

GROUP FITNESS SCHEDULE

SUMMER
2018

May 21 – Aug. 3

MONDAY

12:30 – 1 p.m.
Yoga
with Paty

5:30 – 6:30 p.m.
Yoga
with Paty

TUESDAY

Noon – 12:30 p.m.
Circuit Training
with Christina

5:15 – 6:30 p.m.
Circuit Training
with Gio

WEDNESDAY

Noon – 12:45 p.m.
Circuit Training
with Lia

5:30 – 6:30 p.m.
Yoga
with Paty

THURSDAY

Noon – 12:45 p.m.
Reggae Fit-Camp
with Stefan

5:15 – 6 p.m.
Circuit Training
with Gio

Gym access and classes are FREE for Students.
For more membership info, call 954.236.1018

Facility Hours

Mon – Thu: 7:30 a.m. – 7:30 p.m. • Fri: 7:30 a.m. – 5:30 p.m.
Sat: 9 a.m. – 2 p.m. • Sun: Closed

FAU CAMPUS RECREATION

Division of Student Affairs
Florida Atlantic University