



September 2018

FAU CAMPUS RECREATION BROWARD CAMPUSES

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	27 Circuit Training 12:30 -1 pm Campus Rec Kickboxing 5-6pm LA Breezeway	28 Cardio Sculpt 12- 12:30pm Campus Rec Circuit Training 5:15-6:15pm Campus Rec	29 Welcome Back Bash 12- 2pm Diversity Way Circuit Training 5-6pm Campus Rec Reggae Fit 6-7pm SD 105	30 Zumba 12-12:45pm SD 105 Circuit Training 5:15-6:15pm Campus Rec	31	1
CLOSED	2 3 Adjusted Hours: 9am-2pm No Group Fitness Classes	4 Cardio Sculpt 12- 12:30pm Campus Rec Circuit Training 5:15-6:15pm Campus Rec Yoga 6-7pm ES 122	5 Cardio Sculpt 12- 12:45pm Campus Rec Circuit Training 5-6pm Campus Rec Reggae Fit 6-7pm ES 119	6 Zumba 12-12:45pm SD 105 Circuit Training 5:15-6:15pm Campus Rec	7 Yoga 12:30-1:15pm ES 119	8
CLOSED	9 10 Circuit Training 12:30-1pm Campus Rec Kickboxing 5-6pm SD 105	11 Cardio Sculpt 12- 12:30pm Campus Rec Circuit Training 5:15-6:15pm Campus Rec Yoga 6-7pm SD 105	12 Zensational 12-2pm Diversity Way Circuit Training 5-6pm Campus Rec Reggae Fit 6-7pm SD 105	13 Zumba 12-12:45pm SD 105 Circuit Training 5:15-6:15pm Campus Rec	14 Yoga 12:30-1:15pm ES 119	15
CLOSED	16 17 Circuit Training 12:30-1pm Campus Rec Kickboxing 5-6pm SD 105	18 Cardio Sculpt 12- 12:30pm Campus Rec Circuit Training 5:15-6:15pm Campus Rec Yoga 6-7pm SD 105	19 Cardio Sculpt 12- 12:45pm Campus Rec Circuit Training 5-6pm Campus Rec Reggae Fit 6-7pm ES 119	20 Zumba 12-12:45pm LA Breezeway Circuit Training 5:15-6:15pm Campus Rec	21 Yoga 12:30-1:15pm ES 119	22
CLOSED	23 24 Circuit Training 12:30-1pm Campus Rec Kickboxing 5-6pm LA Breezeway	25 Cardio Sculpt 12- 12:30pm Campus Rec Circuit Training 5:15-6:15pm Campus Rec Yoga 6-7pm ES 122	26 Cardio Sculpt 12- 12:45pm Campus Rec Circuit Training 5-6pm Campus Rec Reggae Fit 6-7pm ES 119	27 Zumba 12-12:45pm LA Breezeway Circuit Training 5:15-6:15pm Campus Rec	28 Yoga 12:30-1:15pm SD 105	29

Gym Hours: MON - THR 7 a.m. - 8 p.m. | FRI 7 a.m. - 5 p.m. | SAT 9 a.m. – 2 p.m. | SUN Closed