downtown. SkyBike provides the most convenient option for choosing bicycling for errands around town, sightseeing or just for fun! Users can check out and return bikes interchangeably from stations conveniently located throughout Downtown and Rosemary Square is one of those stations. [The Downtown Trolley also makes getting around West Palm Beach a breeze](#). It's a FREE and convenient way to visit all of your favorite Downtown shops, restaurants, and attractions.

Worth Avenue - Palm Beach

An enchanting resort destination in Palm Beach, Florida with European sophistication and inimitable style and grace, Worth Avenue is one of the most beautiful shopping venues in the country. [Shop our impressive collection of luxury brands and one-of-a-kind boutiques](#) featuring the ultimate in art, apparel, home furnishings, accessories and

more. Worth Avenue offers one of a kind, international dining options to suit any taste, including several restaurants, eateries and cafes. Your delight is the hallmark of who we are.

Las Olas Boulevard - Fort Lauderdale

Las Olas Boulevard in the heart of Fort Lauderdale, Florida is at the forefront of everything from fashion boutiques and art galleries, to memorable restaurants, sidewalk cafes and bars Set the stage each evening for South Florida's most architecturally unique, authentic, and eclectic shopping and dining district. Stroll the boulevard, duck in and out of our cool breezeways, and be delighted by what you discover. [Las Olas Boulevard stretches from the beach at A1A](#), immaculately lined with palm trees and beautiful people, rising over the fabulous Intracoastal Waterway with magnificent views of million dollar homes and spectacular yachts.

Riverwalk - Fort Lauderdale

Riverwalk Fort Lauderdale oversees a 3 square mile area known as the Riverwalk District which includes the [2 1/2 mile linear walk along the New River](#) on the north and south side and includes 10 additional parks located in the Riverwalk District. When you DO THE DISTRICT, you raise the curtain on cultural experiences you never knew existed. There's a little something for everyone in the [Riverwalk Arts & Entertainment District](#), from Broadway-worthy theater and classical opera and ballet to historic homes, world-class museums and some mighty fine dining. [Riverwalk Recreation](#) offers a variety of activities to encourage you to spend some time along Riverwalk getting healthy! (Stand-Up Paddleboarding Tours/Rentals, Kayak Rentals, Guided Bicycle Tours, Quadracycle Tours, Segway Tours, Yoga Classes, and Photography Classes)

Malls

Town Center - Boca Raton

One of south Florida's top luxury shopping destinations, Town Center at Boca Raton features an outstanding mix of upscale and elite specialty shops along with your favorite Mall stores in an indoor environment. The impressive lineup of department stores draw shoppers throughout Palm Beach and Broward Counties. Among the 220 stores at

Town Center, you will also encounter a wide array of dining options, from The Capital Grille and True Food Kitchen to the Cafes at Boca. Conveniently located off I-95 and Glades Road, you'll find just what you need and more. From the entire team at Town Center at Boca Raton, we hope that you will visit us soon.

Sawgrass Mills - Sunrise

Sawgrass Mills is the largest outlet and value retail shopping destination in the United States. There is something for everyone in this enclosed, air conditioned and climate controlled mall located just 30 minutes from Miami International Airport and 15 minutes from Fort Lauderdale-Hollywood International Airport. With more than 350 stores, including outlet locations from Nike, Tommy Hilfiger, Ralph Lauren and Gap, plus value retailers OFF 5th Saks Fifth Avenue, Bed Bath & Beyond, Target, Marshalls and electronics superstore, BrandsMart USA, Sawgrass Mills has everything from fashion and jewelry to electronics, sporting equipment, beauty products, home accessories, toys and more. Fashionistas will delight in luxury-brand outlet shopping at The Colonnade Outlets at Sawgrass Mills with over 70 exclusive outlets not found anywhere else in South Florida including Burberry, Diane von Furstenberg, GUCCI, Jimmy Choo, Prada, Salvatore Ferragamo Company Store, Tory Burch and Versace.

Backyard Beaches

there are no restaurants on these beaches

Red Reef Park

1400 State Road A1A, Boca Raton

The 67-acre oceanfront park offers a myriad of amenities amid beautiful, natural scenery. Snorkeling around the man made reef is a fan favorite here because of the huge variety of sea life. Gumbo Limbo Nature Center and the Red Reef Executive Golf

Course are part of this scenic stop on the East Coast. Call (561) 338-1473 for nature related programming. Call (561) 391-5014 to book your tee time.

South Inlet Park Beach

1100 S Ocean Blvd, Boca Raton

Home of the historic structure, Eshleman Pavilion, South Inlet Park offers 11 acres of white sand beach with picnic pavilions and outdoor grills. Fishing is permitted here. For daily beach conditions, call (561) 629-8775.

South Beach Park

400 N State Road A1A, Boca Raton

A 24.5-acre beach area featuring 3 swimming areas plus surf, fishing and bird-watching opportunities.

