

**Florida Atlantic University**  
**College of Education**  
**Department of Counselor Education**

The following is a list of required textbooks for the courses offered by the Department of Counselor Education. Students should consult the course syllabus for additional recommended textbooks and/or materials.

Course number	Course Title	Required Text
<i>Undergraduate Courses</i>		
<b>RCS 2032</b>	<b>Introduction to Rehabilitation Services</b>	Andrews, J.D. & Faubion, C. W. (2002) <i>Rehabilitation Services: An Introduction for the Human Services Professional</i> , Osage Beach: Aspen Professional Services.
<i>Graduate Courses</i>		
<b>MHS 5005</b>	<b>Processes in Counseling</b>	Sperry, L., Carlson, J., & Kjos, D. (2003). <i>Becoming an effective therapist</i> . Boston, MA: Pearson Education, Inc.
<b>MHS 5422</b>	<b>Play Techniques for Counseling and Adolescents</b>	Kaduson, H., & Schaefer, C., Eds. (2003). 101 more favorite play therapy techniques. Northvale, NJ: Jason Aronson, Inc.
<b>MHS 5428</b>	<b>Counseling Special Needs Populations</b>	<p>Lee, W.L., Blando, J.A., Mizelle, N.D., &amp; Orozco, G.L. (2007). <i>Introduction to multicultural counseling for helping professionals (2nd ed.)</i>. New York, NY: Routledge.</p> <p>Pederson, P. and Carey, J.C. (2003). <i>Multicultural Counseling in Schools</i>. Boston: Allyn and Bacon. (Required for Dr. Nicoll's course)</p> <p>Ponterotto, J.G., Utsey, S.O. and Pedersen, P.B. (2006). <i>Preventing prejudice: A guide for counselors, educators, and parents</i>. Thousand Oaks, CA: Sage Publications.</p> <p>Schmidt, J. (2006) Social and Cultural foundations of counseling and human services. Boston: Allyn &amp; Bacon (required for Dr. Nicoll's course)</p>

<b>MHS 5930</b>	<b>Special Topics: Grief</b>	<p>Kastenbaum, R. (2000). <i>Death, Society and Human Experience</i>, 7<sup>th</sup> Ed. Boston, MA: Allyn &amp; Bacon.</p> <p>Worden, J.W. (2001). <i>Grief Counseling and Grief Therapy</i>” 3<sup>rd</sup> Edition, New York, NY: Springer Publishing Co.</p> <p>Cammarata, D. (2001). <i>Someone I Love Died By Suicide</i>. Grief Guidance, Inc.</p>
<b>MHS 5930</b>	<b>Special Topics: Integrating Technology into School Counseling</b>	<p>Dimmitt, C. L., Carey, J.C. &amp; Hatch, P.A. (2007). <i>Evidence-based school counseling: Making a difference with data-driven practices</i>. Thousand Oaks, CA: Corwin Press.</p>
<b>MHS 6070</b>	<b>Psychopathology in Counseling</b>	<p>American Psychiatric Association (2000). <i>Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision</i>. Washington, DC: American Psychiatric Press.</p> <p>Driscoll, K. et al. (2004). <i>Simple Treatment for Complex Problems</i>. Mahwah, NJ:LEA.</p> <p>Sperry, L. (2003). <i>Handbook of the Diagnosis and Treatment of DSM-IV-TR Personality Disorders, Second Edition</i>. New York: Brunner/Routledge.</p>
<b>MHS 6220</b>	<b>Appraisal and Evaluation in Counseling</b>	<p>Aiken, L.R., &amp; Groth-Marnat, G. (2006). <i>Psychological Testing and Assessment</i> (12<sup>th</sup> Edition). Boston, MA: Allyn &amp; Bacon.</p>
<b>MHS 6340</b>	<b>Career Development</b>	<p>American Psychological Association (2001). <i>Publication manual of the American Psychological Association</i> (5<sup>th</sup> Ed.). Washington, DC: Author.</p> <p>Brown, D. (2007). <i>Career information, career counseling, and career development</i> (9<sup>th</sup> Ed.) Boston, MA: Pearson Education, Inc.</p>
<b>MHS 6401</b>	<b>Counseling Theories and Techniques</b>	<p>Sperry, L., Carlson, J. &amp; Kjos, D. (2003). <i>Becoming an effective therapist</i>. Boston: Allyn &amp; Bacon.</p> <p>Rochlen, Applying Counseling Theories, 1<sup>st</sup> edition, Taylor 0-800584643-3.</p> <p>Driscoll, Simple Treatment for Complex Problem, 1<sup>ST</sup> edition, Taylor, 0-8-0584643-3</p>

