



Camp Owls Expedition Packet

Welcome! We are excited you have decided to go on Camp Owls: The Expedition. You will be a crew member with fellow FAU students as you canoe along the Suwannee River in Northern Florida. “Crew” means contributing to your group in ways that lead to success. This is referred to as good Expedition Behavior (EB). You’ll get a chance to lead the crew, cook, navigate, and much more. At the end of the trip there will be a day of service at a local park as a way to give back to the area.

Your Camp Owls Student Staff will be contacting you closer to the trip to answer any questions you may have about gear, itinerary, and expectations. Registration for this trip does include a backpack, sleeping bag, and sleeping pad. Please let us know if you’ll be bringing your own.

Included in this packet:

- Participant Expectations*
- Photo Release*
- Packing/Gear List
- Trip Waiver*
- Medical Form*
- Itinerary

**These forms need to be completed and returned to Campus Recreation no later than a week before your trip.*

Congratulations on deciding to challenge yourself and expand your horizons in preparation for your time at FAU!

Now, let’s TAKE FLIGHT!

Sarah Canatsey
Assistant Director, Outdoor Adventures

Emily Mille, ‘17
Student Manager

Youkendy Mera, ‘17
Student Manager



Camp Owls

Participant Expectations

To ensure the safety and enjoyment of everyone in your group, we ask that the following expectations are understood and followed. Please review, sign, and return a copy of this form with your medical form and waiver. Remember that you are considered a student on these trips and are subject to any disciplinary action through the Dean's office for infractions of the Student Code of Conduct.

Feet Safety: One of our most valuable assets are our feet. Whether you are hiking, walking around camp, or in the waters there are dangers you need to be aware of that could ruin your trip experience. Glass, rocks, oysters, and shells are just some of these hazards. Because of this we will ask that you ALWAYS wear shoes when you are walking on the ground or in the water.

Technology: We spend our daily lives "plugged in" as we are constantly bombarded with requests that take us away from being present. Take this opportunity to disconnect and practice being present with those around you. We understand that many people use their phones as their alarm clock and camera. Please plan to bring a camera if you want pictures and we'll make sure you don't oversleep!

Drugs, Alcohol, and Tobacco: None of these items will be allowed on the trip. Beyond the obvious reasons why these aren't allowed, being an active member of a group requires you to be fully engaged in activities with full mental capabilities.

Leave No Trace (LNT): LNT is a set of principles that guide an outdoor ethic. The areas we frequent will only be accessible for future trips and generations if we help to take care of them. We may ask you to do, or not do, certain things in order to follow these principles. www.lnt.org

Inclusion/Diversity: Good expedition behavior takes participation of the whole crew. Alienating crew members through coarse language, inappropriate jokes, and degrading names does not help foster an emotionally safe environment. Please be kind to others through your words and actions. As Thumper would say, "If you don't have anything nice to say, don't say anything at all."



Crew, Not Passengers: You'll hear us refer to your group as a crew. This is very different than being a passenger. You will be expected to contribute to the daily chores (cooking, cleaning, etc) and offer your help for the success of the whole group. Many times we lose awareness of the needs around us; use this experience to connect back.

I, _____, have read and understand the Camp Owls expectations. I understand these are all part of being a part of a community focused on the emotional and physical safety of everyone. I am ready to commit to following these expectations and holding my fellow group members to them as well.

Name (Printed)

Signature

Date



Photo/Video Release Form

I hereby give permission for the name, likeness and biographical material of the participant listed below to be used solely for the purposes of Florida Atlantic University-related promotional material and publications and waive any rights to compensation or ownership thereto.

____ Student ____ Faculty ____ Staff ____ Other

Name of Participant (please print): _____

Address: _____

City: _____ State: _____ Zip _____

Participant's Signature: _____ Date: _____

Phone number: _____ Email: _____

Marketing and Creative Services

777 Glades Road, Boca Raton, FL 33431-0991

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Print Name: _____

Trip Name: _____

Outdoor Adventures

Participant Information

Medical and Waiver Form

PART 1 GENERAL INFORMATION

PARTICIPANT	Address: _____
Legal Name: _____	_____ APT# _____
Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	City _____ State _____ Zip _____
Z number: _____	Cell Phone #: _____
	E-mail: _____
EMERGENCY CONTACT	Daytime Phone #: _____
Name: _____	Evening Phone #: _____
Relationship: _____	Cell Phone #: _____
E-mail: _____	
INSURANCE INFORMATION	If you do not have health insurance, please complete the No Insurance Addendum.
Insurance Company: _____	Policy/Certificate # _____
Prescription Plan #: _____	Group # _____