Spanish River Park

3001 N State Road A1A, Boca Raton

Spanish River Park is 94.4 acres in size. Since its channelization by the U.S. Army Corps of Engineers, the river has become known to boaters as part of the intracoastal waterway. Early maps show the river as "Boca Raton's Lagoon", but late settlers and developers apparently borrowed a page from history and renamed it the old Spanish river, Remnants of the meandering stream bed are still visible in the park. This family-friendly city park along the Intracoastal Waterway is a wonderful destination for picnicking, swimming and bird-watching.

Museums

Boca Raton Museum of Art

The Museum values cultural, artistic, and intellectual diversity and accommodates a wide range of experiences and learning styles. It welcomes new and broader constituencies, encouraging a heightened public understanding and appreciation of the visual world.

On view: Beyond the Cape! Comics and Contemporary Art, Contemporary Sculpture: Sam Anderson & Michael Dean, and John Ransom Phillips: Lives of Artists.

Boca Raton Historical Society and Museum

Whether you're a visitor, a newcomer, or a longtime resident of Boca Raton, you owe it to yourself to [learn more about our rich history](#). Let your guide be the Boca Raton Historical Society & Museum, located at Town Hall - easily spotted by its shining gold dome in the heart of Boca Raton.

Cornell Art Museum - Delray Beach

The museum is housed in the restored 1913 Delray Elementary School building on the Old School Square campus. The Museum strives to show nationally and internationally recognized, contemporary artists who create innovative and provocative works of art. Visitors will enjoy intriguing pieces of artwork while discovering new artists and styles.

On view: Seven Solos (large-scale installations by: Miya Ando: @studiomiyaando, Giannina Dwin: @giapiano in collaboration with Freddy Jouwayed: @frepojo, Jacob M Fisher: @jacobmfisher.studio, Frank Hyder: @thejanisproject, Brookhart Jonquil: @br00khart, Shinduk Kang: @galeriepici, and Alex Trimino: @alex_trimino.)

Flagler Museum - Palm Beach

When it was completed in 1902, the *New York Herald* proclaimed that Whitehall, Henry Flagler's Gilded Age estate, was "more wonderful than any palace in Europe, grander and more magnificent than any other private dwelling in the world." Today, Whitehall is a [National Historic Landmark](#) and is open to the public as the Flagler Museum, featuring guided tours, changing exhibitions, and special programs.

Norton Museum of Art - West Palm Beach

The museum's collection includes over 7,000 works, with a concentration in European, American, and Chinese art as well as in contemporary art and photography.

On view: See and Be Seen: Picturing Notariety, Small Worlds: Five Centuries of European Prints and Drawings, and WHO? A Brief History of Photography through Portraiture.

Recreation

Adventure Vault Escape Room - Boca Raton

Adventure Vault is a new escape room in South Florida. They have multiple rooms going on at once with different themes. You will not find the same puzzles and riddles from the theme you did at another escape room in the theme you are doing here, as all of [Adventure Vault's puzzles are original!](#)

Boomers - Boca Raton

National amusement center chain featuring mini-golf, go-karts, bumper boats and arcade games.

Red Reef Executive Golf Course - Boca Raton

Grab your clubs for a unique, oceanfront golf experience unlike any other. Practice your stroke and spend time with friends while enjoying the unforgettable, calming ambience created by the breathtaking, [panoramic views of the Atlantic Ocean and Intracoastal](#).

Delray Yacht Cruises - Delray Beach

Experience the calm waters of the Intracoastal Waterway aboard the Lady Atlantic & Lady Delray while you [enjoy your favorite beverage or snack on a two-hour narrated tour](#) past some of the area's most beautiful mansions. See a variety of marine life in its natural habitat. Learn a little about the area's history. Cruise from Veterans Park on East Atlantic Avenue, Delray Beach south to Boca Raton.

Rapids Water Park - Riviera Beach

The 30 acre park includes [42 water slides and attractions](#), including a wave pool, dual seven-story speed slides, and a quarter mile lazy river.

La Playa Water Sports - Deerfield Beach

We are [Florida's home of the hottest new extreme water sport, Flyboarding](#). Riding a Flyboard in Florida is an experience like none other! Come join us for your introductory flight, we have some of the most experienced instructors in North America, to make sure you get up in the air quickly and have a safe experience. The activity itself has been named Flyboarding because it involves strapping on specially made water jet boots to a modified snow board attached to a Jet Ski. It really must be seen and experienced to feel the freedom one has hovering in the air, like someone from the future. Call (954) 246-3003 to book your reservation.

iFly Indoor Skydiving - Davie

You don't need to be an athlete, [people of all ages, shapes, sizes and abilities can fly](#). Our world-class instructors are pros at making flying fun for everyone. Flying brings out the best in everyone! We invented the recirculating wind tunnel for bodyflight and continue to lead its innovation to allow us to deliver the dream of flight to everyone.

Palm Beach Zoo and Conservation Society - West Palm Beach

The non-profit zoological organization houses [more than 550 animals, many of them endangered, within 23-acres of lush tropical habitat](#). The Palm Beach Zoo strives to assist all incapacitated native animals through an active role in native wildlife rehabilitation. By caring for both injured and orphaned animals, the Palm Beach Zoo serves as a depot for the public to deliver injured native wildlife, as well as a resource for local rehabilitators as a site for "soft" release of rehabilitated animals.