<b>MHS 6421</b>	<b>Counseling Children</b>	<p>Brigman, G., Campbell, C. &amp; Webb, L. (2006). <i>Student Success Skills: Group Manual</i>. Boca Raton, FL: Atlantic Consultants.</p> <p>Brigman, G. &amp; Early-Goodman, B. (2008). Group counseling for school counselors, 3<sup>rd</sup> ed.. Portland, ME: J. Weston Walch, Publishers.</p> <p>Vernon, A. (2004). <i>Counseling children &amp; adolescents</i>, 3<sup>rd</sup> ed. Denver, CO: Love Publishing Co.</p>
<b>MHS 6423</b>	<b>Counseling Adolescents</b>	<p>Brigman, G., Campbell, C. &amp; Webb, L. (2008). <i>Student Success Skills: Classroom Manual</i>. Boca Raton, FL: Atlantic Consultants.</p> <p>Shelton, C. &amp; James, E. (2005). Best Practices for Effective Secondary School Counseling. Thousand Oaks, CA: Corwin Press.</p> <p>Vernon, A. (2004). <i>Counseling children &amp; adolescents</i>, 3<sup>rd</sup> ed. Denver, CO: Love Publishing Co.</p>
<b>MHS 6430</b>	<b>Family Counseling</b>	<p>Nichols, M.P., &amp; Schwartz, R. C. (2004). <i>Family therapy concepts and methods</i> (6th ed.). Boston: Pearson.</p> <p>Sperry L., Carlson, J. &amp; Peluso, P. R. (2006). <i>Couples Therapy: Integrating Theory, Research, &amp; Practice (2nd Ed.)</i>. Denver, CO.: Love Publishers.</p> <p><u>For Dr. Nicoll's course:</u> Bitter, J.R.(2008). Theory and Practice of Family Therapy and Counseling: Brooks/Cole.</p>
<b>MHS 6450</b>	<b>Substance Abuse Counseling</b>	<p>Knapp, C. (1997). <i>Drinking: A Love Story</i>. New York: Delta.</p> <p>Smiths, Substance Abuse Counseling, 4<sup>th</sup> Edition, 2009, 978-0-113-240903.</p>
<b>MHS 6470</b>	<b>Counseling and Human Sexuality</b>	<p>Long, L.L, Burnett, J.A. &amp; Thomas, R.V. (2006). Sexuality Counseling: An integrative approach. Upper Saddle River, NJ: Pearson Merrill Prentice-Hall.</p>
<b>MHS 6482</b>	<b>Life Span Development</b>	<p>Berk, L.E. (2007). <i>Development through the lifespan</i> (4<sup>th</sup> ed.). Boston: Allyn &amp; Bacon</p>

