TIPS FOR READING COLLEGE TEXTS

BREAK DOWN larger readings

Be honest with yourself and your reading span. Can you read for hours at a time or do you pay better attention in short bursts? Your reading attention span may fluctuate depending on the subject and type of book.

PREPARE for reading

Review your assignments or syllabus to see what is most important. Review headers and questions at the end of each chapter. Develop YOUR questions and answer them as you read.

Be an ACTIVE reader

Pair your reading with another method to help you retain what you're reading. Try annotating the page by highlighting, circling, underlining, and writing specific things to come back to in the margins. Try creating an outline or concept map of the material!

EVALUATE after you read

Take notes on key concepts and ideas. Evaluate your readings by summarizing ideas in your own words, listing important topics/ideas, explaining (out loud) what you read, and looking back at the reading to solidify key concepts.

Use the INFORMATION

Relate the information in your readings to what you already know. Organize concepts to have them make sense to your learning style and perspective. Personalize it as much as you can! Come up with examples from your life that will help you remember.

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