Lion Country Safari - Loxahatchee

Lion Country Safari is a drive-through safari park and walk-through amusement park located on over 600 acres in Loxahatchee, in Palm Beach County, Florida. Founded in 1967, it claims to be the first 'cageless zoo' in the United States.

Everglades Holiday Park - Fort Lauderdale

Everglades Holiday Park is a wildlife preserve and theme park situated on 29 acres of wetlands. There's no better way to see the everglades than on an airboat tour. After your airboat tour concludes, the excitement continues as you take in a live alligator presentation compliments of the Gator Boys Alligator Rescue Team here at the park. With adrenaline charged fun, the Gator Boys and Gator Girls of Animal Planet fame delight people of all ages with exciting stunts, tricks and important information about the conservation and preservation efforts surrounding the American alligator and the wetlands they call home.

Wildlife Natural Areas

Gumbo Limbo Nature Center - Boca Raton

The center includes an indoor museum with exhibits, small aquariums, and a gift shop, plus more major outdoor facilities including several large aquariums featuring ecosystems for fish, turtles, and other sea life, a boardwalk trail through the adjacent woods with an observation tower and a garden designed for observing butterflies.

Sandoway Discovery Center - Delray Beach

The Sandoway Discovery Center offers a glimpse into South Florida's fragile marine and freshwater environments through educational exhibits and programs. Visitors of all ages can get an up-close view of some of Florida's native and invasive reptile species, meet sharks and other fish at the coral reef pool, and explore Southeast Florida's largest private shell collection. The observation deck, shell collection and native plant and butterfly garden also allow the visitor to learn about our unique coastal environment.

National Wildlife Refuge - Boynton Beach

The Arthur R. Marshall Loxahatchee National Wildlife Refuge includes 145,800 acres of northern Everglades habitat. The refuge contains one of three water conservation areas (WCAs) in south Florida and is maintained to provide water storage and flood control, as well as habitat for native fish and wildlife populations. The refuge not only preserves and protects native wildlife, but also offers compatible **public recreational and educational opportunities** including walking trails, a canoe trail, bike trail, boat ramps, fishing platform, observation towers, butterfly garden, and a visitor center.

Mccarthys Wildlife Sanctuary - West Palm Beach

Mccarthys Wildlife Sanctuary is a 501 (c) 3 non-profit wildlife rescue facility that takes in injured native wildlife, orphaned babies, and unwanted exotic pets. It is composed of eight lush acres of endangered wildlife surrounded by a botanical garden situated in the palmetto and pine forest of West Palm Beach! **Over 200 animals from White Tigers to African Lions, Black Leopards, Ligers, Lynx and Amur Leopards** seen from just four feet away you can't get any closer than this by law! Hands on experiences with parrots, kinkajous, alligators, snakes, and well who knows what else.

Gardens

Morikami Museum and Japanese Garden - Delray Beach

Morikami Museum and Japanese Gardens is a center for **Japanese arts and culture** located west of Delray Beach in Palm Beach County, Florida, United States. The campus includes two museum buildings, the Roji-en Japanese Gardens: Garden of the Drops of Dew, a bonsai garden, library, gift shop, and a Japanese restaurant, called the Cornell Cafe, which has been featured on the Food Network. Rotating exhibits are displayed in both buildings, and demonstrations, including tea ceremonies and classes are held in the main building.

Fairchild Tropical Botanical Garden - Coral Gables

Here you can walk garden paths surrounded by the wonders and beauty of nature, talk to experts in horticulture and conservation science, experience an exceptional sculpture garden, see butterflies and birds at every turn, experience our butterfly and hummingbird exhibit, Wings of the Tropics, and take classes on everything from photography to grafting. Walking the grounds will introduce you to a large variety of tropical plants and their amazing array of sizes, shapes and colors. **The Garden**

includes many exhibits and collections as well as native habitats brought together in a unified landscape design that flows from one area to another.

Bonnet House Museum and Gardens - Fort Lauderdale

In addition to their historic significance, the Bonnet House grounds encompass one of the last examples in South Florida of a native barrier island habitat. Five distinct ecosystems can be found on the property including the Atlantic Ocean beach and primary dune, a freshwater slough, the secondary dune which includes the house site, mangrove wetlands, and a maritime forest. In complement to the natural vegetation, the grounds contain a Desert Garden composed of arid plantings, hibiscus garden, and the main courtyard planted with tropical vegetation.

Mounts Botanical Garden - West Palm Beach

Mounts Botanical Garden of Palm Beach County is a 14-acre living plant museum with 25 unique garden areas. Imagine a tropical paradise with ever-changing beauty, that you can stroll through for relaxation, inspiration or information. It is Palm Beach County's oldest and largest public garden with over 2,000 species of tropical and subtropical plants from six continents, including plants native to Florida, exotic trees, tropical fruit, herbs, citrus and palms.