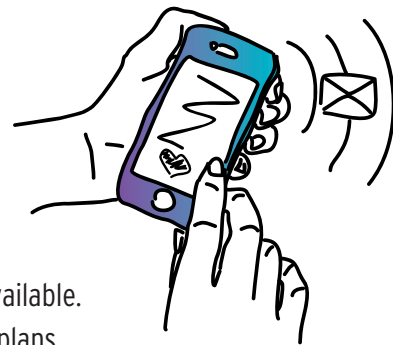


# I Ask for Digital Consent

Consent should be a part of your interactions with others when you're texting or using social media. Although you aren't talking face-to-face, you should always consider how your actions might make another person feel and ask questions if you don't know.



## Texting

- Just because technology connects us 24/7 doesn't mean that your partner is always available.
- Some people enjoy rapid-fire text conversations, while others only like to text to make plans.
- Check in with your partner about how often you would like to text each other and what you consider a reasonable amount of time to respond.

*For example, "How do you feel about texting at work? I'm cool with it, but I also have a lot of down time."*

## Sharing Online

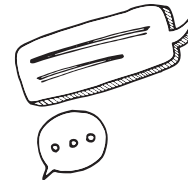
- Ask your partner how they feel about you sharing and tagging photos of them and posting about your relationship online.
- Find out if they'd like to see what you're posting first, or maybe they're okay with you sharing without asking every time.

*For example, "I love this picture from our last date. Is it OK if I post it to Instagram?"*

## Sexting

- Sexting means sending sexual photos, videos, or messages from your phone or computer.
- Not everyone feels comfortable sexting, and that's okay – there are good reasons to have concerns about sharing a private image.
- It's never okay to send unwanted sexts – even to a long-term partner.
- If your partner is okay with sexting, ask them before you send anything.

*For example, "I'd love to show you exactly how I'm feeling – can I send you a pic?"*



## Picture Pressure

- Just like any other kind of sex, digital sexual interactions should feel exciting, comfortable, and safe for everyone involved.
- If someone says "no" to sending a nude photo, respect their choice and move on.
- Never pressure, coerce, or guilt someone to send photos – especially nude photos.

*For example, "That's cool – I can't wait for our date on Saturday!"*

## Consent Violations

- If someone shares a nude photo with you, don't share it with anyone.
- Sharing intimate photos with someone they weren't meant for is a violation of trust and could be illegal.
- It can also be a crime to store or share sexual photos of someone under 18, even if you are also under 18.