

## *The Chairperson's Message*

By Dr. Irene Johnson

I often hear the comment "I don't have time" or "that will take too much time to do" during conversations with students, colleagues, and friends. Counseling professionals typically counsel clients on issues related to time management. Recently I found a document that I have had for a long time in my "inspiration" file. I would like to share it with you and hope you will include it in your sources of inspiration. Have a good semester break!

# T I M E

Imagine there is a bank which credits your account each morning with \$86,400, carries over no balance from day to day, allows you to keep no cash balance, and every evening cancels whatever part of the amount you had failed to use during the day.

What would you do? Draw out every cent, of course! Well, everyone has such a bank. Its name is TIME. Every morning, it credits you with 86,400 seconds. Every night it writes off, as lost, whatever of this you have failed to invest to good purpose. It carries over no balance. It allows no over draft. Each day it opens a new account for you. Each night it burns the records of the day. If you fail to use the day's deposits, the loss is yours. There is no going back. There is no drawing against the "tomorrow." You must live in the present on today's deposits. Invest it so as to get from it the utmost in health, happiness and success! The clock is running. Make the most of today.

-To realize the value of ONE YEAR, Ask a student who has failed his exam.

-To realize the value of ONE MONTH, Ask a mother who has given birth to a pre-mature baby.

-To realize the value of ONE WEEK, Ask an editor of a weekly newspaper.

-To realize the value of ONE DAY, Ask a daily wage laborer who has ten kids to feed.

-To realize the value of ONE HOUR, Ask the lovers who are waiting to meet.

-To realize the value of ONE MINUTE, Ask a person who has missed the train.

-To realize the value of ONE SECOND, Ask a person who has survived an accident.

-To realize the value of ONE MILLI-SECOND, Ask a person who has won a silver medal in the Olympics.

Treasure every moment that you have, treasure it more because you shared it with someone special; special enough to have your time...and remember: "Time waits for no one." Thank you for sharing your most precious gift, the gift of your time.

Source: "The Best of the Best", Student Council Advisors Workshop, 2004



The FAU Department of Counselor Education, Beta Rho Chi chapter is pleased to announce new offices for 2011-2012! Our president is Luna Medina, secretary is Patricia Diaz, and treasurer is Kayleigh Kelley. Jessica Jarman is the chair of the Membership Committee. Cathy Bilotti will be assisting with community outreach events and Tony Foster will be promoting our presence at professional conferences. To be eligible for membership in this esteemed organization, Counselor Education students must have completed at least one semester of full-time graduate coursework in a counselor education degree program, have earned a grade point average of 3.5 or better on a 4.0 system, and be recommended for membership in CSI by the program faculty. If you are interested in CSI membership please see the Chi Sigma Iota website and contact Luna Medina at lmedina4881@gmail.com. An initiation of new members is planned in June 15 at 8 pm. ●

# Department of Counselor Education Program News

## LIVE TEXT

The College of Education has begun requiring students to purchase the LiveText electronic student performance assessment software. LiveText allows students and faculty to assess program standards and provide evidence of your mastery of competencies as you progress through your program of study, track your performance, and comply with program approval and accreditation. Each student is provided with an electronic storage space to manage your external files in one location. Students can easily prepare multiple, customized electronic portfolio to share with their peers, faculty, and prospective employers.

Students may purchase an account directly through [www.livetext.com](http://www.livetext.com), at any FAU campus bookstore, or for those students using financial aid funds to purchase textbooks can log onto [www.shopfau.com](http://www.shopfau.com). Additional information regarding the College of Education LiveText requirement go to <http://coe.fau.edu/livetext/>

Account subscriptions are valid for a five year period and transferable to other instructions. Training and support is available through the LiveText customer support online at [www.livetext.com](http://www.livetext.com) and by phone 866-548-3839. ●



## Student Achievements and Awards

By Elizabeth Villares

Congratulations to the following students for their awards and achievements this semester. Doctoral student Tony Foster was appointed as Vice President to the Board of Directors of the Florida Chapter of the Employee Assistance Program Association. The Employee Assistance Professionals is made up of substance abuse treatment centers, detox centers, major employers, and therapist who specialize in substance abuse.

