

FLORIDA ATLANTIC UNIVERSITY

# DAVIE CAMPUS GROUP FITNESS SCHEDULE

SPRING JAN. 15 - APRIL. 20

	12:30 - 1 p.m.	5 - 6 p.m.	5:30 - 6 p.m.	6 - 7 p.m.	6:30 - 7:30 p.m.
MON	Cardio Sculpt SD 105/LA Breezeway	Kickboxing SD 105/LA Breezeway			
TUES		Weight Training for Men Campus Recreation Facility	Dance Flow SD 105/LA Breezeway	Yoga SD 105/Diversity Way	
WED	Cardio Kickboxing SD 105/LA Breezeway	Circuit Training SD 105/Campus Recreation Facility			Reggae Fit SD 105/LA Breezeway
THURS		Weight Training for Women Campus Recreation Facility		Yoga SD 105/Diversity Way	
FRI	ZUMBA SD 105/LA Breezeway				

Reasonable accommodation should be requested of the event sponsor: Christina Ustiak at [custiak@fau.edu](mailto:custiak@fau.edu) or TTY Relay Station 1-800-955-8770. Please make your needs known as soon as possible to allow sufficient time for effective accommodations, preferably 5 days before the date of this event.

For more information please call 954-236-1018

