EXERCISE SCIENCE and HEALTH PROMOTION
MAJOR (2013 – 2014)

College of Education
Bachelor of Science (BS) or Bachelor of Science in Education (BSE)

FOUNDATIONS OF WRITTEN COMMUNICATION
(Gordon Rule Writing (GRW), 6 credits required)
(A grade of “C” or higher is required in each course)
ENC 1101 .......... College Writing I (REQUIRED)
ENC 1102 .......... College Writing II
THE FOLLOWING COURSES CAN BE SUBSTITUTED FOR ENC 1102:
ANT 1471+ ............... Cultural Difference in a Globalized Society
ENC 1930+ ............... University Honors Seminar in Writing (Permit Only)
ENC 1939+ ............... Special Topic: College Writing II
ENC 2452+ ............... Honor Composition for Science
NSP 1195+ ............... Being Cared For: Reflections from Other Side of Bed
Students must take four (4) GRW Courses. Two (2) must be taken from Foundations of Written Communications. §Two additional courses are REQUIRED.

FOUNDATIONS OF SCIENCE & HUMAN BEHAVIOR
(6 credits required, select 2 courses from 2 different departments)
Anthropology Department
___ ANT 2000 & D .............. Introduction to Anthropology
Economics Department
___ ECO 213# ............... Macroeconomic Principles
___ ECO 223# ............... Microeconomic Principles
___ ECP 2002 .......... Contemporary Economic Issues
Exceptional Student Education Department
___ EEX 2091 ............... Disability and Society
Geosciences Department
___ EVR 2017 ............... Environment and Society
Political Science Department
___ POS 2041 ............... Government of the United States
Psychology Department
___ PSY 1012 ............... General Psychology (REQUIRED)
Public Administration Department
___ PAD 2258 ............... Changing Env. of Soc., Bus., & Government
Sociology Department
___ SYG 1000 ............... Sociological Perspectives
___ SYG 2010 ............... Social Problems
Urban & Regional Planning Department
___ URP 2051 ............... Designing the City

FOUNDATIONS OF SCIENCE & THE NATURAL WORLD
(8 credits required, select 2 courses from 2 different departments)
(Labs and discussions are required)

Biology Department
___ BSC 2085 & L ............. Anatomy & Physiology I (4 credits incl. Lab) (REQUIRED)
Chemistry Department
___ CHM 2045 & L† .......... General Chemistry I (4 credits incl. Lab) (REQUIRED)

Additional science courses are required. Consult with your academic advisor.

FLORIDA ATLANTIC UNIVERSITY
All courses are three (3) credits unless otherwise indicated. Course selections should be made in consultation with an academic advisor.

FOUNDATIONS OF MATHEMATICS & QUANTITATIVE REASONING
(Grade of “C” or higher required. 6 credits required)
PRETEST IS REQUIRED BEFORE TAKING YOUR FIRST MATH CLASS
NOTE: Students must take at least one course with the prefix MAC or MGF from the list below

MAC 1105 ................. College Algebra (REQUIRED)
STA 2023 ................. Introductory Statistics (REQUIRED)
Additional math courses are available upon request. Consult with your academic advisor.

FOUNDATIONS IN GLOBAL CITIZENSHIP
(Select 2 courses from 2 different departments) (6 cr. req.)
At least 1 course must be Global Perspectives – (GP)
Anthropology Department
___ ANT 2140 .......... Culture and Society (GP)
Curriculum, Culture, & Educational Inquiry Department
___ EDF 2854 .......... Educated Citizen in Global Context (GP)
Geography Department
___ GEA 2000 & D .......... World Geography (GP)
History Department
___ AMH 2100 (P/F) ...... United States History to 1877
___ AMH 2120 (P/F) ...... United States History Since 1877
___ WOH 2120 + & ++ .. History of Civilization I (GRW) (GP)
___ WOH 2122 .......... History of Civilization II (GP)
Languages, Linguistics, & Comparative Literature Department
___ LIT 2010 ............... Intro to Caribbean & Latin American Studies
___ LIN 2607 ............... Global Perspectives on Language (GP)
Philosophy Department
___ PHI 2100 & ++ ...... Introduction to Philosophy (GRW)
Political Science Department
___ INR 2002 ............. Introduction to World Politics (GP)
Sociology Department
___ SYD 2790 .......... Race, Class, Gender, and Sexuality
___ SYP 2450 .......... Global Society (GP)
Social Work Department
___ SWK 1000 .......... Global Perspectives of Social Services (GP)

FOUNDATIONS OF CREATIVE EXPRESSION
(6 credits req., select 2 courses from 2 different departments)
Architecture Department
___ ARC 2208 ............... Culture & Architecture
Visual Art & Art History Department
___ ARH 2000 (P/F) ......... Art Appreciation
School of Communication & Multimedia Studies
___ FIL 2000 & D .......... Film Appreciation
English Department
___ LIT 2100 ++ .......... Interpretation of Fiction (GRW)
___ LIT 2120 ++ .......... Interpretation of Poetry (GRW)
___ LIT 2140 ++ .......... Interpretation of Drama (GRW)
___ LIT 2170 ++ .......... Interpretation of Creative Nonfiction (GRW)
Languages, Linguistics, & Comparative Literature Department
___ LIT 2100 .......... Intro to World Literature
Music Department
___ MUL 2010 .......... History & Appreciation of Music
Theatre & Dance Department
___ DAN 2100 .......... Appreciation of Dance
___ THE 2000 .......... Appreciation of Theatre
STUDENTS ASSUME RESPONSIBILITY FOR MEETING ALL GRADUATION REQUIREMENTS