<b>MHS 6510</b>	<b>Group Counseling</b>	<p>Gladding, S.T. (2008). <i>Groups: A Counseling Speciality (5<sup>th</sup> Ed.)</i>. Englewood Cliffs, NJ: Prentice Hall.</p> <p>Sonstegard, M.A. &amp; Bitter, J.R. (2004). <i>Adlerian group counseling: Step by Step</i>. New York: Brunner-Routledge.</p> <p>Yalom, I.D. (2005). <i>The Theory and Practice of Group Psychotherapy (5<sup>th</sup> Ed.)</i>. New York, NY: Basic Books</p>
<b>MHS 6600</b>	<b>Consultation and Behavior Management</b>	<p>Albert, L. (2003). <i>Cooperative Discipline</i>. Circle Pines, MN: American Guidance Services.</p> <p>Brigman, G., Mullis, F., Webb, L. and White, J. (2005). <i>School Counselor Consultation: developing skills for working effectively with parents, teachers and other school personnel</i>. Hoboken, NJ: John Wiley &amp; Sons, Inc.</p>
<b>MHS 6700</b>	<b>Legal, Ethical, and Professional Issues in Counseling</b>	<p>Sperry, L. (2006). <i>The Ethical and professional practice of counseling and psychotherapy</i>. Boston: Allyn &amp; Bacon (pre-publication edition available in class)</p> <p>Behnke, S.H., Winick, B.J., The Essentials of Florida Mental Health Law, 2000, Norton W.W. &amp; Co. 97-8039370309-2 (<b>FOR NICOLL CLASS,</b>)</p>
<b>MHS 6701</b>	<b>Issues in Mental Health Counseling Practice</b>	<p>Lock, D. C., Myers, J. E., &amp; Herr, E. L. (2001). <i>The Handbook of Counseling</i>. Thousand Oaks, CA, Sage Publications.</p> <p>A Self-Selected Text from topics provided in first class session (instructor approval required)</p> <p>American Psychological Association. (2001). <i>Publication manual of the American Psychological Association (5th ed.)</i>. Washington, DC: Author.</p>
<b>MHS 6710</b>	<b>Research in Counseling</b>	No textbook required
<b>MHS 6800</b>	<b>Practicum in Counseling</b>	<p>Mental Health - American Psychiatric Association (2000). <i>Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision</i>. Washington, DC: American Psychiatric Press.</p>

		Rehab Counseling – No textbook required
		School Counseling – No textbook required
<b>MHS 6801</b>	<b>Advanced Practicum in Counseling</b>	<p>Driscoll, Simple Treatments for Complex Problems, 4<sup>TH</sup> Ed., Taylor, 978-080584643-0</p> <p>Levenson, Time Limited Dynamic Psychotherapy, 1<sup>st</sup> Ed., Basic Books, 0-465-08651-9</p> <p>Arkowitz, et al. Motivational Interviewing in Treatment of Psychological Problems, 1<sup>st</sup>, 1593855850.</p>
<b>MHS 6830</b>	<b>Internship Mental Health Counseling</b>	No textbook required
<b>MHS 6905</b>	<b>Directed Independent Study</b>	No textbook required
<b>MHS 6930</b>	<b>Professional Seminar</b>	No textbook required
<b>MHS 7222</b>	<b>Appraisal of Children, Adults, Couples, and Families</b>	<p>Hood, A. &amp; Johnson, R. (2002). <i>Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures</i>, Third Edition. Alexandria, VA: American Counseling Association.</p> <p>Sperry, L. (2004). <i>Assessment of Couples and Families: Contemporary and Cutting Edge Strategies</i>. New York: Brunner-Routledge.</p>
<b>MHS 7402</b>	<b>Adv. Counseling Theories: Brief Therapies</b>	Carlson, J. & Sperry, L. (2000). <i>Brief therapy with individuals and couples</i> . Phoenix, AZ: Zeig, Tucker, and Theisen
<b>MHS 7406</b>	<b>Optimal Human Functioning and Development in Counseling</b>	<p>Keyes, C. &amp; Haidt, J. (2003). <i>Flourishing: Positive Psychology and the Life Well-Lived</i>. Washington, DC: American Psychological Association Books</p> <p>Walsh, W. (2003). <i>Counseling Psychology and Optimal Human Functioning</i>. Mahwah, NJ: Lawrence Erlbaum Associates</p>
<b>MHS 7407</b>	<b>Psychotherapy and Illness</b>	<p>Harper, R. (2004). <i>Personality-guided therapy in behavioral medicine</i>. Washington, DC: American Psychological Association (APA Books)</p> <p>Sperry, L. (2006). <i>Psychotherapy with chronic illness: A biopsychosocial therapy approach</i>. Washington, DC: American Psychological Association (APA Books)</p>

