

PSYCHOLOGICAL CRISES/SUBSTANCE ABUSE

What is a psychological crisis?

This occurs when an individual is threatening harm to themselves or others, or is out of touch with reality.

What are signs of a psychological crisis?

The crisis may be manifested as

- paranoia,
- hallucinations,
- uncontrollable behavior or
- complete withdrawal

What should I do if someone around me is experiencing a psychological crisis?

- DO NOT attempt to handle the potentially dangerous situation alone.
- NOTIFY the University Police or local police (911). *All suicide attempts should be immediately reported to the police.*
- CONSIDER the safety of the person in crisis and those around him/her to be of first concern.

*University Police will work closely with campus counseling professionals and when necessary, exercise authority granted by the **Florida Mental Health Act (F.S.S. 394)**, also known as the “**Baker Act**.”*

What should I do if I am experiencing a psychological crisis?

STUDENTS

- GO to the nearest hospital emergency room or
- CONTACT Florida Atlantic University's Counseling Center:

Boca Raton Campus
(561) 297-3540

Broward Campuses
(954) 236-1216

Jupiter Campus
(561) 799-8621

Treasure Coast
(772) 873-3301

(More information is available at www.fau.edu/student/counsel/).

The Counseling Center provides individual and group counseling to currently enrolled FAU students. Its professionally trained staff seeks to assist students with social, emotional, and academic concerns in a sensitive, caring, and confidential manner

FACULTY/STAFF

- GO to the nearest hospital emergency room or
- CALL your family physician or
- CONTACT the University's Employee Assistance Program (EAP), Counseling Services Institute, **800-492-0253**, *for confidential guidance to appropriate counseling.*

What other agencies or organizations that can provide help?

- **Broward County** – Henderson Mental Health Center (954) 463-0911
- **Palm Beach County** – South County Mental Health Center (561) 495-0522
- **Martin County** Mental Health Center (561) 286-1126
- **St. Lucie County** New Horizons of the Treasure Coast (772) 468-5600
- **Centerline Hotline** – (561) 930-1234 (**A free, confidential crisis intervention and information referral service**).

SEE EMERGENCY EVACUATION AND SHELTER IN PLACE PROCEDURE SECTIONS.

SEE CRIMINAL OR VIOLENT BEHAVIOR SECTION

UNIVERSITY SUBSTANCE ABUSE POLICY

What do I need to know about substance abuse at FAU?

FAU is committed to providing a safe and orderly environment for all members of the campus community. To accomplish this goal the University advises all members that it is unlawful to manufacture, distribute, dispense, possess and/or use illegal drugs on university property. Any violation of this policy and/or state and federal laws regarding drugs may result in prosecution and/or campus disciplinary action.

The use of alcoholic beverages by members of the University community is at all times subject to state laws and the University Alcohol Policy and guidelines. It is unlawful for any person to sell, give, serve or permit to be served alcoholic beverages to any person under 21 years of age.

The Department of Housing and Residential Life also provides specific guidelines regarding the use of alcohol in all resident areas.

For more information please visit <http://www.fau.edu/admin/pm/78.htm>.