

GROUP FITNESS SCHEDULE

SUMMER A: MAY 13 - JUNE 21

MON	TUE	WED	THU	FRI
9:00 AM				
	CYCLE STUDIO A GABE		CYCLE STUDIO A GABE	CYCLE STUDIO A GABE
	KICKBOXING STUDIO C JOE	GENTLE YOGA STUDIO C GABE	KICKBOXING STUDIO C JOE	
12:15 PM				
CYCLE STUDIO A ALYSSA		CYCLE STUDIO A ALYSSA		
	FORCE STUDIO B ALYSSA		FLEX FLOW STUDIO C DAMIEN	GENTLE YOGA STUDIO C KALINDI
4:00 PM				
KICKBOXING STUDIO C JOE		KICKBOXING STUDIO C JOE		
5:15 PM				
	ALL LEVELS YOGA STUDIO B MARY		CYCLE STUDIO A TAMERA	
	BOXING BOOTCAMP STUDIO C KAYLA		BOXING BOOTCAMP STUDIO C KAYLA	
6:15 PM				
INTENSITY X STUDIO B FATIMA	CYCLE STUDIO A BRENDA	INTENSITY X STUDIO B FATIMA	ALL LEVELS YOGA STUDIO C TAMERA	
BOXING BOOTCAMP STUDIO C ADOLFO		BOXING BOOTCAMP STUDIO C ADOLFO		



SCAN THE QR CODE TO REGISTER FOR CLASSES



Reasonable accommodation should be requested of the event sponsor: Campus Recreation at 561-297-0591 and campusrec@fau.edu or TTY Relay Station at 1-800-955-8770. Please make your needs known as soon as possible to allow sufficient time for effective accommodations, preferably 5 days before the date of this event.