<b>MHS 7424</b>	<b>Counseling Interventions with Children and Adolescents</b>	O'Connor, Kevin, J. & Schaefer, C. (Eds) (1994). <i>Handbook of play therapy: Advances and innovations</i> , vol.2. NY: Wiley, John & Sons, Inc. Prout, H. & Brown, D. (Eds.) (1998). <i>Counseling and psychotherapy with children and adolescents: Theory and practice for school and clinical settings</i> . NY: Wiley
<b>MHS 7429</b>	<b>Multicultural, Spiritual, and Professional Issues in Counseling</b>	Locke, D.C., Myers, J.E., & Herr, W.L. (2001). <i>The Handbook of Counseling</i> . Thousand Oaks, CA: Sage Publications.
<b>MHS 7431</b>	<b>Theory, Research, and Interventions with Couples, Families</b>	Carlson, J. & Sperry, L. (Eds.). (1999). <i>The intimate couple</i> . New York: Brunner/Mazel.  Dattilio, F. & Bevilacqua, L. (Eds.) (2000). <i>Comparative Treatments for Relationship Dysfunction</i> . New York: Springer.  Harvey, J. & Wenzel, A. (Eds.) (2002). <i>A Clinician's Guide to Maintaining and Enhancing Close Relationships</i> . Mahwah, NJ: Lawrence Erlbaum & Associates.
<b>MHS 7512</b>	<b>Advanced Group Counseling</b>	Chen, M. & Rybak, C. (2003). <i>Group leadership skill: Interpersonal process in group counseling and therapy</i> . Belmont, CA: Wadsworth  Jacobs, E., Masson, R. & Harvell, R. (2003) <i>Group counseling: Strategies and skills</i> , Fourth edition. Belmont, CA: Wadsworth
<b>MHS 7606</b>	<b>Consultation and Leadership in Counseling</b>	Sperry, L. (2002). <i>Effective leadership: Strategies for maximizing productivity and health</i> . New York: Brunner-Routledge. <b>Recommended book</b>  Sperry, L. (2005). <i>Executive Coaching</i> . New York, NY: Routledge.  Bast, Out of the Box: Coaching w/enneagram, 5 <sup>th</sup> ed., Nascorp S, 978-0-9-7631590-2 Sharpiro, Corporate Confidential, 5 <sup>TH</sup> Ed., MPS, 978-0-3-1233736-0.
<b>MHS 7608</b>	<b>Consultation in School and Community</b>	Posavac, El, and Carey, R. (2003). <i>Program Evaluation: Methods and case studies. Sixth edition</i> . Upper Saddle River, NJ: Prentice Hall

		<p>Addiction Technology Transfer Center (2002). <i>The Change Book: A Blueprint for Technology Transfer</i>, Kansas City, MO: Author</p> <p>Thorton, T., Craft, C., Dahlberg, L., Lynch, B. &amp; Baer, K. (2000). <i>Best practices of youth violence prevention: A sourcebook for community Action</i>. Atlanta: Center for Disease Control and Prevention, National Center for Injury prevention and Control.</p> <p>United States Department of Education. (2000). <i>Safeguarding our children: An action guide</i>. Washington, DC: U.S. Government Printing Office</p>
<b>MHS 7611</b>	<b>Advanced Supervision in Counseling</b>	<p>Falender, C. &amp; Shafranske, E. (2005) <i>Clinical supervision: A competency based approach</i> Washington, DC: APA Books</p> <p>Bain, K. (2004) <i>What the best college teachers do?</i> Boston: Harvard University Press</p>
<b>MHS 7714</b>	<b>Outcomes Assessment and Evaluation in Counseling</b>	Hood, A. B. & Johnson, R. W. (2007). <i>Assessment in counseling: A guide to the use of psychological assessment procedures</i> . Alexandria, VA: ACA
<b>MHS 7730</b>	<b>Advanced Research in Counseling</b>	Pan, M. L. (2008). <i>Preparing literature reviews: Qualitative and quantitative approaches (3<sup>rd</sup> ed)</i> . Glendale, CA: Pyczak Publishing
<b>MHS 7905</b>	<b>Directed Independent Study</b>	No textbook required
<b>MHS 7930</b>	<b>Special Topics: Adlerian Theory and Practice</b>	<p>Carlson, J., Watts, R. E., &amp; Maniaci, M. (2006). <i>Adlerian therapy: Theory and practice</i>. Washington, DC: American Psychological Association.</p> <p>Slavik, S. &amp; Carlson, J. (2006) <i>Readings in the Theory of Individual Psychology</i>. New York: Routledge.</p>
<b>MHS 7940</b>	<b>Practicum in Supervision</b>	<p>Ladany, N., Friedlander, M. &amp; Nelson, M. (2005). <i>Critical events in psychotherapy supervision: An interpersonal approach</i>. Washington, DC: APA Books</p> <p>Falvey, J. (2002). <i>Managing clinical supervision: Ethical practice and legal risk management</i>. Pacific Grove, CA: Brooks/Cole</p>

