



July 2019

FAU CAMPUS RECREATION BROWARD CAMPUSES

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 CLOSED	1 Cardio Sculpt Noon - 12:30pm Campus Rec Kickboxing 5 – 6pm SD 105	2 Circuit Training 5:30 - 6:30pm Campus Rec	3 Cardio Sculpt 11:45 - 12:15pm Campus Rec Reggae Fit 5:30 – 6:30pm LA Breezeway	4 Closed Independence Day	5	6
7 CLOSED	8 Cardio Sculpt Noon - 12:30pm Campus Rec Kickboxing 5 – 6pm SD 105	9 Circuit Training 5:30 - 6:30pm Campus Rec	10 Cardio Sculpt 11:45 - 12:15pm Campus Rec Reggae Fit 5:30 – 6:30pm LA Breezeway	11 Yoga 5:30 – 6:30pm ES 106	12	13
14 CLOSED	15 Cardio Sculpt Noon - 12:30pm Campus Rec Kickboxing 5 – 6pm SD 105	16 Circuit Training 5:30 - 6:30pm Campus Rec	17 Cardio Sculpt 11:45 - 12:15pm Campus Rec Reggae Fit 5:30 – 6:30pm SD 105	18 Yoga 5:30 – 6:30pm SD 105	19	20
21 CLOSED	22 Cardio Sculpt Noon - 12:30pm Campus Rec Kickboxing 5 – 6pm SD 105	23 Circuit Training 5:30 - 6:30pm Campus Rec	24 Cardio Sculpt 11:45 - 12:15pm Campus Rec Reggae Fit 5:30 – 6:30pm SD 105	25 Yoga 5:30 – 6:30pm ES 106	26	27
28 CLOSED	29 Cardio Sculpt Noon - 12:30pm Campus Rec Kickboxing 5 – 6pm LA Breezeway	30 Circuit Training 5:30 - 6:30pm Campus Rec	31 Cardio Sculpt 11:45 - 12:15pm Campus Rec Reggae Fit 5:30 – 6:30pm LA Breezeway	1 Yoga 5:30 – 6:30pm ES 106	<div>Classes with an asterisk (*) will need advanced registration for the class. You can sign up at the Campus Rec Facility starting a week prior and up until 2 hours before the class starts.</div>	

Gym Hours: MON - THR 8 a.m. - 7 p.m. | FRI 8 a.m. - 5 p.m. | SAT 9 a.m. – 2 p.m. | SUN Closed