Doctoral student Julianne Agnois was nominated for the 2011 Outstanding Student of the Year Award for the College of Education. Julianne entered the doctoral program in Fall 2009, actively involved in the Rehabilitation Program, and a Florida Atlantic University Presidential Fellowship Recipient. She has helped teach courses and volunteers as a board member representing the College of Education in Graduate Student Association events. Her dissertation focus is on the Traumatic Brain Injury population and has been working closely with the Director for the Brain Injury Association of Florida. Julianne is a co-author of a recent publication titled "Training Needs of Rehabilitation Counselors Concerning Veterans with Disabilities."

The College of Education 2011 Outstanding Alumni Award was presented to Dr. Barbara Abernethy. Dr. Abernethy is a graduate of the FAU Counselor Ed. doctoral program and works in 2009 and the Chief Executive Officer at Healthy Minds in Palm Beach, FL. Congratulations to all students! ●

## Faculty Awards & Recognitions

Congratulations to Dr. Len Sperry for his nomination by the Board of Directors of the American Psychiatric Association for the Distinguished Life Fellow Award for his significant contributions to Psychiatry.

Congratulations to Dr. Elizabeth Villares for earning Tenure and Promotion to Associate Professor.

# Student Success Skills Summer Institute 2011

June 20, 2011 9:00 am - 3 pm

## REGISTRATION FORM

School counselors are in the student success business. Student Success Skills (SSS) can help your students in grades 4-10 improve standardized math scores equal to one year of additional learning and reading scores equal to one half year of additional learning. Five published peer-reviewed SSS studies detail consistent positive results with over 50 school counselors and 1,400 students in 40 schools. The SSS program aligns directly with the ASCA model and is based on foundational learning, social and self-management skills identified as crucial to student success.

The SSS approach uses the Max/Min principle: Maximum improvement with minimum time. Five 45 minute lessons spaced one week apart give your students 20 SSS learning strategies they can use to a) master the regular curriculum, b) stay cognitively and behaviorally engaged and c) improve classroom climate and d) increase motivation and confidence which helps them persist when learning new information. This hands-on workshop includes demonstrations, practice, and discussion. You will leave confident and energized about delivering SSS to your students. Your students will love it and so will you!

### Participants will learn:

- How to teach key cognitive, social, and self-management strategies
- How to increase student self-efficacy and healthy optimism which fuels their motivation and effort to succeed.
- How to improve students' memory skills.
- How to help students develop skills to manage performance anxiety.
- How to help students build caring, supportive and encouraging classroom communities.

Over 9,000 school counselors and teachers and 1,000,000 students have used the SSS program. Workshop includes: The SSS Classroom Manual (2010) by Greg Brigman & Linda Webb

For an overview of the SSS model and links to research go to [www.studentsuccessskills.com](http://www.studentsuccessskills.com) ●



Name of Event: SSS Summer Institute  
Location: FAU, Boca Raton Campus,  
Live Oak Center, University Center,  
777 Glades Road, Boca Raton, FL 33431

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

School District: \_\_\_\_\_

Phone/Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

### Registration deadlines and costs:

\$100.00 if payment received by April 21st

\$125.00 if payment received by May 21st

\$150.00 if payment received through June 20th

Checks, Money Orders, or Credit Cards are accepted.