<b>MHS 7945</b>	<b>Internship</b>	No textbook required
<b>MHS 7978</b>	<b>Dissertation Seminar</b>	Creswell, J. W. (2003). <i>Research design: Qualitative, quantitative, and mixed methods approaches</i> . Thousand Oaks, CA: Sage Publications Glatthorn, A.A. (1998). <i>Writing the winning dissertation: A step-by-step guide</i> . Thousand Oaks, CA: Sage Publications
<b>MHS 7980</b>	<b>Dissertation</b>	No textbook required
<b>RCS 5930</b>	<b>Special Topics</b>	No textbook required
<b>RCS 6031</b>	<b>Foundations of Rehabilitation Counseling</b>	Parker, R. M. & Szymanski, E. M. (Eds.) (2006) <i>Rehabilitation counseling: Basics and beyond</i> . New York: Springer Publishing.
<b>RCS 6080</b>	<b>Medical and Psychosocial Aspects of Disability</b>	Falvo, D. R. (2005). <i>Medical and psycho-social aspects of chronic illness and disability</i> (3 <sup>rd</sup> ed.). Sudbury, MA: Jones & Bartlett Publishers, Inc
<b>RCS 6259</b>	<b>Assistive Technology in Rehabilitation</b>	No textbook required
<b>RCS 6320</b>	<b>Occupational Information and Job Placement</b>	Szymanski & Parker (2003). <i>Work and Disability</i> . Pro-ed
<b>RCS 6644</b>	<b>Case Management in Vocational Rehabilitation</b>	Chan, F., Leahy, M.J. & Saunders, J.L. (Ed., 2005). <i>Case management for rehabilitation health professionals, Vol. 1 &amp; 2</i> . Osage Beach, MO: Aspen Professional Services.
<b>RCS 6801</b>	<b>Rehabilitation Counseling Practicum</b>	No textbook required
<b>RCS 6805</b>	<b>Advanced Practicum in Rehabilitation</b>	No textbook required
<b>RCS 6825</b>	<b>Rehabilitation Counseling Internship</b>	No textbook required
<b>SDS 5010</b>	<b>Fundamentals of School Guidance</b>	American School Counselor Association (2005). <i>The ASCA National Model Workbook</i> . Alexandria, VA: Author.  Brigman, G. (2005). <i>Fundamentals of School Counseling Resource Packet</i> (see Dr. Brigman's faculty webpage)  Brigman, G. & Early-Goodman, B. (2008). <i>Group counseling for school counselors</i> , 3 <sup>rd</sup> ed. Portland, ME: J. Weston Walch, Publishers.

		Myrick, R. (2003). <i>Developmental Guidance &amp; Counseling: A Practical Approach</i> . 4th ed. Minneapolis, MN: Educational Media.
<b>SDS 6426</b>	<b>Guidance and Counseling of Gifted Students</b>	<p>Delisle, J. &amp; Galbraith, J. (2002). <i>When gifted kids don't have all the answers: How to meet their social and emotional needs</i>. Minneapolis, MN: Free Spirit Publishing, Inc.</p> <p>Neihart, M., Reis, S., Robinson, N., and Moon, S. (Eds.) (2002). <i>The social and emotional development of gifted children: What do we know?</i> Waco, TX: Prufrock Press, Inc.</p>
<b>SDS 6820</b>	<b>Internship-Counselor Education</b>	No textbook required