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The **Burrow** Bulletin

February '10

The monthly newsletter for Owl Parents

His Holiness the Dalai Lama to visit FAU

His Holiness the 14th Dalai Lama of Tibet is both the spiritual leader and head of state of Tibet. The title "Dalai Lama" means "Ocean of Wisdom." Each Dalai Lama is believed to be the reincarnation of his predecessor, and all are considered earthly manifestations of the Bodhisattva of Compassion, an enlightened being that has chosen rebirth to serve humanity.

Selected to fulfill this destiny at the age of two, His Holiness was educated in the monastery system and holds the equivalent of a doctorate in Buddhist philosophy. In 1959, he and thousands of his followers were forced to flee Tibet as the result of China's military occupation of their homeland. Since 1960, His Holiness has lived in Dharamsala, India, heading the Tibetan government-in-exile. An unwavering proponent of non-violence, he is one of the world's most influential champions of peace. Among his many honors is the 1989 Nobel Peace Prize.

On Wednesday, Feb. 24, His Holiness the 14th Dalai Lama of Tibet will offer a public address at FAU Arena from 10 to 11:30 a.m. Information about the Dalai Lama, additional Expressions of Peace Week events, news releases and many other details are accessible at <http://www.fau.edu/peaceweek>

Today and Beyond Wellness

The college experience is a time to learn a wealth of information, experiment and try new things, build friendships, search for career options and develop necessary skills for a successful and happy life. A bright future includes making responsible healthy choices.

The office provides support and resource information for both on and off-campus services. Additionally, ongoing programs are offered free of charge with a monthly calendar of workshops and fun events listed at www.fau.edu/today or available at the reception desk. The office is located in SS-Room 222 (over the breezeway cafeteria) and the regular hours are Monday through Thursday 8:00 AM to 6:00 PM, Friday 8:00 AM to 5:00 PM.

The Peer Education Team (P.E.T.) provides the momentum for the wellness services provided by Today & Beyond. P.E.T. provides presentations on sexual health issues such as Sexually Transmitted Infections and HIV/AIDS, stress management, alcohol and other drugs, disordered eating, nutrition, fitness and women's and men's health. Additionally health promotional activities, the Annual Wellness Triathlon (April 18, 2010), the Wellness Expo (fall semester), the Sexually Responsible Bed Race (February 10, 2010) and the Pre-Spring Break Festival (February 24, 2010) and

many more activities. P.E.T. facilitates programs and events in the Breezeway, classrooms and residence halls.

Free wellness guest lectures, presentations, workshops, and health awareness activities are available by the Today & Beyond staff and peer educators. Please refer to our calendar for upcoming events.

Today & Beyond Wellness provides assistance with referrals to campus and community resources. A Health Educator is always available to confidentially discuss your health concerns. Please call or come by the office to make an appointment.

Free, confidential HIV Testing is available two to three times a month on Thursdays in room 222.

Today & Beyond Wellness also coordinates the Lift (Learning Initiatives For Teambuilding) Ropes Challenge Course located on the Boca Raton Campus behind the track.

The FAU Climbing Club provides and organized recreational activity for interested FAU students, staff and faculty who want to participate in an exciting fitness workout. Climbing activities are offered on the LIFT course on a regular basis. Contact 561-297-1048 for specific details and climbing schedule.

Hoops for Haiti

Featuring the Harlem Globetrotter Ambassadors

The recent events in Haiti have left many in the South Florida community in a state of shock and sadness. Locally, our neighbors at Lynn University have begun to mourn the loss of four of their students and two faculty members. To offer support to Lynn University, as well as to the students at Florida Atlantic University and others in our area affected by the earthquake in Haiti, FAU's Student Government and Lynn University's Student Government have come together to organize a charity event on Friday, Feb. 19, titled "Hoops for Haiti."

"Hoops for Haiti" is a benefit basketball game featuring the renowned basketball entertainment team of the Harlem Ambassadors against a team celebrities from

the South Florida community, including FAU SG President Tiffany Weimar, Lynn University SG President Mohamed Abdalla, FAU Athletic Director Craig Angelos, local ESPN760 and Channel 5 News Anchor Evan Cohen and more!

The game will take place at the FAU Arena on the Boca Raton campus. Pre-game entertainment by local community artists will begin at 5:30 p.m. with **show time** at 6:15 pm.

While admission is free, attendees will be asked to donate canned goods, bottled water, personal health care products or a monetary contribution at the door. Everything collected will go to Food for the

Poor or the Lynn University Haiti Crisis Fund. Please help us reach our goal of raising more than \$12,000 or 12,000 pounds of food for the people of Haiti!

"Hoops for Haiti" is sponsored by FAU Student Government, Lynn University Student Government, Konbit Kreyol of FAU and the Fairfield Inn & Suites by Marriott. For more information, go to <http://www.fau.edu/sga/hoopsforhaiti.php> or contact FAU Student Government at 561-297-3740 or at yourvoice@fau.edu.

This message has been distributed on behalf of FAU Student Government.

ITS NOT TOO LATE: OPA Spring Fling

When: February 27, 2010

Why: This is your excuse to come visit your son or daughter here at FAU!

Who: Everyone - Owl Parent Association members and Non-Members

Where: Florida Atlantic University, Boca Raton Campus

What: Spring Fling Parent's Weekend Spring General Meeting of the Owl Parent Association; speakers include a representative from Housing and Residential Life to talk about 2010 plans for the Housing Lottery

Attend the FAU Women's and Men's Basketball games later in the day

How much:

Registration

After 5 p.m. on February 10

\$5 each for Owl Parent Association members

\$25 for all non-Owl Parent Association members

All FAU students are free. Sign-ups will close after 5 p.m. on February 24

How: Go to www.fau.edu/parents to sign up today -remember keep the quantity as "1"

Hotel Info: The Office of New Student and Owl Family Programs has arranged a special rate of \$99 per night with the Fairfield Inn (closest hotel to the FAU campus). Please call 561-417-8585 to make reservations and use the code FSPO to receive the discount.

OWL PARENT ASSOCIATION MEMBERS: You will have the chance to throw a half-court shot for a book stipend at the FAU bookstore for your student. Your registration for the Parent's Day will enter you into the drawing.

Helpful Numbers

Financial

Controller's Office 561.297.3100

Financial Aid. 561.297.3530

Health

Immunization. 561.297.0048

Student Health Center. . . . 561.297.3512

Records

Undergrad Admissions . . . 561.297.3040

Registrar's Office 561.297.3050

Traffic & Safety

Parking Services. 561.297.2771

University Police. 561.297.3500

Important Dates

Spring 2010

Last Day to Withdraw	Mar 5
Spring Break	Mar 8 - 14
Final Exams	Apr 29 - May 5
Semester Ends	May 7