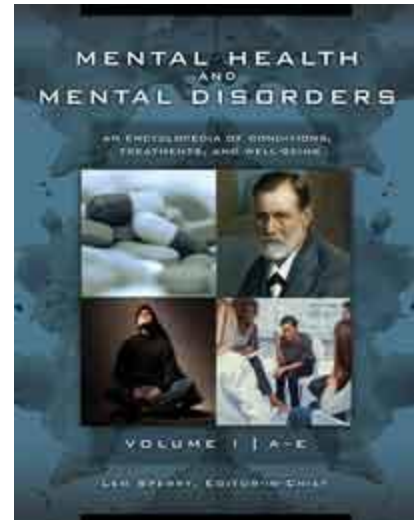


Mental Health and Mental Disorders: An Encyclopedia of Conditions, Treatments, and Well-Being (3 volumes)

Available for purchase on the website for [ABC-CLIO Greenwood](http://www.abc-clio.com)

This three-volume ready-reference encyclopedia was published on December 31, 2015 by Greenwood Publishers, an imprint of ABC/CLIO which publishes encyclopedia and reference books. What is particularly unique about this publication is that it is the collaborative work of 11 graduates of the Department of Counselor Education at Florida Atlantic University and one its professors, Len Sperry, MD, PhD. who served as its editor-in-chief.



The Department of Counselor Education at Florida Atlantic University (FAU) has a long tradition of mentoring and collaboration on professional projects involving faculty and graduate students in all three tracks, clinical mental health counseling, school counseling, and clinical rehabilitation counseling. These projects have included state, national, and international presentations, articles, and book chapters. The publication of *Mental Health and Mental Disorders* takes this collaboration to the next level. It involved the efforts of 9 doctoral graduates, 2 masters' graduates and a current PhD student. This 3 year project mentored these individuals in the art of scientific writing and professional publishing. It involved considerable planning, multiple team meetings, many drafts, and a considerable new learning.

Mental Health and Mental Disorders: An Encyclopedia of Conditions, Treatments, and Well-Being is a three-volume ready-reference encyclopedia that provides an integral introduction to the fields of mental health and mental disorders that is written specifically for students and interested lay readers. Covering the full continuum of mental health, the set describes typical functioning, including biology and neurology of the brain, emotions, and the traits and characteristics of mental well-being. It also addresses mental disorders and conditions, from obsessive compulsive disorder (OCD) and post-traumatic stress disorder (PTSD) to phobias and schizophrenia. It highlights important concepts and phenomena, key individuals, treatment techniques, professional organizations, and diagnostic tools to give readers a complete view of this broad field of study. It also investigates all sides of wellness, exploring what it means to be "normal" and consistently identifying the links between lifestyle and mental health. The encyclopedia addresses the various disorders classified in the new edition of the APA Diagnostic and Statistical Manual, DSM-5.

The associate editors are Alexandra Cunningham, Ph.D., Melissa A. Mariani, Ph.D., Mindy Parsons, Ph.D., and Steven R. Vensel, Ph.D. Contributors include Elizabeth Smith Kelsey, Ph.D., Jon Sperry, Ph.D., Ashley J. Luedke, Ph.D., Christina Ladd, Ph.D., Layven Reguero, M.Ed., Jeremy Connelly, M.Ed., and George Stoupas, Ph.D. candidate. Since it involved so many graduates, some have referred to it as the *FAU Encyclopedia*.

Collaboration in this FAU department has also included extensive faculty-faculty collaboration on research projects, articles, book chapters, and books. For instance, Sperry previously edited the *Ethical and Professional Practice of Counseling and Psychotherapy* (Pearson–Allyn & Bacon) which involved several Counselor Education department faculty.