**Curriculum vitaE**

**Laura L. Vernon**

professional positions

2006 – present **Florida Atlantic University** **Jupiter, FL**

* 2010-present Associate Professor, Wilkes Honors College
* 2006-2010 Assistant Professor, Wilkes Honors College

2002 – 2006 **Auburn University** **Auburn, AL**

* Assistant Professor, Department of Psychology

2004 – 2006 **Psychological Associates, LLC Auburn, AL**

* Licensed Clinical Psychologist, Alabama Board of Examiners in Psychology, License #0001248

Education and Training

2001 – 2002 **Central Michigan University Mt. Pleasant, MI**

1. Postdoctoral Fellow, Trauma and Anxiety Disorders Clinic

2000 – 2001 **San Francisco Veterans Affairs Medical Center San Francisco, CA**

1. Clinical Psychology Intern

Major Rotations: Posttraumatic Stress Disorder Clinical Team, Substance Use/PTSD Team, Neuropsychological and Psychological Assessment, Health Psychology and Behavioral Medicine. Minor Rotations: Substance Abuse Outpatient Clinic, Memory Disorders Clinic, Evidence-based Psychodynamic Psychotherapy, Family Therapy.

1995 – 2000 **University of Illinois at Urbana-Champaign Urbana, IL**

1. Ph.D. 2000 Clinical Psychology

Thesis: The effects of attributions and trauma characteristics on emotion

Chair: Howard Berenbaum, Ph.D.

1. M.A. 1998 Clinical Psychology

Thesis: Disgust and fear in response to spiders

Chair: Howard Berenbaum, Ph.D.

1991 – 1995 **Northwestern University Evanston, IL**

1. B.A., Psychology, Honors

Honors Thesis: Context effects on return of fear, with caffeine as an internal context

Chair: Susan Mineka, Ph.D.

1. B.A., Sociology, Honors

Honors Thesis: The effects of self-consciousness on charismatic religious behavior

Chair: Arthur Stinchcombe, Ph.D.

research and teaching grants

2015 Smith Innovation Fund, with Jacqueline Fewkes. *The Gamification of Education.* *$10,000.*

2013-2014 e-Learning Curriculum Design Grant, with Jacqueline Fewkes. *Super Thesis World. $10,000.*

2013-2014 Florida Atlantic University Wilkes Honors College Faculty Development Award, with Julie Earles. *Equine Assisted Therapy.* $640.

2003-2004 Principal Investigator, Auburn University Competitive Research Grant. *The Effects of Disgust on Attention and Memory*. *$7,089.*

2002-2003 Principal Investigator, Central Michigan University Faculty Research and Creative Endeavors Grant. *Assessing the Efficacy of Treatment Techniques Targeting Disgust in Spider Phobia*. *$367.*

2002-2003 Co-Investigator, Central Michigan University Faculty Research and Creative Endeavors Grant. *Assessing the Efficacy of Treatment Techniques in Specific Phobia*. *$948.*

supervised student grants

2017 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Jennifer Irmiter & Alyssa Michels. $1200.

2017 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Yarinez Batistsa & Zim Ouillette. $1200.

2016 Faculty Mentor, Florida Atlantic University Summer Undergraduate Research Fellowship. Undergraduate student: Solomon Ehrlich. $3500.

2015 Faculty Co-Mentor, Florida Atlantic University MacAurthur Campus Summer Science Fellowship. Undergraduate student: Joanna Beazley. $2000.

2014 Faculty Co-Mentor, National Science Foundation – East Asia & Pacific Summer Institute. *A cross-cultural examination of mindfulness, personality, and levels of depression and anxiety*. Graduate student: Melissa Stiksma. $15,000.

2014 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Kira Geiger & Anna Quinones. $1000.

2013 Faculty Co-Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Michelle Dougherty & Melanie Thompson. $1000.

2013 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Jenna Banks & Areti Vassilopoulos. $1000

2013 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Sarah Sax & Brian Pennington. $500

2012 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Morgan Levy & Melissa Stiksma. $600.

2012 Faculty Mentor, Florida Atlantic University Undergraduate Research Grants. Undergraduate students: Jessenia Licona & Melissa Stiksma. $600.

2004 Faculty Mentor, Auburn University Undergraduate Competitive Research Fellowship. Undergraduate student: Laura McIntire. $1,800

honors and awards

2018 Distinguished Teacher of the Year Award, Florida Atlantic University

2016 Excellence and Innovation in Undergraduate Advising Award, Florida Atlantic University

2016 Exceptional Faculty Award, Northern Campuses Teaching Award, Florida Atlantic University

2013 Excellence and Innovation in Undergraduate Teaching Award, Florida Atlantic University

2009 Excellence and Innovation in Undergraduate Teaching Award, Florida Atlantic University

2008 Exceptional Faculty of the Year, MAC Awards, Wilkes Honors College, Florida Atlantic University

2004 Researcher of the Year, Psychology Graduate Student Association, Auburn University

2004 College of Liberal Arts Faculty Spotlight, Auburn University

2003 Influential Professor, Student-Athlete Tiger Torch Banquet, Auburn University

1998 Women’s Studies Award for Feminist Scholarship, University of Illinois

supervised student awards

2014 Third Place Oral Presentation, Florida Atlantic University Undergraduate Research Symposium. Undergraduate student: Sarah Sax.