PART 2 HISTORY: PAST AND PRESENT MEDICAL INFORMATION

A. Allergies- Including allergies to medications, foods, insect bites/stings

Allergy List Below	Reaction	Medication Required

B. Medications You Are Currently Taking- List any you are taking including over the counter, prescription, inhalers, herbal, etc.

Medications	Dose	Taken For	Current Side Effects

C. Dietary Restrictions

Vegan	<input type="checkbox"/> yes <input type="checkbox"/> no	Kosher	<input type="checkbox"/> yes <input type="checkbox"/> no
Vegetarian	<input type="checkbox"/> yes <input type="checkbox"/> no	Other:	
Gluten Free	<input type="checkbox"/> yes <input type="checkbox"/> no		

Print Name: _____

Trip Name: _____

D. Conditions:

Have you experienced an asthma attack at any time in your life?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you ever been diagnosed with type I or type II diabetes?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you ever visited a medical professional for a serious allergic reaction, or have you ever been given a shot of epinephrine for an allergy or anaphylaxis?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you ever received medical treatment for angina, a heart attack, any type of heart disorder/disease, or high blood pressure?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you ever seen a medical professional following a seizure, or are you currently being treated for any type of seizure disorder?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you had broken bones or joint injuries that cause recurring problems?	<input type="checkbox"/> yes <input type="checkbox"/> no
Are you currently pregnant?	<input type="checkbox"/> yes <input type="checkbox"/> no
Have you been diagnosed with any other medical condition that FAU's Outdoor Adventures staff members should be aware of?	<input type="checkbox"/> yes <input type="checkbox"/> no
If you checked "YES" to any question above, please provide additional information in this space:	
<i>FAU Outdoor Adventures reserves the right to require evaluation and release from a qualified physician prior to your participation in any activities.</i>	

E. Signature- Information provided on this form will only be shared with necessary staff, including but not limited to Camp Owls Trip Leaders, and by signing below you are authorizing disclosure of the information provided to necessary staff prior to your participation in any Campus Recreation events. Failure to disclose information or providing inaccurate medical information could result in serious harm to you.

By signing this document I hereby give permission for FAU Campus Recreation to provide this form to necessary FAU staff, as well as any professional medical provider or emergency response personnel in the event of an accident/injury. In the event of an emergency, I hereby consent to any necessary treatment as determined by a qualified medical professional or emergency first responder for all emergency anesthesia, operation, hospitalization or other treatment that may be, in the judgment of the health care provider, necessary. And I agree to be responsible for the costs associated with any medical treatment. I certify that this medical record is complete and accurate to the best of my knowledge and that I have made no attempt to conceal information.

Participant' Signature

Date

Parent/Guardian Signature (if under 18)

Print Name: _____

Trip Name: _____

Student Travel Code of Conduct

The following policy applies to all persons traveling to meetings, conferences, retreats, athletic events, humanitarian or community service missions, or other travel activities (referred to herein as “trips”) using Florida Atlantic University funds or as a member of an FAU recognized student organization. This policy applies whether this travel is within the counties served by FAU or to an external destination. Individuals not signing this policy will not be approved for travel.

The Division of Student Affairs stresses the importance of individual and student organization responsibility pertaining to the use of alcohol/drugs. Neither alcoholic beverages nor non-prescription drugs may be transported or consumed during trips. The use of alcohol/drugs during trips will not be tolerated.

In addition, the sponsoring student organization and individuals will be held responsible for their actions during their travels. Abuse of alcohol/drugs or other irresponsible behavior can adversely affect the status of the organization and student status for future travel plans when these lapses in judgment are foreseeable and preventable by the officers and others attending the event. The Division of Student Affairs expects such situations to be reported to the student organization advisor and Dean of Students Office immediately.

I understand that when I travel using Florida Atlantic University funds or as a member of an FAU recognized student organization, I may be spending student or university funds entrusted to the Division of Student Affairs, Student Government, and student organizations. I accept the responsibility to be a good steward of those funds. I also understand that I will be viewed as a representative of Florida Atlantic University, and that my behavior will reflect upon the entire University. I accept the responsibility of being a positive representative of the University.

