

GROUP FITNESS

(MONDAY)	(TUESDAY)	(WEDNESDAY)	(THURSDAY)	(FRIDAY)
<div>SUNRISE BOOTCAMP 6:30 A.M. 50 MIN Karla</div>	<div>CYCLE 6:30 A.M. 45 MIN Brittany</div>	<div>HIIT & CORE 6:30 A.M. 50 MIN Kelly</div>		
			<div>YOGA 7:30 A.M. 60 MIN Kristen</div>	
		<div>YOGA 9 A.M. 60 MIN Kristen</div>		
<div>STRENGTH 11 A.M. 50 MIN Damien</div>		<div>CYCLE 11 A.M. 45 MIN Brittany</div>	<div>HIIT & CORE 11 A.M. 50 MIN Ashley</div>	<div>YOGA 11 A.M. 50 MIN Erika</div>
<div>YOGA NOON 60 MIN Christine</div>	<div>STRONG ZUMBA NOON 50 MIN Jamie</div>	<div>STRENGTH NOON 50 MIN Damien</div>	<div>YOGA NOON 60 MIN Kristen</div>	<div>TRX NOON 50 MIN Ashley</div>
<div>PILATES 4 P.M. 50 MIN Anne</div>	<div>HIIT & CORE 4 P.M. 50 MIN Kelly</div>	<div>DANCE FUSION 4 P.M. 50 MIN GiGi</div>	<div>CYCLE & CORE 4 P.M. 50 MIN Nicole/Lindsay</div>	<div>GENTLE YOGA 4 P.M. 60 MIN Erika</div>
<div>TRX 5 P.M. 50 MIN Nicole</div>	<div>ZUMBA 5 P.M. 50 MIN Jamie</div>	<div>YOGA 5 P.M. 50 MIN Daniela</div>	<div>TRX 5 P.M. 50 MIN Lindsay</div>	
<div>CYCLE 5:15 P.M. 45 MIN Karla</div>			<div>CYCLE 5:15 P.M. 45 MIN Katie</div>	
	<div>CYCLE 5:45 P.M. 45 MIN Kelly</div>	<div>BOOTCAMP 5:45 P.M. 50 MIN DJ</div>	<div>BOOTCAMP 5:45 P.M. 50 MIN Karla</div>	
<div>POWER KICKBOXING 6 P.M. 50 MIN Brittany</div>	<div>STRENGTH 6 P.M. 50 MIN Ashley</div>	<div>HIIT & CORE 6 P.M. 50 MIN Katie</div>	<div>YOGA 6 P.M. 50 MIN Stacey</div>	
	<div>BOOTCAMP 6:15 P.M. 50 MIN Damien</div>			
<div>YOGA 7 P.M. 55 MIN Rita</div>	<div>YOGA 7 P.M. 55 MIN Rita</div>	<div>CYCLE 7 P.M. 45 MIN Katie</div>	<div>ZUMBA 7 P.M. 50 MIN Karla</div>	

For more information please contact:
FAU Campus Recreation
Web: fau.edu/campusrec
Phone: 561-297-4512
Social Media: @FAUCampusRec

SCHEDULE DATES:
SUMMER 2 JUNE 26 – AUGUST 4
NO CLASSES ON
UNIVERSITY HOLIDAYS

