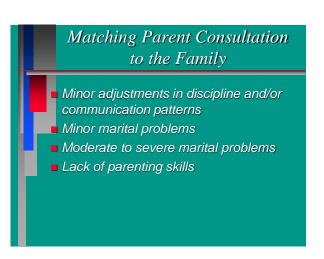




First Session More detailed exploration of problem Discuss what has been tried to solve problem Discussion of importance of parents and family in the development of the child and the success of counseling



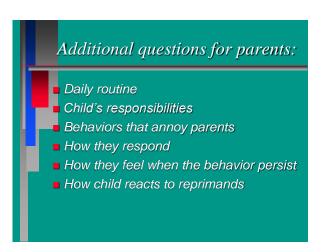
Lack of parenting skills: Teach Listening and problem definition Goal recognition Consequence setting Encouragement

Personal problems of parents When personal issues of parent(s) are moderate or severe refer Difficult to work in counseling role with both child and parent at same time

What type of information should the counselor gather from the parent? Presenting problem data Data about factors effecting child's lifestyle After gathering initial information about presenting problem focus is on contributing factors not problem--Avoid defining child in terms of problem



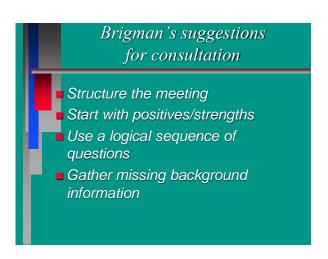
Focus of information gathering is on parent perceptions: Family atmosphere Parent relationships with children Views on strategies for discipline





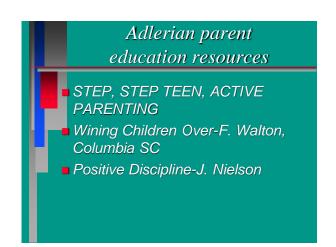


Using information gathered Teaching parents new strategies for perceiving and interacting with child Reframe behavior to help parents see it in a more positive light











Summary--Personalizing Top 2-3 ideas from this chapter Ways I can apply what I have learned Questions/concerns I have