2013 First Place Poster Presentation, Florida Atlantic University Undergraduate Research Symposium. Undergraduate student: Melissa Stiksma.

2005 Disaster and Trauma Graduate Research Award, Association for Behavioral and Cognitive Therapies. Graduate student: Ananda Amstadter.

2005 Graduate Research Award, Southeastern Psychological Association. Graduate student: Ananda Amstadter.

Publications

international Peer-reviewed journal articles

*Supervised student contributions are denoted as follows: \*undergraduate student, \*\*graduate student*

Hirai, M., **Vernon, L.L.,** & Clum, G. A. (in press). Factor structure and administration measurement invariance of the Beliefs Toward Mental Illness Scale in Latino college samples: Paper-pencil vs. internet administrations. *Assessment.* First Published July 28, 2016. DOI: <https://doi.org/10.1177/1073191116661630>

**Vernon, L. L.,** & Earles, J. L. (2018). The perils and payoffs of conducting clinical trials: Equine assisted therapy case study. *Research Methods Cases in Psychology*. DOI: http://dx.doi.org/10.4135/9781526438430

Earles, J. L., Kersten, A. W., **Vernon, L. L.**, & \*Starkings, R. (2016). Memory for positive, negative, and neutral events: Does emotional valence influence binding in event memory? *Cognition and Emotion, 30(2),* 378-88. DOI: 10.1080/02699931.2014.996530

Earles, J. L., **Vernon, L. L.**, & Yetz, J. P. (2015). Equine-assisted therapy as an effective treatment for anxiety and posttraumatic stress symptoms. *Journal of Traumatic Stress*, *28(2)*,149-52. doi: 10.1002/jts.21990

Hirai, M., **Vernon, L.L.,** Popan, J.R., & Clum, G. A. (2015). Acculturation and enculturation, stigma toward psychological disorders, and treatment preferences in a Mexican American sample: The role of education in reducing stigma. *Journal of Latina/o Psychology, 3(2),* 88-102. doi: 10.1037/lat0000035

**Vernon, L. L.**, & Hirai, M. (2012). Considering ethnicity and gender effects in disgust propensity and spider and snake phobia: Comparing Asian Americans and European Americans. *Journal of Experimental Psychopathology*, *3(3)*, 409-422. doi: 10.5127/jep.015911

Hirai, M., & **Vernon, L. L.** (2012). The role of disgust propensity in blood-injection-injury phobia: Comparisons between Asian Americans and Caucasian Americans. *Cognition and Emotion*, 25(8), 1500-1509. doi:10.1080/02699931.2010.547564

**Vernon, L. L.**  (2012). Relationships among proactive coping, posttrauma gratitude, and psychopathology in a college sample. *Journal of Aggression, Maltreatment, and Trauma*, *21(1),* 114-130.

Hirai, M., **Vernon, L. L.**, Clum, G. A., & Skimore, S. T. (2011). Psychometric properties and administration Measurement Invariance of Social Phobia symptom measures: Paper-pencil vs. internet administrations. *Journal of Psychopathology and Behavioral Assessment, 33(4), 470-479.*

\*\*Dillon, J. D., McAllister, H., & **Vernon, L. L.** (2009). The hybrid lineup combining sequential and simultaneous features: A first test. *Applied Psychology in Criminal Justice, 5(1)*, 90-108*.*

**Vernon, L. L.**, \*\*Dillon, J. D., & \*Steiner, A. W. (2009). Proactive coping, gratitude, and Posttraumatic Stress Disorder in college women. *Anxiety, Stress, and Coping, 22,* 117-127.

\*\*Amstadter, A. B., & **Vernon, L. L.** (2008). Emotional reactions during and after trauma: A comparison of trauma types. *Journal of Aggression, Maltreatment, and Trauma, 16(4)*, 391-408.

\*\*Amstadter, A. B., & **Vernon, L. L.** (2008). A preliminary examination of thought suppression, emotion regulation, and coping in a trauma-exposed sample. *Journal of Aggression, Maltreatment, and Trauma, 17(3)*, 279-295.

Berenbaum, H., Kerns, J. G., **Vernon, L. L.**, & Gomez, J. J. (2008). Cognitive correlates of Schizophrenia signs and symptoms: I. Verbal communication disturbances. *Psychiatry Research, 159*, 147-156*.*

Berenbaum, H., Kerns, J. G., **Vernon, L. L.**, & Gomez, J. J. (2008). Cognitive correlates of Schizophrenia signs and symptoms: II. Emotional disturbances. *Psychiatry Research, 159*, 157-162*.*

Berenbaum, H., Kerns, J. G., **Vernon, L. L.**, & Gomez, J. J. (2008). Cognitive correlates of Schizophrenia signs and symptoms: III. Hallucinations and delusions. *Psychiatry Research, 159*, 163-166*.*

Hirai, M., \*\*Cochran, H. M., \*\*Stransky, J. L., \*\*Butcher, J. L., **Vernon, L. L.**, & Meadows, E. A. (2008). A preliminary investigation of the efficacy of disgust exposure techniques in a subclinical population with blood and injection fear. *Behaviour Change, 25,* 129-148.