Legend

+ - ENC 1101 is a prerequisite.
++ - Two Foundations of Written Communications classes are required before taking this class.
# - Sophomore standing (30 credits earned) is required.
◊ - A “B” in CHM 2045 and a grade of “C” or better in ENC 1101 in addition to a co-requisite of CHM 2051C is needed.
GRW - (WAC) Writing across the curriculum class.
D - A discussion is linked to the lecture. Students must register for the discussion in addition to the lecture.
L - A lab is linked to the lecture. Students must register for the lab in addition to the lecture.
P/F - Course may be taken pass (P) or fail (F) or for a letter grade. Indicate your preferred grading option during registration.
‡ - Corequisite of College Algebra (MAC 1105) or a prerequisite of Introductory Chemistry (CHM 1025).
§ - We strongly recommend the two additional GRW courses come from Foundations of Global Citizenship and/or Foundations of Creative Expressions. Courses include: PHI 2010, WOH 2012, LIT 2010, LIT 2030, LIT 2040, LIT 2070. See advisor for additional details.

FOREIGN LANGUAGE (0 - 8 credits, 1 or more courses in the same language) - REQUIRED FOR BS MAJOR ONLY

Students with more than one year of a foreign language in high school should enroll in the second half of the beginners foreign language class (ARA/CHI/FRE/GER/GRE/GRK/HBR/ITA/JPN/LAT/SPN 1121) or a higher level course. Proficiency for a first-level course can be earned by successfully completing a second-level course. For questions related to this requirement, consult an academic advisor. CLEP exam credits meet this requirement: see the catalog.

* All students must meet the Admissions Foreign Language requirement.

NOTE: Native Speakers of a foreign language must consult the Languages, Linguistics, and Comparative Literature Department regarding this requirement.

NOTE: Honors Seminars SHALL BE ACCEPTED AS MEETING THE GORDON RULE WRITING REQUIREMENT. See the University Advising Services Office for details.

Exercise Science/Health Promotion Major

NOTE: To be admitted to the Exercise Science/Health Promotion program, students must do the following:
1. Meet the General Admission Requirements.
2. Earn a minimum GPA of 2.0 or higher and complete 60 credit hours.
3. Be programmed by an assigned advisor from the ESHP program.

| 38 credits | Intellectual Foundations Program |
| 07 – 09 credits | Free Electives (Foreign Language taken for BS count as electives) |
| 13 – 15 credits | Lower-Division College Requirements |
| 60 credits | Upper-Division Requirements |
| **120 CREDITS** | **TOTAL** |

CONSULT THE DEPARTMENT FOR OTHER REQUIREMENTS, particularly regarding graduate school preparation

NOTE: See catalog for specific requirements, course descriptions, and additional information. The requirements for some core curriculum and other courses may be satisfied by passing the appropriate AP or CLEP exam. Check with your advisor or college

Exercise Science/Health Promotion majors are required to have a C or better in all ESHP and all required prerequisite courses. No major course can be taken pass/fail.
MAJOR COURSES, COLLEGE REQUIREMENTS and ELECTIVES

LOWER DIVISION COLLEGE REQUIREMENTS (13 – 15 credits)
- BSC 2086 & L Anatomy & Physiology I and Lab (4 credits)
- ISM 2000 & L Information Systems Fundamentals and Lab (3 credits)
- HSC 2100 Health & Fitness for Life (2 credits)
- HSC 2400 First Aid & CPR* (2 credits)
- PEM/PEN Activity class with a PEM or PEN prefix (1 – 2 credits)
- PEM/PEN Activity class with a PEM or PEN prefix (1 – 2 credits)

*Should be taken no more than a year to a year and a half prior to taking PET4947, Practicum to ensure CPR certification.

FREE ELECTIVES (7 – 9 credits)
Courses in any college, any department, including Education, needed to meet the 120 credits required for graduation.

Upper-division, 4000-level, Exercise Science & Health Promotion course may not be taken until the student has earned 60 credit-hours, a minimum GPA of 2.0. Additionally, students are recommended to postpone 3000 level Upper Division requirements until they have earned 60 credit-hours. ESHP classes need to be taken in sequence.

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<th>UPPER DIVISION- REQUIREMENTS (60 credits)</th>
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*Practicum Prerequisites

| Semester 3 | Practicum in ESHP | PET 4947 | 3 |
| | Advanced Methods in Strength and Conditioning | PEP 4136 | 3 |
| | Electives: (2J **) | PET/HSC | 6 |
| | Health Promotion | HSC 4581 | 3 |

| Semester 4 | Management Principles in ESHP | PET 4404 | 3 |
| | Internship in ESHP | PET 4946 | 9 |

**Electives: 9 hours total

| Exercise Test and Pres./Special Pops | PET 4552 | 3 |
| Exercise and the Older Adult | PET 4402 | 3 |
| Biomechanics | PET 4340C | 3 |
| Stress Management | HSC 4104 | 3 |
| Substance Abuse | HSC 4143 | 3 |
| Weight Management | HSC 4139 | 3 |
| Perspectives in Health and Wellness | HSC 3102 | 3 |
| Directed Independent Study *(Fac. Supv. Required) | PET 4905 | 1 to 3 |
| Other (MUST be approved – ESHP Advisor) | | |

Total 60 Credit hours

1. All coursework, including pre-professional requirements, must be completed with a “C” or higher.
2. All coursework, except for one course, must be completed prior to internship. Internship is taken in student’s last semester.
3. Student must complete 120 hours prior to graduation. Submit graduation application on time. Must have 2.0 GPA overall to graduation.
4. Meet with assigned ESHP advisor before registering for any classes each semester.
5. College of Education requirements, pre-professional requirements, and practicum prerequisites must be completed prior to practicum.
6. Student must submit an application for Practicum and Internship before the semester prior to that course(s). Check department for deadlines.
7. Student must have current professional liability insurance during internship. See internship coordinator for specific information.