







## **IMPORTANT DETAILS**

- Every participant must sign an **Informed Consent/Release of Liability**.

  A parent or legal guardian must sign the form for any participant under 18.
- All participants are required to **wear closed-toed shoes** (no crocs, flip flops, etc.)
- Participants should come dressed comfortably in clothes that allow plenty of movement for moderate physical activity. No loose jewelry (including watches, earrings, necklaces). No large or ornamental belt buckles.
- Participants must be at least 10 years old to participate.
- Participants who are **pregnant** will not be allowed to participate in any climbing elements.
- No one under the influence of alcohol, illegal drugs, or impairing legal drugs will be allowed to participate. FAU reserves the right to request a participant under the influence of drugs or alcohol to cease participation and leave the premises.
- Challenge Course Staff may be able to accommodate individuals with special challenges. If anyone in your group has a specific limitation that might interfere with their ability to participate, please contact program staff in advance.
- FAU Campus Recreation reserves the right to limit participation in its programs based on medical, safety, or other reasons.
- Participants must abide by all Challenge Course Staff directions and follow all
  established safety procedures and spotting regulations. Failure to do so may be
  cause to modify or cancel the event.
- No chewing gum, candy, chewing tobacco, or smoking is allowed.
- Keep off elements until instructed by Challenge Course Staff. Use elements only with approved spotters and safety systems.
- All programs with participants **under the age of 18 years old** must provide a responsible adult during the program.

## RECOMMENDED ITEMS

- Water
- Snacks or meals are the responsibility of the group unless otherwise agreed
- Sunscreen, hat, sunglasses
- Small backpack to hold possessions
- Rain gear Even if rain is not expected
- Any needed medications (Please inform Challenge Course Staff)

## **PARKING**

- FAU charges \$2 for a one day parking permit. We will provide one complimentary parking permit for every four participants. Any additional permits are the responsibility of the group and can be purchased online in advance at www.fau.edu/parking.
- Please park in **LOT 12** in designated spaces and make sure your permit is displayed as instructed on the permit.
- To avoid a ticket, park your vehicle head in **Do not back into spaces**.