

## **FAU Broward Campus Recreation**

### **Group Fitness Classes**

**Fall Semester 2016**

<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>EVENT</b>	<b>CAMPUS/ROOM</b>
8/29/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
8/29/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
8/30/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
8/31/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
8/31/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/1/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/1/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
9/6/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
9/6/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Yoga	Ft. Lauderdale/AT 724
9/7/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
9/7/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/8/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/8/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
9/12/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
9/12/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
9/12/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/13/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
9/14/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
9/14/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/15/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/15/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium

9/19/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
9/19/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
9/19/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/20/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
9/21/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
9/21/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/22/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/22/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
9/26/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
9/26/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
9/26/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/27/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
9/28/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
9/28/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
9/29/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
9/29/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD-105
10/3/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
10/3/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
10/3/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/4/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
10/5/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
10/5/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/6/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD-105
10/6/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
10/10/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
10/10/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
10/10/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/11/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way

10/12/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
10/12/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/13/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/13/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
10/17/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
10/17/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
10/17/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/18/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
10/19/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
10/19/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/20/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/20/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
10/24/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
10/24/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
10/24/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/25/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
10/26/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
10/26/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/27/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
10/27/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
10/31/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
10/31/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
10/31/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/1/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
11/2/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
11/2/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/3/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/3/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium

11/7/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
11/7/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
11/7/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/8/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
11/9/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
11/9/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/10/2016	Thursday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/10/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
11/14/2016	Monday	1:00 p.m. - 2:00 p.m.	Yoga	Ft. Lauderdale/AT 724
11/14/2016	Monday	5:00 p.m. - 6:00 p.m.	Kickboxing	Davie/SD 105
11/14/2016	Monday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/15/2016	Tuesday	5:00 p.m. - 6:00 p.m.	Core Blast	Davie/Diversity Way
11/16/2016	Wednesday	5:00 p.m. - 6:00 p.m.	Interval Fusion	Davie/Diversity Way
11/16/2016	Wednesday	6:00 p.m. - 7:00 p.m.	Yoga	Davie/SD 105
11/17/2016	Thursday	11:30 a.m.-12:30 p.m.	Yoga	SeaTech/Auditorium
12/1/2016	Thursday	6:00 p.m. - 7:00 p.m.	De-Stress Yoga	Davie/SD 105