



STIs Arent  
Pokemon ...





... Dont Catch  
Them All



# How Are They Transmitted?



SEXUAL CONTACT  
(oral, anal and vaginal  
sex)

DIRECT SKIN-TO-SKIN  
CONTACT

BLOOD CONTACT

MOTHER TO CHILD



The most common symptoms of STIs are

## NO SYMPTOMS!

**Other symptoms might include:**

- Sores, bumps, blisters, swelling or growths on sex organs
- Burning sensation while urinating
- Discharge or itching from penis/vagina/anus
- Pelvic or abdominal pain
- Flu or cold-like symptoms



# Think You Are Not At Risk?

**Half** of all sexually active young people will  
people will acquire an STI at least once **before**  
**the age of 25!**

The CDC estimates **20 million** new  
infections annually

## Protect Yourself By...

- Abstaining from all sexual activity
- Communicating with your partner about sexual history
- Mutual monogamy
- Using male or female condoms
- Vaccinations
- Getting Tested regularly



# STIs Commonly Affecting Young Adults

## Human Papilloma Virus (HPV)

- Most often passed through **genital contact**, and less commonly through **oral sex**.
- Nearly all sexually active people will get HPV in their lifetime – for this reason, **vaccination is recommended**.
- There are many strains of the virus. Some cause **genital warts**, some cause **cervical cancer**, and others may have **no symptoms**.
- A **test is available for women**, but not for men.
- Treatable but **not curable**.



## Gonorrhea & Chlamydia

- Transmitted by **sexual activity** even if no ejaculation occurs.
- Can cause **infertility**.
- Most women and many men may experience **no symptoms**.
- **Female Infections:**
  - May be mistaken for bladder or vaginal infection, burning during urination, vaginal bleeding between periods.
- **Male infections:**
  - Burning during urination, white/yellow/green discharge from penis, swollen testes.
- **Anal Infections:**
  - Anal itching, discharge, soreness, bleeding, painful bowel movements.
- Curable with **antibiotics**.
- **Condoms reduce risk**.
- CDC recommends **testing annually**.

# STIs Commonly Affecting Young Adults

## Genital Herpes

- Transmitted by **sexual activity**.
- May experience **no symptoms or one or more blisters/sores** on the genitals, mouth, or rectum.
- The virus can also be released from skin that **does not appear to have any sores**, and the virus can be transmitted from the genitals to other areas such as the eyes or mouth.
- **Testing is available** by taking a swab of the sore or blood test.
- Treatable but **not curable**.



## HIV

- Transmitted by **blood, semen and pre-ejaculatory fluid, vaginal secretions, rectal mucous, & breast milk**.
- Virus **attacks the immune system**.
- Many HIV-positive individuals **do not have symptoms**.
- Some HIV-positive individuals may experience **flu-like symptoms** 2 weeks to 3 months after exposure.
- **1 in 5** living with HIV is unaware.
- **Condoms can reduce risk**.
- It may take **up to 90 days** for an infected individual to **test positive** for HIV antibodies.
- Treatable but **not curable**.



# Testing at FAU

## Student Health Services

- HIV & STI Testing by appointment offered at a reduced cost
- Gardasil and other vaccinations available

## Owls Care Health Promotion

- FREE, walk-in, HIV rapid test every Tuesday 9am-2pm.

Free male and female condoms are available at both offices as well.



## Brought To You By



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