We host a variety of health promotion events through the school year. Check out Owl Central for a full schedule.
WORKSHOPS

Invite us to present at your next class or organizational meeting.
+ Stress Management
+ Nutrition
+ Healthy Lifestyle
+ Healthy Relationships
+ Sexual Health
+ Alcohol or Drug Use
STUDENT OPPORTUNITIES

WELLNESS Hhoots
Owls Care Leader

Internships

Graduate Program Facilitator

Student Assistant
Find our outreach tent around campus and collect “hoot loot” to trade in for merchandise from our office!
Visit our in-office relaxation station complete with aromatherapy, zen garden, stress balls, sleep masks, and bio dots.
Find our cart and grab a balanced snacks to stay fueled throughout your busy day.
Connect with your favorite professor or staff member over free lunch.
LIVE WELL

WOMEN & GENDER EQUITY
Join our Live Well community to experience live cooking demos and virtual fitness class, plus weekly tips, challenges, and prizes.
Educates, advocates, and supports FAU through gender education and vital resource information.

Always available in our office and in the residence halls.
FREE CONDOMS

CONNECT WITH US!