**Vernon, L. L.**, & Berenbaum, H. (2008). Fear and disgust propensity in spider phobic distress. *Journal of Anxiety Disorders, 22,* 1285-1296*.*

\*\*Amstadter, A. B., & **Vernon, L. L.** (2006). Suppression of neutral and trauma targets: Implications for posttraumatic stress disorder. *Journal of Traumatic Stress, 19*, 517-526.

Withers, L. A., & **Vernon, L. L.** (2006). To err is human: Embarrassment, attachment, and communication apprehension. *Personality and Individual Differences, 40*, 99-110.

**Vernon, L. L.**, & Berenbaum, H. (2004). A naturalistic examination of positive expectations, time course, and disgust in the origins and reduction of spider and insect distress. *Journal of Anxiety Disorders*, *18*, 707-718.

Berenbaum, H., Raghavan, C., Le, H., **Vernon, L. L.**, & Gomez, J. J. (2003). Taxonomy of emotional disturbances. *Clinical Psychology: Science and Practice*, *10*, 206-226.

Mystkowski, J., Mineka, S., **Vernon, L. L.**, & Zinbarg, R. (2003). Changes in caffeine state enhance return of fear in spider phobia. *Journal of Consulting and Clinical Psychology, 71*, 243-250.

**Vernon, L. L.**, & Berenbaum, H. (2002). Disgust and fear in response to spiders. *Cognition and Emotion*, *16*, 809-830.

peer-reviewed book chapters and Book Reviews

*Supervised student contributions are denoted as follows: \*undergraduate student*

**Vernon, L. L.**, & Hirai, M. (2011). Trait anxiety and trait disgust in spider phobia. In *Trait Emotion*. Hauppauge, NY: Nova Publishers.

**Vernon, L. L.** (2007). Stress: Can’t Live With It, Can’t Live Without It. (Review of B. B. Arnetz, & R. Ekman (Eds.). Stress in Health and Disease. Weinheim, Germany: Wiley-VCH. 2006). *Analyses of Social Issues and Public Policy, 7(1),* 223-225.

**Vernon, L. L.** (2007). Specific phobia. In M. Hersen, & J. C. Thomas (Eds.), *Comprehensive Handbook of Interviewing: Adults and Children* (pp. 202-222)*.* Thousand Oaks, CA: Sage Publications.

Hirai, M., **Vernon, L. L.,** & \*\*Cochran, H. (2006). Exposure therapy for phobia. In D. Richard & D. Lauterbach (Eds.), *Comprehensive Handbook of the Exposure Therapies* (pp. 247-270). Oxford: Academic Press.

**Vernon, L. L.** (2004). It’s a wonderful life. In B. Buskist, B. Beins, & V. S. Hevern (Eds.), *Preparing the New Psychology Professoriate: Helping Graduate Students Become Competent Teachers* (pp. 152-156)*.* Washington, DC: American Psychological Association Division 2, Society for the Teaching of Psychology.

Berenbaum, H., Raghavan, C., Le, H., **Vernon, L. L.**, & Gomez, J. J. (1999). Disturbances in emotion. In D. Kahneman, E. Diener, & N. Schwarz (Eds.), *Understanding Quality of Life: Scientific Perspectives on Enjoyment and Suffering* (pp. 267-287). New York: Russell Sage.

peer-reviewed TEACHING articles

**Vernon, L. L.** (2018). The secret life of professors revealed: Part I: The professor’s telltale heart. *Eye on Psi Chi*, *22(3),* 10-11.

peer-reviewed undergraduate journal articles

*Supervised student contributions are denoted as follows: \*undergraduate student*

\*Kriedy, C., & **Vernon, L. L.** (in press). An analysis of women’s leadership styles: How they shape subordinate perceptions of female leaders. *Florida Atlantic Undergraduate Research Journal*.

\*McRostie, N., & **Vernon, L. L.** (in press). Time off is needed: An argument in favor of paid maternal leave in the United States. *Florida Atlantic Undergraduate Research Journal*.

peer-reviewed conference presentations

*Supervised student contributions are denoted as follows: \*undergraduate student, \*\*graduate student*

Kersten, A.W., Earles, J.L., Vernon, L.L., \*McRostie, N., & \*Riso, A. (2017, November). Effects of emotional context on false memory for person/action conjunctions. Poster presented at the annual Psychonomic Society conference, Vancouver, B.C.

\*\*Borges-Garcia, R., & Vernon, L.L. (2015, February). Proactive coping, trauma exposure, and PTS levels in nursing students. Poster presented at the annual Society for Personality and Social Psychology conference, Long Beach, CA.

\*Levy, M.A., \*Stiksma, M.C., & Vernon, L.L. (2014, August). Acting with awareness: The benefits of mindfulness in college students. Poster presented at the annual American Psychological Association conference, Washington, D.C.