In light of these responsibilities, I agree to abide by the following policies:

- I will be familiar with and obey any and all of the rules established for the trip, including the FAU Student Code of Conduct (Regulations 4.007), as well as all professional and behavioral standards of my college or academic program. I will obey all applicable laws, including those that relate to alcohol consumption and illegal drug use and drug-related activities, as further described in Regulation 4.007.
- I will attend all scheduled meetings, conference sessions, and activities related to the travel. I understand that failure to participate in the trip due to last minute cancellations may result in me having to repay all travel expenditures (if any) made by Florida Atlantic University on my behalf.
- I will not consume alcoholic beverages unless I am 21 years of age or older. I will not abuse alcoholic beverages, regardless of my age, and I will not use illicit drugs. I will not consume alcoholic beverages, regardless of my age, if such use is banned by my advisor or organizational leadership.
- I will operate motorized vehicles legally and responsibly. I will drive within the posted speed limits, wear a seat belt and require passengers to do the same in accordance with the laws of the state in which I am traveling. I will not operate a vehicle if I have consumed any alcohol and will not allow alcohol, illicit drugs or weapons in the vehicle. I will operate only motorized vehicles for which I have a current, unrestricted license and will only use vehicles that are properly licensed and with current motor vehicle inspections. I will provide a copy of their license and automobile insurance prior to departure.
- I will not spend money or make monetary commitments on behalf of the organization or the University without following proper procedures.
- I will not provide transportation to persons not approved for travel.
- I will dress appropriately for the setting. I will interact professionally and responsibly with other participants at the event.

I also understand that it is the responsibility of everyone traveling to uphold these policies. If I violate them, the advisor and/or the most senior member of the organization present may take steps to protect the reputation of the University and mitigate its liability. Those steps may include:

- Requiring that I return to campus prior to the end of the trip at my own expense;
- Banning me from further participation in the trip; and
- Referring me to the Office of Associate Vice President and Dean of Students.

If I am referred to the Office of Dean of Students, I understand that I may be subject to student code of conduct actions and sanctions for breach of professional or behavioral standards of my college or academic program, including but not limited to:

- Requiring that I repay travel expenditures (if any) made by FAU prior to travel, including but not limited to, the cost of travel (airline tickets and/or share of vehicle rental/fuel; prepaid accommodation expenses, conference fees, etc.);
- Banning me from recovering out of pocket expenses related to the travel; and
- Disciplining me upon return to campus, which may include but is not limited to:
- Banning me from future FAU-funded travel;
- Removing me from the student organization and/or leadership in the organization; and
- Adverse action by my college or academic program.

Emergencies: In case of a personal emergency I will contact a professional staff immediately. Any additional travel expense done without the prior approval of professional staff will be my responsibility. If I must alter my travel plans due to emergency, I agree to be responsible for all associated costs incurred.

Print Name: _____

Trip Name: _____

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, EXPRESS
ASSUMPTION OF RISKS, AND HOLD HARMLESS AGREEMENT**

In consideration of participating in domestic and international trips, activities, and related events (hereinafter referred to as the "Trip") as a participant of the Florida Atlantic University's Outdoor Adventure Trip Program:

I, _____ for myself and my estate, heirs, administrators, executors, and assigns, hereby release and hold harmless the State of Florida, the Florida Board of Governors, the Florida Atlantic University Board of Trustees, and their respective officers, directors, employees, representatives, agents, and volunteers (collectively, the "Releasees"), from any and all liability and responsibility whatsoever, however caused, for any and all damages, claims, or causes of action that I, my estate, heirs, administrators, executors, or assigns may have for any loss, illness, personal injury, death, or property damage arising out of, connected with, or in any manner pertaining to the Trip, whether caused by my actions or negligence or the actions or negligence of the Releasees or any third parties or otherwise.