To reserve your spot contact Darlene Epperson at [frederic@fau.edu](mailto:frederic@fau.edu) or by phone at 561-297-3602

Registration forms may be faxed to 561-297-2309 or mailed to: Darlene Epperson  
Department of Counselor Education  
Florida Atlantic University  
777 Glades Road, Boca Raton, 33431

## Welcoming New Doctoral Students

The Department of Counselor of Education is pleased to announce the following students have been admitted to the Ph.D. program beginning Fall 2011: Elizabeth Ashton, Jenny Chien, Clifford Mack, Melissa Renda, Randi Schietz, and Havovi Shroff. Clifford Mack, Randi Schietz, and Melissa Renda will be specializing the school counseling outcome research. Clifford is currently a school counselor and the South Florida Regional Representative to the Florida School Counseling Association. Randi Schietz and Melissa Renda are currently working as school counselors in Palm Beach county and members of the leadership team of Palm Beach School Counselors Association and have served as president and secretary, respectively. Elizabeth Ashton, Jenny Chien, and Havovi Shroff will be joining with backgrounds in Mental Health counseling and have experience working in Palm Beach County. The Department of Counselor Education Faculty would like to extend a warm welcome and congratulations to our new doctoral students. ●

# Professional School Counselors Giving Back

The Department of Counselor Education and the faculty from the School Counseling Program would like to extend a special thank you to all the k-12 professional school counselors who served as site supervisors. Students in our masters and educational specialist degree programs who completed field experiences in Port St. Lucie, Martin, Palm Beach, Broward and Miami-Dade Counties as well as Georgia this past academic year. Site supervisors are critical to facilitating the student's daily activities during their practicum and internships. Site supervisors provide valuable feedback on student's strengths and areas of improvement and as well as opportunities for students to engage in direct services such as individual counseling, small group counseling, classroom guidance, and consultation.

To be eligible to serve as a site supervisor an individual must hold a current FL teacher certificate, have two years of experience, and completed their respective districts clinical educator training course. In return for hosting a practicum and/or internship students the site supervisor is awarded a tuition waiver to be used at any school in the FL State University System. We would like to acknowledge the following 2010-2011 site supervisors for their service to our students, department, and profession:

## **Port St. Lucie County**

Dr. Renee St. Clair, St. Lucie West Centennial High School  
Nikki Kalvaitis, Treasure Coast High School  
Diane White, Treasure Coast High School

## **Martin County**

David Polak, South Fork High School

## **Palm Beach County**

Dahlia Lessne, Sandpiper Shores Elementary School  
Maudeline Nesbitt, Crosspointe Elementary School  
Jean Redinger, Eagles Landing Middle School

## **Broward County**

Gail Chen-Simmons, Lauderdale Lakes Elementary School  
Andrea Coy, Nova Middle School  
Dr. Ana Leon, Wilton Manors Elementary School  
LaShawn Settles Cypress Elementary School  
Cindy Tabio, Lloyd Estates Elementary School  
Dan Tritto, Coral Glades High School  
Nicole Tufo, Crethaven & Park Springs Elementary School  
Tracey Walton, Pine Crest School & Stranahan High School

## **Miami-Dade County**

Marissa Rocafort, Air Base Elementary School

## **Gwinnett County, GA**

Terri Allen, Annistown Elementary School

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If you or someone you know would like to volunteer to serve as the site supervisor please contact Dr. Greg Brigman, School Counseling Program Coordinator at 772-297-3616 ●

# Department Announcements and Opportunities

## WHEN SHOULD YOU APPLY?

DEGREE PROGRAM	APPLICATION DEADLINE	CANDIDATE INTERVIEWS	NOTIFICATION BEGINS
M.Ed. & Ed.S.	September 15 - For Spring Applicants	Second week in October	November 1
	March 1 - For Fall Applicants	First week in April	April 5
Ph.D.	January - For Fall Admission Only	February 15	March 1

Only completed applications will be considered. A completed application consists of the FAU Graduate School application, official undergraduate and graduate transcripts, GRE scores (taken within the past five years), a personal goal statement, resume and/or essay including volunteer experience related to counseling, and three letters of reference of a professional native, e.g. former professors, employers, colleagues who have direct insight on your academic abilities and professional goals. Visit <http://www.fau.edu/graduate/apply.php> to get started. ●

## Congratulations to our Spring 2011 Graduates!

### *Mental Health Counseling*

Gregory Douglas, M.Ed.  
Noriko Masuyama, M.Ed.  
Wendy Richardson, M.Ed.  
Dana Williams, M.Ed.  
Bradley Zucker, M.Ed.