\*Banks, J., \*Vassilopoulos, A., & Vernon, L.L. (2014, March). Examining interference and suppression effects for spider stimuli in the Emotional Stroop Task. Poster presented at the annual Southeastern Psychological Association conference, Nashville, TN.

\*Dougherty, M., Earles, J. L., Vernon, L. L., & Yetz, J. (March, 2014). Mindfulness based equine assisted therapy as an effective treatment for anxiety and posttraumatic stress symptoms. Poster presented at the annual Southeastern Psychological Association conference, Nashville, TN.

\*Quinones, A.V., & Vernon, L.L. (2014, March). Examining relationships between meditation, mindfulness and self-compassion. Poster presented at the annual Southeastern Psychological Association conference, Nashville, TN.

\*Sax, S.A., & Vernon, L.L. (2014, March). Logging on: An examination of the efficacy of a short online mindfulness meditation training session. Poster presented at the annual Southeastern Psychological Association conference, Nashville, TN.

\*Levy, M.A., \*Stiksma, M.C., & Vernon, L.L. (2013, February). Right livelihood leads to right mindfulness: Exploring the connections between mindfulness, stress/anxiety, religiosity, and personality. Poster presented at the annual Florida Collegiate Honors Council Conference, Fort Lauderdale, FL.

\*Stiksma, M.C., \*Levy, M.A., & Vernon, L.L. (2013, February). Examining mindfulness meditation effects on anxiety, emotion regulation, and social relationships. Poster presented at the annual Florida Collegiate Honors Council Conference, Fort Lauderdale, FL.

\*Levy, M.A., \*Stiksma, M.C., & Vernon, L.L. (2013, March). Right livelihood leads to right mindfulness: Exploring the connections between mindfulness, stress/anxiety, religiosity, and personality. Poster presented at the annual Southeastern Psychological Association conference, Atlanta, GA.

Bernal, P., Hirai, M., & Vernon, L. L. (2011, March). The role of disgust propensity in spider and snake phobia in Hispanic individuals. Poster presented at the annual Anxiety Disorders Association of America conference, New Orleans, LA.

Bernal, P., Hirai, M., & Vernon, L. L. (2010, March). The role of disgust in spider and snake phobia in Hispanic individuals. Poster presented at the annual Anxiety Disorders Association of America conference, Baltimore, MD.

Hirai, M., & Vernon, L. L. (2009, March). Comparisons between Asian Americans and Caucasian Americans in the role of disgust in Blood-Injection-Injury Phobia. Poster presented at the annual Anxiety Disorders Association of America conference, Santa Ana Pueblo, NM.

Vernon, L. L., & Hirai, M. (2009, March). Considering ethnicity in the role of disgust in spider and snake phobia. Poster presented at the annual Anxiety Disorders Association of America conference, Santa Ana Pueblo, NM.

Vernon, L.L. (2009, March). The Trauma Emotion Questionnaire (TEQ): Investigating the psychometric properties of a measure of peritraumatic emotional responses. Poster presented at the annual Anxiety Disorders Association of America conference, Santa Ana Pueblo, NM.

\*Yarnell, J. B., \*Young, N. J., & Vernon, L. L. (2009, February). Gender differences in posttrauma negative emotional responses among a traumatized college student sample. Poster presented at the annual Southeastern Psychological Association conference, New Orleans, LA.

\*Young, N. J., \*Yarnell, J. B., & Vernon, L. L. (2009, February). Differential associations between posttrauma emotions and Posttraumatic Stress Disorder symptom clusters. Poster presented at the annual Southeastern Psychological Association conference, New Orleans, LA.

\*Borges-Garcia, R., & Vernon, L. L. (2008, November). Proactive coping style and Posttraumatic Stress Disorder in a college sample. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Orlando, FL.

Earles, J., Kersten, A., Vernon, L. L., & \*Starkings, R. (2008, November). Effects of emotion on feature memory and feature binding in event memory. Poster presented at the annual Meeting of the Psychonomic Society, Chicago, IL.

\*Klco, S., & Vernon, L. L. (2008, November). Finding the silver lining: A longitudinal examination of the effect of reappraisal use on mental and physical health. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Orlando, FL.

\*Thomas, J. A., & Vernon, L. L. (2008, November). The role of posttrauma positive and negative emotional responses in Posttraumatic Stress Disorder symptom severity. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Orlando, FL.

\*\*Amstadter, A. B., \*\*Kelley, L. P., \*\*Pruneau, G., & Vernon, L. L. (2006, November). Profile analysis of population differences on the PTSD Checklist. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Chicago, IL.

\*\*Amstadter, A. B., & Vernon, L. L. (2006, November). Approach versus avoidant regulation in trauma survivors. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Chicago, IL.

\*Pace, M., \*Overstreet, C., \*Weaver, C., \*\*Amstadter, A. B., & Vernon, L. L. (2006, November). Alexithymia: Relations to psychopathology and emotion regulation. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Chicago, IL.

Vernon, L. L., & Withers, L. A. (2006, November). An Investigation of the factor structure of two measures of embarrassment. Paper presented at the annual National Communication Association conference, San Antonio, TX.