I fully understand that there are potential risks and hazards associated with the Trip and its related travel, including, but not limited to, possible injury or loss of life. I understand I must be healthy and reasonably fit in order to safely participate in the Trip. I further understand that while on the Trip, I will be visiting locations and interacting with persons that are not associated with or under the control or supervision of the Releasees. I also understand that the Releasees are not hosting, sponsoring, organizing or endorsing the Trip and that my participation in the Trip is solely as a participant in Florida Atlantic University's Outdoor Adventure Trip Program. Despite the potential risks and hazards associated with the Trip, I wish to proceed, and freely accept and assume all risks and hazards that may arise from my participation in the Trip and that could result in loss, illness, personal injury, death, or property damage, whether caused by the negligence of Releasees or any third parties or otherwise.

I further agree to comply with all applicable laws and ordinances, as well as with all Florida Atlantic University ("University") regulations, rules, policies and procedures. I understand that my behavior and conduct must remain consistent with the University Student Code of Conduct and all professional and behavioral standards of my college or academic program. I understand that any consumption of alcoholic beverages must be done in a lawful and responsible manner and in compliance with University policy. I understand that any violations of the University Student Code of Conduct or of any professional or behavioral standards of my college or academic program in any way relating to the Trip may subject me to disciplinary action by the University, including without limitation, loss of privileges and/or dismissal from my college or academic program or the University.

I further hereby agree to defend, indemnify and hold harmless the Releasees from any claim, judgment, settlement, loss, liability, damage, and costs, including court costs and attorney fees at both the trial and appellate levels that Releasees incur as a result of my participation in the Trip.

I further agree to give the University the right and permission to record my participation and appearance on videotape, audiotape, film, photography or any other medium and to use my name, likeness, voice and biographical information in connection with these recordings. The University may exhibit or distribute all or any part of these recordings for any educational or promotional purpose which the University and its employees deem appropriate. All such recordings shall be the University's property.

I will assume responsibility for all costs incurred by me on the Trip, including medical care, if needed. In the event that I am rendered unable to communicate due to illness, accident, or emergency while participating in the Trip, I hereby give permission to a physician selected by the Trip's personnel to hospitalize, secure proper treatment for; and to take whatever medical actions are necessary to treat me. I fully release and hold harmless the Releasees from any liability related to such actions. I understand that the Releasees are not providing any health or accident or other insurance to me while on the Trip and that, if desired, must purchase my own health, accident, evacuation and other insurance policies.

I HAVE READ THIS AGREEMENT AND THE STUDENT CODE OF CONDUCT, I UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, AND I VOLUNTARILY (AND FOR FULL AND ADEQUATE CONSIDERATION) AGREE TO BE BOUND BY IT.

Dated ____/____/____ (MM/DD/YYYY)

Name of Participant (I certify that I am 18 years of age or older)

Address

Participant's Signature

City / State

Zip Code

Parent/Guardian's Name (If Participant is under 18 years of age)

Parent/Guardian's Signature

FAU Outdoor Adventures No Insurance Addendum

PLEASE NOTE: If you have insurance and filled out the information above, you do not need to fill out the section below.

I hereby acknowledge that I have voluntarily signed the Release of Liability, Waiver of Claims, Express Assumption of Risks, and Hold Harmless Agreement required for participation in the activities of Outdoor Recreation. In executing that Agreement, I understand that Florida Atlantic University does not carry medical insurance that covers students and will not be responsible for the cost of any medical issues that arise for Adventure Trip participants.

I have read and understand this FAU Outdoor Adventures No Insurance Addendum. I understand that Florida Atlantic University highly recommends that I carry my own medical insurance during my participation in the FAU Outdoor Adventures Adventure Trip. I understand that Florida Atlantic University does not carry medical insurance that covers me and I assume all responsibility for myself to cover any related expenses.

Signature of Participant

Date

Printed Name



The Canoe Expedition Itinerary

***Specific activities and trip details will vary by location. Below gives you a brief overview of what to expect.*

Saturday August 8

- Move-in (time/location to be sent in separate email)
- Meet at Campus Recreation and Fitness Center (Bldg 91), Boca Raton Campus (12pm)
- Duffle Shuffle
- Camp on Campus

Sunday August 9

- Driving to the Suwannee River
- Start canoeing
- Camping along the river

Monday August 10 - Tuesday August 11

- Canoeing along the Suwannee
- Camping along the river

Wednesday August 12

- Canoeing along the Suwannee River
- Day of Service
- Camping at State Park

Thursday August 13

- Travel back to Campus
- Gear cleaning
- Spend the night at your dorm/get picked up