## QUICK GUIDE TO CDC COVID-19 EXPOSURE AND SYMPTOMS PROTOCOLS Also visit the CDC Website <u>here</u>

## EMPLOYEES AND STUDENTS ARE RESPONSIBLE FOR SELF ADMINISTERING THESE CDC RECOMMENDATIONS.

| <b>EXPOSURE TO COVID-19</b>  | POSITIVE FOR COVID-19 OR SYMPTOMS OF COVID-19  |
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| Regardless of Vaccination Status:  | Regardless of Vaccination Status:  |
| <ul> <li>Quarantine is not required. Continue to report to assigned work or classes unless you develop symptoms.</li> <li>Test 5 days from the day of exposure.</li> <li>Wear a mask around others for 10 days.</li> </ul> | <ul> <li>Do not come to work or class and contact your supervisor or faculty member if you will be absent from assigned work or classes.</li> <li>Employees must use sick time unless remote work is authorized.</li> <li>If you have not been tested, test immediately.</li> <li>If you are negative, communicate with your supervisor or faculty member regarding returning to work/class as with any other illness.</li> <li>If you are positive, isolate at home for 5 days.</li> <li>If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.</li> <li>Wear a mask around others for an additional 5 days.</li> </ul> |