\*\*Amstadter, A. B., \*\*Daniels, J., \*Youngblood, A., \*Pace, M., & Vernon, L. L. (2006, March). Trauma, psychopathology, and regulation in a college and prison Sample. Poster presented at the annual Southeastern Psychological Association conference, Atlanta, GA.

\*Carden, C., \*Broadstreet, J., \*Zabinsky, A., \*\*Amstadter, A. B., & Vernon, L. L. (2006, March). Emotional reactions during and after trauma. Poster presented at the annual Auburn University Graduate Student Research Festival, Auburn, AL.

\*Carden, C., \*Overstreet, C., \*Lawrence, K., \*\*Amstadter, A. B., & Vernon, L. L. (2006, March). Regulation and psychopathology in a trauma exposed sample. Poster presented at the annual Auburn University Graduate Student Research Festival, Auburn, AL.

\*\*Amstadter, A. B., & Vernon, L. L. (2005, November). Suppression of neutral and trauma targets among high and low PTSD symptom groups. Award paper presented at the annual Association for Behavioral and Cognitive Therapies conference, Washington, D.C.

\*\*Amstadter, A. B., & Vernon, L. L. (2005, November). Comparison of intentional suppression of traumatic and neutral thoughts. Poster presented at the annual Association for Behavioral and Cognitive Therapies conference, Washington, D.C.

\*\*Amstadter, A. B., Vernon, L. L., \*Kirby, N. L., & \*Kroelinger, K. A. (2005, June). Coping strategies and posttraumatic stress disorder symptoms. Poster presented at the annual Alabama Psychological Association conference, Fort Walton, FL.

\*\*Amstadter, A. B., Vernon, L. L., \*Kroelinger, K. A., & \*Kirby, N. L. (2005, June). Mood and thought control variability during thought suppression tasks. Poster presented at the annual Alabama Psychological Association conference, Fort Walton, FL.

\*White, A. R., \*\*Dillon, J. M., & Vernon, L. L. (2005, April). Gratitude and proactive coping mitigate negative effects of trauma. Poster presented at the National Conference for Undergraduate Research, Lexington, VA.

\*\*Amstadter, A. B., & Vernon, L. L. (2005, March). Suppression of neutral and emotional targets: implications for posttraumatic stress disorder*.* Paper presented in the graduate research award session at the annual Southeastern Psychological Association conference, Nashville, TN.

\*\*Amstadter, A. B., & Vernon, L. L. (2004, November). Suppression versus reappraisal: Relations to psychopathology. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

\*\*Amstadter, A. B., & Vernon, L. L. (2004, November). Thought suppression and trauma. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

\*\*Amstadter, A. B., Vernon, L. L., \*\*Dillon, J. M., & \*\*Rousseau, G. (2004, November). Emotional responding during and after different types of traumatic events. Poster presented at the annual conference of the International Society for Traumatic Stress Studies, New Orleans, LA.

\*\*Dillon, J. M., Vernon, L. L., \*\*Rousseau, G., \*\*Amstadter, A. B., \*White, A. R., & \*Rotzell, A. (2004, November). Relations among proactive coping, positive emotions, and PTSD severity. Poster presented at the annual conference of the International Society for Traumatic Stress Studies, New Orleans, LA.

\*\*Rousseau, G., Vernon, L. L., \*\*Amstadter, A. B., & \*\*Dillon, J. M. (2004, November). Peritraumatic physical responses and PTSD symptom level. Poster presented at the annual conference of the International Society for Traumatic Stress Studies, New Orleans, LA.

\*White, A. R.., \*\*Dillon, J. M., & Vernon, L. L. (2004, October). Relations among positive emotions, proactive coping, and PTSD severity. Poster presented at the annual Undergraduate Research Forum at Auburn University, Auburn, AL.

\*McIntire, L., & Vernon, L. L. (2004, April). Associations among guilt, shame, and anger and Posttraumatic Stress Disorder. Paper presented at the annual National Conference for Undergraduate Research, Indianapolis, IN.

\*\*Amstadter, A. B., & Vernon, L. L. (2004, March). Gender and traumatic assault as predictors of emotional response. Poster presented at the annual conference of the South Eastern Psychological Association, Atlanta, GA.

\*\*Amstadter, A. B., & Vernon, L. L. (2004, March). Gender and traumatic assault as predictors of emotional response. Paper presented at the annual Graduate Research Forum, Auburn, AL.

\*\*Dillon, J. M., McAllister, H, & Vernon, L. L. (2004, March). Perpetrator identification: A test of the hybrid lineup procedure. Paper presented at the annual conference of the South Eastern Psychological Association, Atlanta, GA.

\*\*Amstadter, A. B., & Vernon, L. L. (2003, December). Gender differences in shame and anger responses to traumatic assault. Paper presented at the annual Psychology Department Graduate Research Festival, Auburn, AL.

\*\*Anderson, C. F., Vernon, L. L., & \*\*Rousseau. G. S. (2003, December). Disgust and attentional bias: An exploration of phobic responses to disgust stimuli. Paper presented at the annual Psychology Department Graduate Research Festival, Auburn, AL.

