

The Chairperson's Welcome

By Dr. Irene Johnson

Fall semester has ended and like each of you, faculty members have concluded a productive semester teaching, consulting, writing grant proposals and publishing additional knowledge to the Counseling profession. The faculty and I welcomed two colleagues, who joined us during the semester, Drs. Marilyn Montgomery and Jungeun Lee. Dr. Montgomery and Dr. Lee are working in the Mental Health Counseling Specialty.

The faculty and I are continuing to develop the department's strategic plan. I initiated an Academic Program review to examine the quality of our program. We will continue these initiatives during the Spring Semester. Spring Semester will also include other exciting activities: Spring Break, ACA Conference (New Orleans), Dissertation Defenses, Doctoral admissions, COE Honors Program, and eventually finals and commencement. Thank you to all of you for a very productive semester! My closing thought to each of you: "Live a good honorable life. Then when you get older, you will be able to look back and enjoy it a second time." Go OWLS! ●



Are you looking for a way to get more engaged with the counseling profession? Chi Sigma Iota is the international honor society for Counselor Education students; its mission is to promote scholarship, research, professionalism, leadership, advocacy, and excellence in counseling. At FAU, the Beta Rho Chi chapter of Chi Sigma Iota will be inviting new members to join this spring. Doctoral students Tony Foster, Janell Leatherman, Ashley Luedke, and Raffaella Peter are assisting Dr. Marilyn Montgomery and Dr. J Lee in cultivating a thriving chapter. To be eligible for membership in this esteemed organization, Counselor Education students must have completed at least one semester of full-time graduate coursework in a counselor education degree program, have earned a grade point average of 3.5 or better on a 4.0 system, and be recommended for membership in CSI by the program faculty. Additionally, students must represent the best about professional counseling by exemplifying professional behavior, ethical judgment, emotional maturity, and a willingness to advocate for wellness and human dignity for all. The Beta Rho Chi chapter is especially interested in qualified members who have an interest in leadership and who want to help bring our chapter to new levels of enthusiastic participation. If this is you, please contact Dr. Montgomery or Dr. Lee. ●

Department of Counselor Education Program News

LIVE TEXT

By Elizabeth Villares

The College of Education has begun requiring students to purchase the LiveText electronic student performance assessment software. LiveText allows students and faculty to assess program standards and provide evidence of your mastery of competencies as you progress through your program of study, track your performance, and comply with program approval and accreditation. Each student is provided with an electronic storage space to manage your external files in one location. Students can easily prepare multiple, customized electronic portfolio to share with their peers, faculty, and prospective employers.

Students may purchase an account directly through www.livetext.com, at any FAU campus bookstore, or for those students using financial aid funds to purchase textbooks can log onto www.shopfau.com. Additional information regarding the College of Education LiveText requirement go to <http://coe.fau.edu/livetext/>. Account subscriptions are valid for a five year period and transferable to other instructions. Training and support is available through the LiveText customer support online at www.livetext.com and by phone 866-548-3839. ♦



Introducing New Faculty

Dr. Marilyn Montgomery joined the FAU faculty this fall. A graduate of the Counselor Education Program at Texas Tech University, Dr. Montgomery taught most recently at Florida International University. Dr. Montgomery's research and counseling interests are at the intersection of counseling and development, and from within a lifespan perspective. "Every child is in the process of growing into an adult and probably a future parent; every adult is who they are because of all that they have experienced before. Each generation creates the context of development for the next—whether for good or ill. So what we as counselors do has ripple effects that go far, and forward in time," says Dr. Montgomery. These days, she is proud that her second book, *Theories of Counseling and Psychotherapy: An Experiential Approach*, is coming out in 2011. ♦



News from the Rehabilitation Counseling Program

The rehabilitation counseling program is happy to announce that all six students who are graduating in the Fall semester of 2010 passed their Certified Rehabilitation Counseling (CRC) exam. This continues FAU's high rate of success on this national certification exam. FAU has a pass rate now of 96%, putting it in the top ten percent of University's in the nation. The national pass rate for the CRC exam in 2009 was 68%. Students were motivated to pass the exam from alumni who gathered with the students for a meet and greet party a week before the exam. FAU rehabilitation alumni from federal, state and private industry were on hand October 4th at the annual event sponsored by the department and rehabilitation program. ♦

