ALCO
HOL
CHECK CALL
CARE

SIGNS
If something looks/feels out of place, it probably is

When a person is exhibiting signs of alcohol overdose, **ALWAYS** call for help.
UNCONSCIOUS
COLD AND CLAMMY SKIN
SLOW OR IRREGULAR BREATHING
HYPOTHERMIA
PALE, BLUE NAIL BEDS
Alcohol
Medical
Amnesty Policy
If you or a friend are in need in medical attention as a result of alcohol consumption, you may not be sanctioned for calling for help.
The Recovery Position
Step 1
Raise the arm that is closest to you above their head. Prepare to roll them towards you.

Step 2
Gently roll them toward you, guarding their head from hitting the floor. The head should rest in front of the arm, not on it.
Step 3
Tilt the head up to maintain the airway. Tuck their nearest hand under the cheek to help maintain head tilt and raise face off floor.

Step 4
Check on them often.