

BROWARD STUDENT WELLNESS CALENDAR OF EVENTS 2008-2009:

Summer Shape Up *Free week trial*
Month of Jun. Davie Wellness Center

National HIV Testing Day (Van)
Davie Mon., Jun. 23 12:30-7:30 / Seatech Tue., Jun. 24 12:30-1:30 / Dtown Tue., Jun. 24 3:30-6:30

Olympic Challenge
Month of July Davie Wellness Center

Snack Attack-Membership Drive
Wed./Thurs. Sept. 3/4 12-2 & 5-7 Davie Student Activity Center & Davie Wellness Center

HIV Testing (Van) Tentative
Davie Mon., Sept. 12:30-7:30 / Seatech Tue., Sept. 12:30-1:30 / Dtown Tue., Sept. 3:30-6:30

Breast Cancer Awareness Event
Wed. Oct. 1 12-2 & 5-7 Davie Student Activity Center

National Breast Cancer Awareness Lee Jean Day
Friday Oct. 3 *All day* General Campus Activity on all Broward Campuses

National Great American Smokeout
Thurs., Nov. 20 *All day activities* Student Activity Center on all Broward Campuses

National Women's Wear Red
Friday Feb. 6 *All day* General Campus Activity on all Broward Campuses

National Black HIV Awareness Day/National Condom Day-HIV Testing (Van) Tentative
Davie Mon., Feb. 9 12:30-7:30 / Seatech Tues., Feb. 10 12:30-1:30 / Downtown Tues., Feb. 10 3:30-6:30

3k Heart Health Walk
Sat., Feb. 14 8:30-10:30am Davie Student Activity Center and Campus

Responsible Drinking Event
Tue. Mar. 17 *All day* Student Activity Center on all Broward Campuses

EVENTS TBA

- ◆ Safety Week (Sept.)
- ◆ Domestic Violence Self Defense Class (Nov. 17-20)
- ◆ Health Fair (Jan.)
- ◆ Relay for Life Fundraiser (Apr)
- ◆ Self Care Fair Health Screenings (Apr.)

FALL 08
Yoga, Walking, CPR/AED

SPRING 09
Yoga, Walking, Wt Watchers

SUMMER 09
Yoga, Child/Infant CPR