\*\*Dillon, J. M., McAllister, H, & Vernon, L. L. (2003, December). Perpetrator identification: A test of the hybrid lineup procedure. Paper presented at the annual Psychology Department Graduate Research Festival, Auburn, AL.

\*\*Anderson, C. F., Vernon, L. L., & \*\*Rousseau. G. S. (2003, November). Disgust and attentional bias: An exploration of phobic responses to disgust stimuli. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

\*\*Butcher, J. L., Hirai, M., Vernon, L. L., \*\*Stransky, J. L., \*\*Cochran, H. M., & Meadows, E. A. (2003, November). Assessing the efficacy of treatment targeting disgust and fear in Blood and Injection Phobia. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

\*\*Cochran, H. M., Hirai, M., Vernon, L. L., \*\*Butcher, J. L., \*\*Stransky, J. L., & Meadows, E. A. (2003, November). Predicting outcome in exposure-based treatment of Blood-Injection Phobia. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

Hirai, M., Vernon, L. L., \*\*Cochran, H. M., \*\*Stransky, J. L., \*\*Butcher, J. L., & Meadows, E. A. (2003, November). The efficacy of exposure treatment with disgust components in Spider Phobia and its generalizability to Blood-Injection-Injury Phobia. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

\*\*Rousseau, G. S., Vernon, L. L., \*\*Amstadter, A. B., \*McIntire, L. (2003, November). Shame and sexual assault: The mediating effects of psychological contamination. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

\*\*Stransky, J. L., Hirai, M., Vernon, L. L., \*\*Cochran, H. M., \*\*Butcher, J. L., \*Kaiser, A., & Meadows, E. A. (2003, November). Comparison of effects of psychosocial variables on treatment outcome for Spider and BII Phobias. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Boston, MA.

**Vernon, L. L.**, & Berenbaum, H. (2003, November). Associations among Posttraumatic Stress Disorder, alexithymia, attributions, and trauma characteristics. In L. L. Vernon (Chair), *Emotional Functioning Following Trauma: Alexithymia and Emotional Numbing*. Symposium presented at the annual conference of the International Society for Traumatic Stress Studies, Chicago, IL.

\*McIntire, L., & Vernon, L. L. (2003, October). Associations among guilt, shame, and anger and Posttraumatic Stress Disorder. Poster presented at the annual Undergraduate Research Forum at Auburn University, Auburn, AL.

\*Schofield, C. M., \*Frybarger, L. M., **Vernon, L.L.**, Morgan, S.K., & Monahan, J.S. (2003, April). Mathematics and spatial anxiety in 6th through 8th graders. Paper presented at the 95th meeting of the Southern Society for Philosophy and Psychology, Atlanta, GA.

\*\*Phipps, K., **Vernon, L. L.**, \*\*Cochran, H., \*Swafford, J., & Meadows, E. (2002, November). Reliability and validity of the Modified Sexual Experiences Survey. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Reno, NV.

**Vernon, L. L.**, & Berenbaum, H. (2002, May). The effects of attributions on emotional responses to trauma. Symposium presented at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.

\*\*Cochran, H., **Vernon, L. L.**, & Meadows, E. (2002, March). The effects of coping after trauma. In E. A. Meadows (Chair), *Psychological Issues in Sexual Assault*. Symposium presented at the annual conference of the Michigan Women’s Studies Association, Mt. Pleasant, MI.

**Vernon, L. L.** (2002, March). Emotion in response to sexual assault. In *Psychological Issues in Sexual Assault*. Symposium presented at the annual conference of the Michigan Women’s Studies Association, Mt. Pleasant, MI.

\*\*Cochran, H., **Vernon, L. L.**, & Meadows, E. (2001, November). Mediating effects of coping strategies on posttraumatic stress symptomology. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Mystkowski, J., Mineka, S., **Vernon, L. L.**, & Zinbarg, R. (2000, November). Changes in caffeine state enhance return of fear in spider phobia. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

**Vernon, L. L.**, & Berenbaum, H. (2000, May). Multiple traumatic events, emotional responding, and PTSD symptom severity. Paper presented at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.

**Vernon, L. L.**, & Berenbaum, H. (1999, April). Disgust sensitivity and fear sensitivity in spider phobia. Paper presented at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.

**Vernon, L. L.**, & Berenbaum, H. (1998, April). Disgust and fear in response to spiders. Paper presented at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.

**Vernon, L. L.**, Gomez, J., & Berenbaum, H. (1997, August). An exploration of hedonic capacity in a psychiatric population. Poster presented at the Annual Conference for the American Psychological Association, Chicago, IL.

Gomez, J., **Vernon, L. L.**, & Berenbaum, H. (1997, August). The co-occurrence of psychotic and mood disorder symptoms: Frequency and implications. Poster presented at the Annual Conference for the American Psychological Association, Chicago, IL.