### *School Counseling*

Tina De La Fe, M.Ed.  
Heather DeSimpelaere, M.Ed.  
Tiara Jones, M.Ed.  
Olivia Lima Aztiazarain, M.Ed.  
April Mincey, M.Ed.  
Dana Schulman, M.Ed.  
Leslie Kandefer, Ed.S.  
Sharon Wladimirski, Ed.S.



The FAU Department of Counselor Education publishes this electronic newsletter. The newsletter is designed to provide information on our degree programs, student and faculty accomplishments, along with scholarship, teaching, and service opportunities.

Mailing Address:  
Florida Atlantic University  
College of Education  
Department of Counselor Education  
777 Glades Road, Building 47, Room 270  
Boca Raton, 33431

Phone: (561)-297-3602  
Fax: (561)-297-2309  
E-mail: [cnslred@fau.edu](mailto:cnslred@fau.edu)  
Website: <http://www.coe.fau.edu/academicdepartments/ce/default.aspx>

Contributors: Dr. Greg Brigman, Dr. Irene Johnson, Dr. William Nicoll, Dr. Elizabeth Villares, Ms. Deena Karch, & Ms. Pamela Spina.

Designed and Edited by Dr. Elizabeth Villares.

### FAU Department of Counselor Education Faculty Members

**Irene H. Johnson, Ph.D.**  
Professor / Boca  
Department Chair  
Phone: 561-297-2136  
E-mail: [ijohnso9@fau.edu](mailto:ijohnso9@fau.edu)

**Greg A. Brigman, Ph.D.**  
Professor / Boca  
School Counseling  
Coordinator  
Phone: 561-297-3616  
E-mail: [gbrigman@fau.edu](mailto:gbrigman@fau.edu)

**Michael Frain, Ph.D.**  
Associate Professor / Boca  
Rehabilitation Counseling  
Coordinator  
Phone: 561-297-3626  
E-mail: [mfrain@fau.edu](mailto:mfrain@fau.edu)

**Jungeun Lee, Ph.D.**  
Visiting Asst. Professor / Boca  
Mental Health Counseling  
Phone: 561-297-2165  
E-mail: [jlee106@fau.edu](mailto:jlee106@fau.edu)

**Marilyn Montgomery, Ph.D.**  
Associate Professor / Boca  
Mental Health Counseling  
Phone: 561-297-2806  
E-mail: [mmontg18@fau.edu](mailto:mmontg18@fau.edu)

**William G. Nicoll, Ph.D.**  
Professor / Treasure Coast  
Mental Health Counseling  
Phone: 772-873-3349  
E-mail: [nicoll@fau.edu](mailto:nicoll@fau.edu)

**Paul R. Peluso, Ph.D.**  
Associate Professor / Boca  
Mental Health Counseling &  
Ph.D. Coordinator  
Phone: 561-297-3625  
E-mail: [ppeluso@fau.edu](mailto:ppeluso@fau.edu)

**Len Sperry, M.D., Ph.D.**  
Professor / Boca  
Mental Health Counseling  
Phone: 561-297-3507  
E-mail: [lsperry@fau.edu](mailto:lsperry@fau.edu)

**Elizabeth Villares, Ph.D.**  
Associate Professor / Jupiter  
School Counseling  
Phone: 561-799-8628  
E-mail: [evillare@fau.edu](mailto:evillare@fau.edu)

**Linda Webb, Ph.D.**  
Associate Professor / Davie  
School Counseling  
Phone: 954-236-1074  
E-mail: [lwebb@fau.edu](mailto:lwebb@fau.edu)



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