STIs Aren't Pokemon...
... Don't Catch Them All
How Are They Transmitted?

SEXUAL CONTACT (oral, anal and vaginal sex)

DIRECT SKIN-TO-SKIN CONTACT

BLOOD CONTACT

MOTHER TO CHILD

The most common symptoms of STIs are

NO SYMPTOMS!

Other symptoms might include:

• Sores, bumps, blisters, swelling or growths on sex organs
• Burning sensation while urinating
• Discharge or itching from penis/vagina/anus
• Pelvic or abdominal pain
• Flu or cold-like symptoms
Half of all sexually active young people will acquire an STI at least once before the age of 25!

The CDC estimates 20 million new infections annually.

Protect Yourself By:

- Abstaining from all sexual activity
- Communicating with your partner about sexual history
- Mutual monogamy
- Using male or female condoms
- Vaccinations
- Getting Tested regularly
Human Papilloma Virus (HPV)
- Most often passed through **genital contact**, and less commonly through **oral sex**.
- Nearly all sexually active people will get HPV in their lifetime – for this reason, **vaccination is recommended**.
- There are many strains of the virus. Some cause **genital warts**, some cause **cervical cancer**, and others may have **no symptoms**.
- A **test is available for women**, but not for men.
- Treatable but **not curable**.

Gonorrhea & Chlamydia
- Transmitted by **sexual activity** even if no ejaculation occurs.
- Can cause **infertility**.
- Most women and many men may experience **no symptoms**.
- **Female Infections:**
  - May be mistaken for bladder or vaginal infection, burning during urination, vaginal bleeding between periods.
- **Male infections:**
  - Burning during urination, white/yellow/green discharge from penis, swollen testes.
- **Anal Infections:**
  - Anal itching, discharge, soreness, bleeding, painful bowel movements.
  - Curable with **antibiotics**.
  - **Condoms reduce risk.**
  - CDC recommends **testing annually**.
Genital Herpes

- Transmitted by **sexual activity**.
- May experience **no symptoms or one or more blisters/sores** on the genitals, mouth, or rectum.
- The virus can also be released from skin that **does not appear to have any sores**, and the virus can be transmitted from the genitals to other areas such as the eyes or mouth.
- **Testing is available** by taking a swab of the sore or blood test.
- Treatable but **not curable**.

HIV

- Transmitted by **blood, semen and pre-ejaculatory fluid, vaginal secretions, rectal mucous, & breast milk**.
- Virus **attacks the immune system**.
- Many HIV-positive individuals **do not have symptoms**.
- Some HIV-positive individuals may experience **flu-like symptoms** 2 weeks to 3 months after exposure.
- **1 in 5** living with HIV is unaware.
- **Condoms can reduce risk**.
- It may take **up to 90 days** for an infected individual to **test positive** for HIV antibodies.
- Treatable but **not curable**.
Testing at FAU

Student Health Services
• HIV & STI Testing by appointment offered at a reduced cost
• Gardasil and other vaccinations available

Owls Care Health Promotion
• FREE, walk-in, HIV rapid test every Tuesday 9am-2pm.

Free male and female condoms are available at both offices as well.

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