**Vernon, L. L.**, Mineka, S., Rodriguez, B., & Mystowski, J. (1997, May). Internal state context effects on return of fear. Paper presented at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.

academic EXperience

*\* New courses developed*

**Florida Atlantic University, Wilkes Honors College, Jupiter, FL** (2006 – present)

*Course Number Course Title*

PSY 1012 Honors General Psychology

SOP 3004 Honors Principles of Social Psychology

CLP 4144 Honors Psychopathology (Abnormal Psychology)

CLP 4310 Honors Health Psychology\*

PSY 4930 Honors Principles of Psychotherapy\*

PSY 4930 Honors Positive Psychology\*

PSY 4933 Honors Advanced Writing in Psychology

IDS 3932 Honors Mental Disorders in Film\*

IDS 3932 Honors Perceptions and Portrayals of Women\*

IDS 3932 Honors Applied Research Methods in the Social Sciences\*

PSY 4905 Honors Directed Independent Study

PSY 4905 Honors Research in Psychology

ISS 4947 Honors Internship in the Social Sciences

ISC 4947 Honors Internship in Science and Math

PSY 4971 Honors Thesis

*Teaching Certifications*

2012 eLearning Designer/Facilitator Certification

2008 Writing Across the Curriculum Certification

**Auburn University, Auburn, AL** (2002 – 2006)

*Course Number Course Title*

PSYC 3560 Abnormal Psychology

PSYC 3940 Experiential Learning

PSYC 4080 Health Psychology

PSYC 4900 Independent Study

PSYC 4997 Honors Research & Thesis

PSYC 7990 Research & Thesis

PSYC 8340 Psychotherapy Systems

PSYC 8910 Clinical Practicum

PSYC 8990 Research & Dissertation

**Central Michigan University, Mt. Pleasant, MI** (2001 – 2002)

Supervisor, Graduate Student Research & Clinical Work

Guest Lecturer, Abnormal Psychology

**University of Illinois at Urbana-Champaign, Urbana, IL** (1995 – 2000)

Instructor, Abnormal Psychology

Supervisor, Undergraduate Teaching Assistants

Supervisor, Undergraduate Research Assistants

Panelist, Psychology and Law

Guest Lecturer, Abnormal Psychology, Clinical Psychology

Teaching Assistant, Clinical Psychology

**Northwestern University, Evanston, IL** (1993 – 1995)

Guest Lecturer, Developmental Psychology

clinical Experience

**Psychological Associates, LLC, Auburn, AL** 10/04 – 6/06

*Licensed Clinical Psychologist, Group Private Practice*

Providing individual, couple, and family psychotherapy for problems ranging from anxiety, trauma, depression, eating disorders, substance abuse, personality disorders, couple distress, and family distress for clients of varying ages, races, and sociodemographic backgrounds.

**Auburn University, Auburn, AL** 8/03 – 8/04

Clinical Practicum Supervisor, Auburn University Psychological Services Center

Supervised doctoral candidates in clinical activities, including case conceptualization, treatment planning, and psychotherapy for a range of psychological disorders and problems among a diverse client population.

**Central Michigan University, Mt. Pleasant, MI** 8/01 – 8/02

Postdoctoral Fellow, Trauma & Anxiety Disorders Clinic

Provided outpatient clinical services, including assessment, treatment, and referral for individuals with anxiety disorders. Supervise doctoral candidates in clinical activities, including assessment, case conceptualization and treatment planning, and psychotherapy using empirically validated cognitive-behavioral treatments, including protocol therapy. Director: Elizabeth Meadows, Ph.D.

**San Francisco Veterans Affairs Medical Center, San Francisco, CA** 7/00 – 7/01

Clinical Psychology Intern

Responsibilities included intake assessments, outpatient individual and group therapy for comorbid polysubstance abuse and PTSD; co-facilitating trauma focus group therapy for PTSD due to combat; substance abuse group therapy; couple and family therapy; neuropsychological, psychological, and personality assessment, including operating as part of a multidisciplinary Memory Disorders Clinic team; individual and group therapy for pain management and medical crisis counseling; individual brief psychodynamic psychotherapy; and process-oriented group therapy. Supervisors: Tim Carmody, Ph.D., Paul Koller, Ph.D., Russell Lemle, Ph.D., Patrick Reilly, Ph.D., Johannes Rothlind, Ph.D., Victoria Tichenor, Ph.D., Mark Zaslav, Ph.D.

**University of Illinois, Urbana, IL**  (1995 – 2000)

Psychological Services Center, Center Assistant 8/99 – 6/00

Assisted in administration and staffing of outpatient mental health clinic. Duties included intake assessments, client assignment to specialty clinics, consultation with providers, referrals, organizing professional seminars, trainings in emergency clinic procedures, chart review, advertisement, outreach, and crisis intervention. Supervisor: Thom Moore, Ph.D.

Adult Psychotherapy Practicum, Clinical Psychology Intern 8/99 – 6/00

Provided psychotherapy to individuals with various emotional disorders (e.g., major depression, borderline personality disorder). Included a weekly 1-hour one-on-one supervision meeting in which clients and case conceptualizations were discussed. Supervisor: Greg Miller, Ph.D.

Couple Therapy Practicum, Clinical Psychology Intern 8/98 – 10/99

Provided integrative behavioral couple therapy to couples in distressed relationships. Included a weekly 3-hour supervision meeting in which readings, clients, and case conceptualizations were discussed. Supervisor: James Cordova, Ph.D.