Florida School Counseling Association 2010 Conference

November 4 - 6 Fort Lauderdale, Florida

The 2010 Florida School Counseling Association annual conference was held at the Hyatt Regency Pier 66 and was host to school counselors, doctoral students, masters level students, counselor educators, and a wide array of exhibitors and sponsors from across the state of Florida. Drs. Elizabeth Villares and Linda Webb were among the presenters and co-lead topics in two important areas. (1) **Ready For Success: Helping Students in Grades 2-3 Succeed.** Participants learned more about a structured, school counselor led, classroom intervention developed for use with students in grades 2 and 3. RFS is used to support academic and personal growth and help all students become more effective learners. (2) **iCARE for Action Research.** This humanistic model is used to strengthen school counseling programs by developing and implementing action research studies.

Former Ph.D. School Counseling Program Alum, Dr. Ana Leon presented on her **Passport to Peace Program.** This award winning Character Education Program leads students through character traits and facilitates their development as caring, peaceful shareholders in the school and responsible citizens in the world. Presentation included a program overview, giving the participants creative and practical ideas to implement in schools to promote a positive school climate. ◆



Doctoral Research Presentations

An Approach to Addressing Bullying in Schools
By Melissa Mariani

This proposal was accepted for a sixty-minute round table poster presentation at the Florida School Counselor Association's (FSCA) Annual Conference. FSCA had requested proposals that described "effective, solution-focused strategies on the "how to" of school counseling" so I amended my dissertation proposal, "The Effect of Student Participation in Student Success Skills on Pro-social and Bullying Behavior", to better fit this topic, focusing more-so on the rationale and approach than on study design and methodology. My experience in presenting in this type of format, which was definitely less structured and more discussion oriented, was very positive. I was able to meet and engage in meaningful conversation with several school counselors from various settings and grade levels. In doing so, I noticed a sincere interest and concern surrounding the bullying problem in schools and that school counselors in the real-world are seeking programs and strategies that are research-based, time and cost effective, and that can positively affect students across multiple skill sets (socially, emotionally, academically, behaviorally).



The ASCA National Model: A Principal's Perspective

The purpose of this presentation was to give participant's an inside look into implementing the ASCA National Model. The presentation was specifically focused on the principal's perspective of the model and the counselor's role of leadership, collaboration, and student advocacy. The participants had an opportunity to ask specific questions regarding the importance and benefits of delivering a developmental, comprehensive, and data-driven school counseling program as well as obstacles that are faced during program planning and implementation. Time was given to also discuss the Recognized ASCA Model Program (RAMP) designation and application process. Dr. Nancy Lucas, a co-presenter was FSCA's 2000 Site-Based Administrator of the Year. Dr. Lucas provided a unique perspective and challenged counselors to "lead up" by advocating for comprehensive programs that reach every student. Dr. Lucas's former Freedom Shores Elementary School and current Emerald Cove Middle School were both selected as ASCA RAMP Programs. The presentation was also co-lead by school counselors, Janell Leatherman and Melody Hammer. Janell is also a doctoral student in the FAU Counselor Education Department and a former School Counselor of the Year.



Isn't a Sabbatical Really a Vacation from Teaching and University Duties ?

By: Len Sperry, Ph.D., Professor

This was a common question posed to me by students and others when it was announced that I had been awarded a sabbatical for Spring, 2010. The answer is a qualified “no” as will become evident in this brief article. The concept of “sabbatical” is as old as the Hebrew Bible and has acquired multiple meanings over the centuries, although it commonly refers to an extended absence to fulfill some goal, such as writing a book or traveling extensively for research purposes. I heard of sabbaticals during my first academic position when a colleague announced he was going to spend a year in Europe “doing a lot of sight seeing...and some research.” At that time, a sabbatical was essentially a reward for senior faculty who had been at a university for a long time, irrespective of their productivity or sabbatical goals. Today, academic sabbaticals are considerably different. They are granted by a university provost to faculty applicants with consistently high academic in teaching and research performance, who have demonstrated success in previous research, and who propose a well-conceived and promising research proposal that will benefit the university and the profession. At FAU, sabbaticals are only available to tenured faculty, can be applied following seven-year intervals of full-time employment, and, needless to say, are highly competitive. I applied for my 2009-2010 sabbatical in October, 2008 with a four page single spaced application, along with recommendation letters from the department chair and the COE dean.

