

Policy Name:	Informed Consent
Date Modified:	7/2015
Date Approved:	7/2015

## Informed Consent Policy

### Policy:

- a. In accordance with APA ethical standards, informed consent should be obtained concerning:
  - i. Confidentiality and its Limits  
Clients indicate their understanding of the limits of confidentiality by providing their signature on the Informed Consent (Appendix) form.
  - ii. Recording of Sessions
    - 1) 1) Before a session is recorded, clients must sign the Consent for Recording (Appendix C) form.
  - iii. Status of the Counselors
    - 1) Therapists are responsible for accurately describing their status. Interns, externs, and practicum counselors must identify themselves as such and identify their discipline (psychology, social work, or mental health counseling).
    - 2) Interns, externs, practicum students, and non-licensed staff members are required to inform clients using any services, that their work is supervised and to state the name of their supervisor.
    - 3) All providers who are under supervision are required to inform the clients of the supervisory relationship by utilizing the *Supervision Acknowledgement* form (Appendix C). This form will be updated with each client every time supervisors change.
  - iv. Nature and Course of Therapy
    - 1) Clients may request a copy *Informed Consent* that describes the general nature and course of counseling.
  - v. All Research
    - 1) All research being conducted is required to have separate Informed Consent and IRB approval documents for each project.