Brief Psychotherapy Practicum Therapist 5/98 – 8/99 Case Coordinator 8/98 – 8/99

As therapist, provided brief 5 session therapy (typically cognitive-behavioral) to community clients in a study of efficacy of 3 modes of treatment (audio, video, face-to-face). Included weekly 1½-hour supervision meeting. As case coordinator, assisted in administration and staffing of outpatient clinic, including conducting intake assessments, assigning cases, consultation with other professionals, making referrals, and crisis intervention. Supervisor: Ann Losoff, Ph.D.

Stress and Anxiety Practicum Therapist 8/97 – 8/98 Supervisor 8/98 – 6/99

As therapist, provided treatment for emotional disorders (e.g., obsessive-compulsive disorder, borderline personality disorder, specific phobia). As supervisor, provided supervision in empirically validated cognitive-behavioral therapy for doctoral students conducting treatment for anxiety disorders (e.g., social phobia, posttraumatic stress disorder, obsessive-compulsive disorder). Included 2½-hour weekly supervision meetings incorporating discussion of readings, clients, and case conceptualizations. Supervisor: Howard Berenbaum, Ph.D.

Forensic Evaluator, Sexual harassment case 2/98 – 3/98

Conducted forensic evaluations of litigants in a class-action sexual harassment lawsuit. Responsibilities included diagnostic interviewing, personality and psychopathology assessment, case conceptualization, consultation, and report writing. Supervisor: Louise Fitzgerald, Ph.D.

Forensic Assessment and Consultation Practicum, Clinical Psychology Intern 8/96 – 6/97

Assisted in case analysis, forensic assessment, report writing, and consultation for legal purposes. Included weekly 2½-hour seminars incorporating discussions of case and deposition analyses, evaluation techniques and instruments, forensic ethics, and other aspects of forensic consultation. Supervisor: Louise Fitzgerald, Ph.D.

service

**Service to National Organization**

Conference on Innovations in Trauma Research Methods Publicity Committee, 2004

**Ad Hoc Editorial Consultant**

Behavior Therapy

Behaviour Research and Therapy

Clinical Psychology: Science and Practice

Cognition and Emotion

Cognitive and Behavioral Practice

Journal of Abnormal Psychology  
Journal of Anxiety Disorders

Journal of Consulting and Clinical Psychology

Journal of General Internal Medicine  
Journal of Traumatic Stress

McGraw-Hill  
Personality and Individual Differences

Wiley

**Service to Florida Atlantic University, Wilkes Honors College**

Search Committee for Provost (2018)

Search Committee for Honors College Dean (**Secretary**, 2015-2016)

Search Committee for Honors College Physics Professor (**Chair,** 2016-2017)

Search Committee for Jupiter Campus Counseling Psychologist (2011-2012)

Admissions Committee (2007-2008, 2013-2014, **Chair**, 2015-2017, -present)

Faculty Award Selection Committee (2010-2011, 2013-2015, **Chair** 2017-present)

Research Symposium Committee (**Co-chair**, 2013-15)

Non-classroom Learning Committee (**Chair**, 2007-2008)

Writing Committee (**Secretary**, 2011-2013)

Academic Affairs Committee (2012-2013, 2014-2015)

Bylaws Committee (2008-2010, 2015-2016)

Campus Sustainability Committee (2008-2010)

Faculty Assembly (2006-present)

Promotion and Tenure Committee (2011-present)

Student Housing Exemptions Committee (2007-2010)

**Service to Florida Atlantic University, Northern Campus Student Clubs & Activities**

Newman Catholic Club Advisor (2013-present)

Psychology Club Faculty Advisor & Co-Advisor (2006-2014, 2016-present)

Dance Club Advisor (2006-2007)

Owlettes Dance Company Advisor (2013-2015)

Quidditch Club Advisor (2013-2015)

Mental health professions seminar, Presenter & Organizer (2006-2012)

Psychology majors graduate school seminar, Presenter & Organizer (2006-2012)

Homecoming Carnival (2006-present)

Health & Wellness Fair (2006-present)

Student Night Breakfast (2006-2010, 2014-present)

**Service to Florida Atlantic University, Wilkes Honors College, Advising**

2017-2018 Advising (29 students)

2016-2017 Advising (25 students)

2015-2016 Advising (24 students)

2014-2015 Advising (19 students)

2013-2014 Advising (23 students)

2012-2013 Advising (17 students)

2011-2012 Advising (13 students)

2010-2011 Advising (19 students)

2009-2010 Advising (20 students)

2008-2009 Advising (20 students)

2007-2008 Advising (17 students)

2006-2007 Advising (9 students)

**Service to Auburn University Psychology Department and Clinical Division**

Accreditation Self-Study Committee (2003-2004)

Child Clinical Track Faculty Search Committee (2005)

Colloquium Committee (2005)

Graduate Admissions Committee (2002-2006)

Graduate Awards Committee (2003-2006)

Graduate Curriculum Committee, Interventions Subcommittee (**Chair**, 2005)

Graduate Student Research Grant Committee (2002-2006)

Faculty Assembly (2002-2006, **Secretary**, 2004)