I proposed four goals or outcomes for the 16 week sabbatical. 1. Complete the draft of Core Competencies in Counseling and Psychotherapy, which is the lead book in the Core Competencies in Psychotherapy Series; 2. Work on the revision of Spirituality in Clinical Practice: Incorporating the Spiritual Dimension in Counseling and Psychotherapy; 3. Identify, contact, meet with, and collaborate with potential authors to develop and submit proposals for other books in the Core Competencies Series; and, 4. Revise MHS 6801 as a competency-based course which involved developing a new design for all MHS practicum and internship experiences and a syllabus and competency based evaluation materials. Interestingly, most of the application was concerned with answering the following question: what is the expected value and outcomes of this proposed sabbatical to the university, to the profession, and to the applicant? Clearly, this reflects FAU's view that sabbaticals are meant to be outcomes-oriented efforts and not vacations. The application was approved by the provost in January, 2009 and I signed a contract that I would complete the specified goals during that time frame and submit a final report at the end of the sabbatical.

I began the sabbatical a year later, and proceeded to complete the stated objectives by mid May of 2010. My only department responsibility during that time frame was to serve on the search committee for a senior faculty. Other than that, my time was focused entirely on the agreed upon tasks. Were it not for the release from teaching responsibilities, preparation time, office hours, advisement, department and college committee responsibilities, and returning phone messages and emails, I would not have been able to focus sufficiently on the agreed upon tasks, nor complete them. Teasingly, a colleague suggested that I would spend a great deal of time sipping a margarita while lounging on the beach. In thinking back on that comment now I realized that I probably didn't even go near the beach that semester. I was incredibly busy, but I did manage to fly out to San Diego to finalize a book proposal and contract with a prospective author. Still, as I reflect on Spring, 2010, with a margarita in hand, the sabbatical was a great experience of renewal and accomplishment, but far from the R & R (rest and relaxation) I associate with vacations.

Dr. Sperry has been a Professor of Mental Health Counseling at FAU since 2003. ●

Department Announcements and Opportunities

WHEN SHOULD YOU APPLY?

DEGREE PROGRAM	APPLICATION DEADLINE	CANDIDATE INTERVIEWS	NOTIFICATION BEGINS
M.Ed. & Ed.S.	September 15 - For Spring Applicants	Second week in October	November 1
	March 1 - For Fall Applicants	First week in April	April 5
Ph.D.	January 15 - For Fall Admission Only	February 15	March 1

Only completed applications will be considered. A completed application consists of the FAU Graduate School application, official undergraduate and graduate transcripts, GRE scores (taken within the past five years), a personal goal statement, resume and/or essay including volunteer experience related to counseling, and three letters of reference of a professional native, e.g. former professors, employers, colleagues who have direct insight on your academic abilities and professional goals. Visit <http://www.fau.edu/graduate/apply.php> to get started. ●

Congratulations to our Fall 2010 Graduates!

Mental Health Counseling

Susan Anstis, M.Ed.
Luciene Ehlert, M.Ed.
Gwen Lamothe, M.Ed.
Amy Lapi, M.Ed.
Debra Randall, M.Ed.
Randi Samuels, M.Ed.

Rehabilitation Counseling

Cl'audia Anthony, M.Ed.
Alexandra Contreras, M.Ed.
Lydia Ghinoo, M.Ed.
John Maloney, M.Ed.
Robert West, M.Ed.



School Counseling

Kalah Fanning, M.Ed.
Angel Guettler, M.Ed.
Arielle Handler, M.Ed.
Shlomit Karasik, Ed.S.
Leslie Kecskes, Ed.S.
Reshma Maharaj-Murray, M.Ed.
Elise Naimo, M.Ed.
Julie Powell, M.Ed.
Melissa Renda, Ed.S.

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The FAU Department of Counselor Education publishes this electronic newsletter. The newsletter is designed to provide information on our degree programs, student and faculty accomplishments, along with scholarship, teaching, and service opportunities.

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Designed and Edited by Dr. Elizabeth Villares.



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